

**Berlitz**

Speaking Your Language

# Swedish

phrase book & dictionary



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# Quick Reference

## Essential

Hello!

Goodbye.

Yes.

No.

Okay.

Excuse me!  
(to get attention)

Excuse me. (to get  
past)

I'd like...

How much does it  
cost?

Where is...?

Please. (invitation)

Please... (request)

Thank you.

You're welcome.

Can you speak more  
slowly?

Can you repeat that?

I don't understand.

Do you speak  
English?

I don't speak  
Swedish.

Where is the  
restroom [toilet]?

Help!

**Hej!** hay

**Hej då.** hay·doə

**Ja.** yah

**Nej.** nay

**Okej.** oa·kay

**Ursäkta!** eur·shehk·ta

**Ursäkta mig.** eur·shehk·ta may

**Jag skulle vilja ha...** yahg skuh·ler vih·ya hah...

**Hur mycket kostar det?** heur mew·ker  
kos·tar dee

**Var ligger...?** vahr lih·gehr...

**Varsågod.** vahr·soa·goad

**Snälla...** sneh·la...

**Tack.** tak

**För all del.** furr ahl deel

**Kan du tala lite långsammare?** kan deu  
tah·la lee·teh loang·sahm·a·rer

**Kan du upprepa det?** kan deu uhp·ree·pa dee

**Jag förstår inte.** yahg furr·stoar in·ter

**Talar du engelska?** tah·lar deu ehng·ehl·ska

**Jag talar inte svenska.** yahg tah·lar ihn·ter  
svehns·ka

**Var är toaletten?** vahr air toa·ah·leh·ten

**Hjälp!** yehlp

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&  
Dictionary**

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# Contents

Pronunciation . . . . .	7
Consonants . . . . .	8
Consonant Clusters . . . . .	9

Vowels . . . . .	10
How to Use This Book . . . . .	12

## Survival

---

<b>Arrival and Departure</b> . . . . .	15
ESSENTIAL . . . . .	15
Passport Control and Customs . . . . .	15

<b>Money and Banking</b> . . . . .	16
ESSENTIAL . . . . .	16
ATM, Bank and Currency Exchange . . . . .	17

<b>Transportation</b> . . . . .	20
ESSENTIAL . . . . .	20
Ticketing . . . . .	21
Plane . . . . .	22
Getting to the Airport	22
Check-in and Boarding	23
Luggage . . . . .	25
Finding Your Way . . . . .	25
Train . . . . .	26
Questions . . . . .	27
Departures . . . . .	28
Boarding . . . . .	28
Bus . . . . .	28
Subway [Underground] . . . . .	30
Boat and Ferry . . . . .	30
Bicycle and Motorcycle . . . . .	31
Taxi . . . . .	32
Car . . . . .	33
Car Rental [Hire] . . . . .	33

Gas [Petrol] Station . . . . .	34
Asking Directions . . . . .	35
Parking . . . . .	37
Breakdown and Repairs . . . . .	37
Accidents . . . . .	38

<b>Accommodations</b> . . . . .	38
ESSENTIAL . . . . .	38
Finding Lodging . . . . .	39
At the Hotel . . . . .	40
Price . . . . .	42
Questions . . . . .	42
Problems . . . . .	43
Check-out . . . . .	44
Renting . . . . .	45
Household Items . . . . .	46
Hostel . . . . .	47
Camping . . . . .	48

<b>Internet and Communications</b> . . . . .	49
ESSENTIAL . . . . .	49
Computer, Internet and E-mail . . . . .	50
Phone . . . . .	52
On the Phone . . . . .	53
Fax . . . . .	54
Post Office . . . . .	55

## ***Food***

---

<b>Eating Out</b> .....	58	Fish and Seafood	72
<b>ESSENTIAL</b> .....	58	Meat and Poultry	75
Restaurant Types	59	Swedish Buffet:	
Reservations and		Smorgasbord	80
Questions	59	Vegetables	81
Ordering	61	Spices and Staples	84
Cooking Methods	62	Fruit and Nuts	86
Special Requirements	63	Cheese	88
Dining with Kids	64	Dessert	89
Complaints	64	<b>Drinks</b> .....	90
Paying	65	<b>ESSENTIAL</b> .....	90
Market	65	Non-alcoholic Drinks	91
Dishes, Utensils and		Aperitifs, Cocktails	
Kitchen Tools	68	and Liqueurs	93
<b>Meals</b> .....	68	Beer	94
Breakfast	69	Wine	94
Appetizers [Starters]	70	<b>Menu Reader</b> .....	95
Soup	71		

## ***People***

---

<b>Talking</b> .....	120	<b>Romance</b> .....	125
<b>ESSENTIAL</b> .....	120	<b>ESSENTIAL</b> .....	125
Communication		Making Plans	126
Difficulties	121	Pick-up [Chat-up]	
Making Friends	121	Lines	127
Travel Talk	123	Accepting and	
Relationships	123	Rejecting	127
Work and School	124	Getting Physical	127
Weather	125	Sexual Preferences	128

<b>Sightseeing</b> . . . . .	130
<b>ESSENTIAL</b> . . . . .	130
Tourist Information	
Office . . . . .	130
Tours . . . . .	131
Sights . . . . .	131
Impressions . . . . .	133
Religion . . . . .	133
<b>Shopping</b> . . . . .	134
<b>ESSENTIAL</b> . . . . .	134
Stores . . . . .	135
Services . . . . .	136
Spa . . . . .	137
Hair Salon . . . . .	138
Sales Help . . . . .	138
Preferences . . . . .	139
Decisions . . . . .	140
Bargaining . . . . .	140
Paying . . . . .	140
Complaints . . . . .	141
Souvenirs . . . . .	141
Antiques . . . . .	144

Clothing . . . . .	144
Color . . . . .	145
Clothes and	
Accessories . . . . .	146
Fabric . . . . .	147
Shoes . . . . .	147
Sizes . . . . .	148
Newsstand and	
Tobacconist . . . . .	148
Photography . . . . .	149

<b>Sports and Leisure</b> . . . . .	149
<b>ESSENTIAL</b> . . . . .	149
Spectator Sports . . . . .	150
Participating . . . . .	151
At the Beach/Pool . . . . .	152
Winter Sports . . . . .	153
In the Countryside . . . . .	155

<b>Culture and Nightlife</b> . . . . .	156
<b>ESSENTIAL</b> . . . . .	156
Entertainment . . . . .	156
Nightlife . . . . .	157

## Special Needs

---

<b>Business Travel</b> . . . . .	160
<b>ESSENTIAL</b> . . . . .	160
Business	
Communication . . . . .	160
<b>Travel with Children</b> . . . . .	162
<b>ESSENTIAL</b> . . . . .	162
Fun with Kids . . . . .	163

Basic Needs for Kids . . . . .	164
Babysitting . . . . .	165
Health and	
Emergency . . . . .	165
<b>For the Disabled</b> . . . . .	166
<b>ESSENTIAL</b> . . . . .	166
Getting Help . . . . .	167

## Resources

---

<b>Emergencies</b> . . . . .	169	<b>Reference</b> . . . . .	180
ESSENTIAL . . . . .	169	Grammar . . . . .	180
<b>Police</b> . . . . .	169	Numbers . . . . .	184
ESSENTIAL . . . . .	169	ESSENTIAL . . . . .	184
Lost Property and Theft	170	Ordinal Numbers . . .	185
<b>Health</b> . . . . .	171	Time . . . . .	186
ESSENTIAL . . . . .	171	ESSENTIAL . . . . .	186
Finding a Doctor . . . . .	172	Days . . . . .	187
Symptoms . . . . .	173	ESSENTIAL . . . . .	187
Health Conditions . . . . .	174	Dates . . . . .	187
Hospital . . . . .	175	Months . . . . .	188
Dentist . . . . .	175	Seasons . . . . .	188
Gynecologist . . . . .	175	Holidays . . . . .	188
Optician . . . . .	176	Conversion Tables . . . . .	190
Payment and Insurance	176	Mileage . . . . .	190
Pharmacy [Chemist] . . .	176	Measurement . . . . .	190
ESSENTIAL . . . . .	176	* Temperature . . . . .	190
Dosage Instructions	177	Oven Temperature . .	190
Health Problems . . .	178	Useful Websites . . . . .	191
Basic Needs . . . . .	178		

## Dictionary

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<b>English-Swedish</b>		<b>Swedish-English</b>	
Dictionary . . . . .	192	Dictionary . . . . .	208



# Pronunciation

This section is designed to familiarize you with the sounds of Swedish using our simplified phonetic transcription. You'll find the pronunciation of the Swedish letters and sounds explained below, together with their "imitated" equivalents. To use this system, found throughout the phrase book, simply read the pronunciation as if it were English, noting any special rules below.

i

The Swedish alphabet has 29 letters, the last three of which are the vowels **å**, **ä** and **ö**. Unlike English, the letter **y** is a vowel, meaning that Swedish has nine vowels. Swedish vowels are pure vowel sounds, as opposed to being a combination of two sounds (diphthongs) as they often are in English. Diphthongs occur only in dialects such as **Gotländska** (spoken on the island of Gotland), **Skånska** (spoken in the southern province of Skåne) and **Dalmål** (spoken in Dalarna, a province roughly in the middle of the country.)

Swedish has very consistent rules with respect to the sounding of individual letters, i.e. all the letters should be pronounced distinctly, even vowels and consonants at the ends of words. The Swedish language is often referred to as a "musical" language due to the fact that the intonation and rhythm moves up and down, giving the language a musical quality. Despite this stress, like pronunciation, is quite consistent. Most words with two or more syllables have primary stress on the first syllable of the word, and this can be followed by a secondary stress on the second syllable. There are also a number of words with two or more syllables which do not have stress on the first syllable, but often on the last. Stress has been noted in the phonetic transcription with underlining.

# Consonants

Letter	Approximate Pronunciation	Symbol	Example	Pronunciation
c	like s in sit	s	<b>cykel</b>	<u>sew</u> •kerl*
g	1. before o, å, a and u, like g in get	g	<b>gata</b>	<u>gah</u> •ta
	2. before i, e, ö and ä, like y in yet	y	<b>get</b>	yet
	3. after r and l, like y in yet	y	<b>borg</b>	bohry
j	1. soft, like y in yet	y	<b>jag</b>	yahg
	2. after r and l, like y in yet	y	<b>familj</b>	fah• <u>mihly</u>
k	1. before o, å, a and u, like k in keep	k	<b>katt</b>	kat
	2. before i, e, ö and ä, like ch in chew		<b>köpa</b>	<u>chur</u> •pa
q	like k in keep	k	<b>Blomquist</b>	<u>bloom</u> •kvihst
r	strong, almost trilled, r		<b>röd</b>	rurd
s	like s in see	s	<b>sitta</b>	<u>siht</u> •a

w	like v in very	v	<b>wennergren</b>	<u>vehn</u> -eh-grehn
z	like s in suit	s	<b>zebra</b>	<u>see</u> -bra

Letters b, d, f, h, m, n, p, t, v and x are generally pronounced as in English.

\*Bold indicates a lengthening of the sound, an extra emphasis on the vowel sound.

## Consonant Clusters

Letter	Approximate Pronunciation	Symbol	Example	Pronunciation
ch	like sh in ship	sh	<b>check</b>	shehk
ck	like ck in tick	k	<b>flicka</b>	<u>flih</u> -ka
dj, gj, hj, lj	like y in yet	y	<b>djur</b>	yeur
sj, skj, stj, sch, ch	like sh in shop	sh	<b>sja</b>	shahl
sk	1. before o, å, a and u, like sk in skip	sk	<b>skala</b>	<u>skah</u> -la
	2. before i, e, ö and ä, like sh in ship	sh	<b>skära</b>	<u>shai</u> -ra
tj	like sh followed by ch	shch	<b>tjock</b>	shchohk

# Vowels

Letter	Approximate Pronunciation	Symbol	Example	Pronunciation
a	1. when long, like a in father	ah	<b>dag</b>	dahg
	2. when short, like a in cat	a	<b>katt</b>	kat
e	1. when long, like ee in beer	ee	<b>veta</b>	<u>vee</u> -ta
	2. when short, like e in fell	eh	<b>ett</b>	eht
i	1. when long, like ee in see	ee	<b>bil</b>	beel
	2. when short, like i in bit	ih	<b>mitt</b>	miht
o	1. when long, like oa in coat	oa	<b>sko</b>	skoa
	2. like the exclamation oh	oh	<b>font</b>	fohnt
u	1. when long, eu in feud	eu	<b>ruta</b>	<u>reu</u> -ta
	2. when short, like u in up	uh	<b>uppe</b>	<u>uh</u> -per
y	like ew in new	ew	<b>byta</b>	<u>bew</u> -ta
å	1. when long, like oa in oar	oa	<b>gå</b>	goa
	2. when short, like o in hot	oh	<b>åtta</b>	<u>oh</u> -ta
ä	1. when long, like ai in air	ai	<b>här</b>	hair

2. when short, like eh      **säng**      sehng  
e in set

ö      1. when long, like ur      **smör**      smur  
u in cure

‘      2. when short, like uh      **rött**      ruhrt  
u in nut

**i** Swedish vowels are divided into two groups: hard and soft. **A, o, u** and **å** are hard vowels; **e, i, y, ä** and **ö** are soft vowels. Vowels can also be pronounced either long or short. When a vowel is pronounced “long” the sound is longer, but also more open and rounder. The “short” vowel sounds are more closed, literally a “shorter” sound than a long vowel. An easy rule to remember is that if the vowel is followed by a single consonant, as in **stad** (city), it is long. If the vowel is followed by a double consonant, as in **katt** (cat), the vowel is short. The exception to this rule is with the consonants **m** and **n**.

**i** Swedish is spoken throughout Sweden as well as in the coastal regions of Finland and Estonia. While written Swedish has been standardized, there are characteristic spoken dialects in certain regions such as Gotland, Skåne and Dalarna. Other languages, in addition to Swedish, are also spoken in Sweden, such as Finnish, which is spoken in some communities in Northern Sweden, and the Sámi (Lappish) languages, which are spoken in Sámi communities throughout Northern Norway, Sweden, Finland and Russia. Swedish, Norwegian, Danish, Icelandic and Faroese (spoken on the Faroe Islands) are all derived from Old Norse, the language spoken prior to the Viking Age. Over time, the Scandinavian languages developed from this common language. Danish, Norwegian and Swedish are separate and distinct languages but remain close enough that they are mutually intelligible. The Finnish and Sámi languages belong to a different language family, of which Hungarian also belongs.

# How to Use This Book

These essential phrases can also be heard on the audio CD.

Sometimes you see two alternatives in italics, separated by a slash. Choose the one that's right for your situation.

## Essential

I'm here on *vacation* [*holiday*]/*business*.

I'm going to...

I'm staying at a *hotel*/*youth hostel*.

**Jag är här på *semester/affärsresa*.** yahg air hair poa seh-mehs-ter/a-fairs-ree-sa

**Jag ska resa till...** yahg skah ree-sa tihl...

**Jag bor på *hotell/vandrarhem*.** yahg boar pao hoh-tehl/vahnd-rar-hehm

## You May See...

**TULL**

**TAXFRIA VAROR**

**VAROR ATT FÖRTULLA**

customs

duty-free goods

goods to declare

## Spectator Sports

When's...?

– the basketball game

– the cycling race

– the golf tournament

– the soccer [football] game

**När börjar...?** nair bur-yar...

– **basketbollmatchen**

bahs-keht-bohl-ma-shchehn

– **cykeltävlingen** sew-kehl-taiv-lihng-ehh

– **golfspelet** golf spee-leht

– **fotbollsmatchen** foat-bohls-ma-shchehn

Words you may see are shown in *You May See* boxes.

Any of the words or phrases preceded by dashes can be plugged into the sentence above.

Swedish phrases appear in red.

Read the simplified pronunciation as if it were English. For more on pronunciation, see page 7.

## Relationships

I'm...

– single

– in a relationship

– married

– divorced

– separated

**Jag är...** yahg air...

– **ogift** oa-yift

– **i ett förhållande** ee eht furr-hoal-an-der

– **gift** yihft

– **skild** shihld

– **separerad** seh-pa-ree-rad

I'm a widow/widower. **Jag är änka/änkling.** yahg air ehng-ka/  
ehngk-lihng

► For numbers, see page 184.

The arrow indicates a cross reference where you'll find related phrases.

Information boxes contain relevant country, culture and language tips.

Swedes shake hands when greeting someone and when saying goodbye; this holds for meeting new people but is also often the case with colleagues or acquaintances.

## You May Hear...

**Jag talar bara lite engelska.** yahg tah-lar  
bah-ra lee-ter ehng-ehl-ska

**Jag talar inte engelska.** yahg tah-lar in-ter  
ehng-ehl-ska

I speak only a little English.

I don't speak English

Expressions you may hear are shown in *You May Hear* boxes.

Color-coded side bars identify each section of the book.



## ▼ **Survival**

► <i>Arrival and Departure</i>	15
► <i>Money and Banking</i>	16
► <i>Transportation</i>	20
► <i>Accommodations</i>	38
► <i>Internet and Communications</i>	49



# Arrival and Departure

## Essential

I'm here on *vacation*  
[*holiday*]/*business*.

**Jag är här på semester/affärsresa.** yahg  
air hair poa seh·mehs·ter/a·fairs·ree·sa

I'm going to...

**Jag ska resa till...** yahg skah ree·sa tihl...

I'm staying at a  
*hotel*/youth *hostel*.

**Jag bor på hotell/vandrarhem.** yahg boar  
poa hoh·tehl/vahnd·rar·hehm

## You May Hear...

**Er biljett/Ert pass, tack.** eer bihl·yeht/eert pas  
tak

Your *ticket*/passport,  
please.

**Vad är syftet med ert besök?** vahd air  
sewf·tet meed ehrt beh·surk

What's the purpose  
of your visit?

**Var bor du?** vahr boar deu

Where are you  
staying?

**Hur länge ska du stanna?** heur lehng·er skah  
deu stan·a

How long are you  
staying?

**Vem är du här med?** vehm air deu hair meed

Who are you here  
with?

## Passport Control and Customs

I'm just passing  
through.

**Jag är bara på genomresa.** yahg air bah·ra  
poa ye·nohm·ree·sa

I would like to  
declare...

**Jag skulle vilja förtulla...** yahg skuh·ler  
vihl·ya furr·tuh·la...

I have nothing to  
declare.

**Jag har inget att förtulla.** yahg hahr ihng·eht  
at furr·tuh·la

## You May Hear...

**Har du något att förtulla?** hahr deu noa-goht  
at furr-tuh-la

Anything to  
declare?

**Du måste betala tull för det här.** deu mos-ter  
beh-tah-la tuhl furr dee hair

You must pay duty  
on this.

**Var snäll och öppna den här väskan.** vahr  
snehl ohk urp-na dehn hair vehs-kan

Please open this  
bag.

## You May See...

**TULL**

customs

**TAXFRIA VAROR**

duty-free goods

**VAROR ATT FÖRTULLA**

goods to declare

**INGET ATT FÖRTULLA**

nothing to declare

**PASSKONTROLL**

passport control

**POLIS**

police

## Money and Banking

### Essential

Where's...?

– the ATM

– the bank

– the currency  
exchange office

**Var ligger...?** vahr lih-gehr...

– **bankomaten** bank-oa-mah-tehn

– **banken** bank-ehn

– **växelkontoret** vehx-ehl-kohn-toar-ehnt

What time does the  
bank open/close?

**När öppnar/stänger banken?** nair urp-nahr/  
stehng-ehr bank-ehn

I'd like to change  
*dollars/pounds* into  
kronor.

I want to cash some  
traveler's checks  
[cheques].

**Jag skulle vilja växla *dollar/pund* till  
kronor.** yahg skuh·ler vihl·ya vehx·la doh·lar/  
pund tihl kroa·nohr

**Jag skulle vilja lösa in några  
resecheckar.** yahg skuh·ler vihl·ya lur·sa ihn  
noa·gra ree·seh·sheh·kar

## ATM, Bank and Currency Exchange

Can I exchange foreign  
currency here?

**Kan jag växla pengar här?** kan yahg vehx·la  
pehng·ar hair

What's the exchange  
rate?

**Vad är växelkursen?** vahd air  
vehx·ehl·keur·shehn

How much is the fee?

**Hur mycket är expeditionsavgiften?** heur  
mew·ker air ehx·peh·dee·shoans·afv·yihf·tehn

I've lost my traveler's  
checks.

**Jag har tappat mina resecheckar.** yahg  
hahr ta·pat mee·na ree·seh·sheh·kar

I've lost my card.

**Jag har tappat mitt kort.** yahg hahr ta·pat  
miht koart

My credit cards have  
been stolen.

**Mina kreditkort är stulna.** mee·na  
kreh·deet·koart air steul·na

My card doesn't work.

**Mitt kort fungerar inte.** miht koart  
fuhn·gee·rar ihn·ter

► For numbers, see page 184.

## You May See...

**SÄTT IN KORTET**

insert card

**AVBESTÄLLA**

cancel

**RENSA**

clear

ENTER  
PINKOD  
TA UT  
KVITTOT

enter  
PIN  
withdraw  
receipt

i

Cash can be obtained from a **Bankomat** (ATM) with MasterCard, Visa, Eurocard, American Express and other international credit cards or with a debit card. It is also possible to exchange traveler's checks in Sweden. In recent years, it has become quite common for the banks to refer customers with traveler's checks to the nearest **växelkontor** (currency exchange business) such as Forex or X-Change. These businesses are often located near or in points of departure/arrival such as airports or train stations, but can also be found in city centers. Remember to bring your passport with you for identification when you want to exchange money or cash traveler's checks. If you need to visit a bank, be aware that most banks close at 3 p.m., though some are open later one day a week, often on Thursdays.



## You May See...

Unlike the majority of other European Union countries, Sweden has not adopted the euro as its national currency. Sweden's monetary unit is the **krona** (singular) or **kronor** (plural) abbreviated to **SEK**.

The **krona** is divided into **öre**.

Coins: 50 **öre**, 1 **krona**, 5 and 10 **kronor**

Banknotes: 20, 50, 100, 500 and 1000 **kronor**



# Transportation

## Essential

How do I get to town?

**Hur kommer jag till staden?** heur koh-mehr  
yahg tihl stahd-ehn

Where is...?

**Var ligger...?** vahr lih-gehr...

– the airport

– **flygplatsen** flewg-plats-ehn

– the train [railway]  
station

– **järnvägsstationen**  
yairn-vehgs-sta-shoa-nehn

– the bus station

– **busstationen** bus-tehr-mee-nah-lehn

– the subway  
[underground]  
station

– **tunnelbanestationen**  
teu-nehl-bah-neh-sta-shoan-ehn

How far is it?

**Hur långt är det?** heur loangt air dee

Where can I buy  
tickets?

**Var kan jag köpa biljetter?** vahr kan yahg  
chur-pa bil-yeht-tehr

A one-way [single]/  
round-trip [return]  
ticket.

**Enkel./Retur.** ehng-kehl/reh-teur

How much does it  
cost?

**Hur mycket kostar det?** heur mew-ker  
kos-tar dee

Are there any  
discounts?

**Finns det några rabatter?** fihns dee  
noa-gra ra-bat-ehr

Which gate?

**Vid vilken gate?** veed vihl-kehn gayt

Which line?

**Vilken kö?** vihl-kehn kur

Which platform?

**Vilken plattform?** vihl-kehn plat-fohrm

Where can I get a  
taxi?

**Var kan jag få tag på en taxi?** vahr kan  
yahg foa tahg poa ehn tax-ee

Please take me to  
this address.

**Var snäll och kör mig till denna  
address.** vahr snehl ohk churr may tihl  
deh-na ad-rehs



Where can I rent a car?

I'd like a map.

**Var kan jag hyra en bil?** vahr kan yahg  
hew·ra ehn beel

**Jag skulle vilja ha en karta.** yahg  
skuh·ler vihl·ya hah ehn kahr·ta

## Ticketing

When is...to Uppsala?

– the (first) bus

– the (next) flight

– the (last) train

Where can I buy tickets?

*One ticket/Two tickets, please.*

For today/tomorrow.

► For days, see page 187.

...ticket.

– A one-way [single]

– A round-trip [return]

– A first class

– An economy class

How much does it cost?

Is there a discount for...?

– children

– students

– senior citizens

**När går...till Uppsala?** nair goar...tihl  
uhp·sah·la

– **(första) bussen** (furs·ta) buhs·ehn

– **(nästa) flyg** (nehs·ta) flewg

– **(sista) tåget** (sihs·ta) toa·geht

**Var kan jag köpa biljetter?** vahr kan yahg  
chur·pa bihl·yeht·er

**En biljett/Två biljetter, tack.** ehn bil·yet/tvoa  
bil·yeht·er tak

**Till dagens/imorgon.** tihl dah·gens/ee·mo·ron

...biljett. ...bihl·yeht

– **En enkel** ehn ehng·kehl

– **En retur** ehn reh·teur

– **En första klass** ehn furr·sta klas

– **En turist klass** ehn tuh·riht klas

**Hur mycket kostar det?** heur mew·ker  
kos·tar dee

**Blir det rabatt för...?** bleer dee ra·bat furr...

– **barn** bahrn

– **studerande** steu·dee·ran·der

– **pensionärer** pan·shoa·nair·ehr

I have an e-ticket.

**Jag har en e-biljett.** yahg hahr ehn ee-bihl-yet

Can I buy a ticket on the *bus/train*?

**Kan jag köpa en biljett på *bussen/tåget*?** kan yahg chur-pa ehn bihl-yeht poa  
*bus-ehn/toa-geht*

I'd like to...my reservation.

**Jag skulle vilja...min bokning.** yahg  
skuh-ler vihl-ya...mihn boak-nihng

– cancel

– **avbeställa** afv-beh-steh-la

– change

– **ändra** ehn-dra

– confirm

– **bekräfta** beh-krehf-ta

## Plane

### Getting to the Airport

How much is a taxi to the airport?

**Vad kostar en taxi till flygplatsen?** vahd  
kos-tar ehn tax-ee tihl flewg-plat-sehn

To...Airport, please.

**Till...Flygplats, tack.** tihl...flewg-plats tak

My airline is...

**Mitt flygbolag är...** miht flewg-boa-lahg air...

My flight leaves at...

**Mitt flyg avgår klockan...** miht flewg  
afv-goar kloh-kan...

► For time, see page 186.

I'm in a rush.

**Jag har bråttom.** yahg hahr broa-tohm

Can you take an alternate route?

**Kan du köra någon annan väg?** kan deu  
chur-ra noa-gohn an-nan vehg

Can you drive *faster/slower*?

**Kan du köra lite *fortare/långsammare*?** kan deu chur-ra lee-ter  
foar-ta-rer/loang-sam-a-rer



## You May Hear...

**Vilket flygbolag reser du med?** vihl-keht  
flewg•boa-lahg ree-sehr deu meed

What airline are you flying?

**Inrikes eller utrikes?** in-ree-kehs ehl-er  
eut-ree-kehs

Domestic or International?

**Vilken terminal?** vihl-kehrn tehr•mee•nahl

What terminal?

## You May See...

**ANKOMST**

arrivals

**AVGÅNG**

departures

**BAGAGEUTLÄMNING**

baggage claim

**INRIKESFLYG**

domestic flights

**UTRIKESFLYG**

international flights

**CHECKA IN**

check-in

**CHECKA IN E-BILJETT**

e-ticket check-in

**AVGÅNGSGATER**

departure gates

## Check-in and Boarding

Where is check-in?

**Var är incheckningen?** vahr air  
in•shehk•nihng•ehn

My name is...

**Jag heter...** yahg hee-ter...

I'm going to...

**Jag ska resa till...** yahg skah ree-sa tihl...

How much luggage is allowed?

**Hur mycket gratis bagage får man ha?** heur mew-ker grah-tihs ba•goash foar man hah

Which gate does flight...leave from?

**Vid vilken gate går flygnummer...?** veed  
vihl-kehrn gayt goar flewg•nuhm•ehr...

I'd like a window/  
an aisle seat.

When do we leave/  
arrive?

Is flight...delayed?

How late will it be?

**Jag skulle vilja ha en fönsterplats/plats  
i mittgången.** yahg skuh·ler vihl·ya hah ehn  
furns·tehr·plats/plats ee miht·goang·ehn

**När avgår vi/är vi framme?** nair afv·goar  
vee/air vee fra·mer

**Är det någon försening på flyg...?** air dee  
noa·gohn furr·seen·ihng poa flewg...

**Hur försenat är det?** heur furr·seen·at air dee

► For numbers, see page 184.

## You May Hear...

**Nästa!** nehs·ta

**Er biljett/Ert pass, tack.** eer bihl·yet/eert  
pas tak

**Hur mycket bagage har du?** heur mew·ker  
ba·goash hahr deu

**Du har övervikt.** deu hahr ur·vehr·vikt

**Det där är för tungt/för stort  
handbagage.** dee dair air furr teungt/furr stoart  
hand·ba·goash

**Packade du väskorna själv?** pa·ka·der deu  
vehs·kohr·na shehlv

**Har någon gett er något att ta med?** hahr  
noa·gohn yeht eer noa·goht at tah meed

**Töm era fickor, tack.** turm ee·ra fihk·ohr tak

**Ta av er skorna, tack.** ta afv eer skoar·na tak

**Nu är ni välkomna att borda flight  
nummer...** neu air nee vajl·kohm·na at bohr·da  
flajt nuhm·ehr...

Next!

Your ticket/passport,  
please.

How much luggage  
do you have?

You have excess  
luggage.

That's too heavy/  
large for a carry-on  
[to carry on board].

Did you pack these  
bags yourself?

Did anyone give you  
anything to carry?

Empty your pockets,  
please.

Take off your shoes,  
please.

Now boarding  
flight...

## Luggage

Where *is/are*...?

- the luggage carts [trolleys]
- the luggage lockers
- the baggage claim

I've lost my baggage.

My baggage has been stolen.

My suitcase was damaged.

**Var finns...?** vahr fihns...

- **bagagekärorna** ba·goash·chair·ohr·na
- **förvaringsskåpen** furr·vahr·rihng·skoap·ehn
- **bagageutlämningen**  
ba·goash·eut·lehm·nihng·ehn

**Jag har förlorat mitt bagage.** yahg hahr furr·loa·rat miht ba·goash

**Mitt bagage har blivit stulet.** miht ba·goash hahr blee·viht steu·leht

**Min resväska blev skadad.** mihn rees·vehs·ka bleev skah·dad

## Finding Your Way

Where is...?

- the currency exchange office
- the car rental [hire]
- the exit
- the taxi

Is there...into town?

- a bus
- a train
- a subway [underground]

**Var finns...?** vahr fihns...

- **växelkontoret** vehx·ehl·kohn·toar·eht
- **biluthyrningen** beel·eut·hewr·nihng·ehn
- **utgången** eut·goang·ehn
- **taxin** tax·een

**Finns det...in till stan?** fihns dee...ihn tihl stahn

- **en buss** ehn buhs
- **ett tåg** eht toag
- **tunnelbana** tuh·nehl·bah·na

► For directions, see page 35.

## Train

How do I get to the train station?

**Hur kommer jag till**

**järnvägsstationen?** heur koh·mehr yahg tihl yairn·vaigs·sta·shoa·nehn

How far is it?

**Hur långt är det?** heur loangt air dee

Where *is/are*...?

**Var finns...?** vahr fihs...

– the ticket office

– **biljettkontoret** bihl·yet·kohn·toar·eht

– the luggage lockers

– **förvaringsskåpen** furr·vah·rihng·skoap·ehn

– the platforms

– **plattformarna** plat·fohr·mar·na

► For directions, see page 35.

► For ticketing, see page 21.

## You May See...

**PLATTFORM**

platform

**SPÅR**

tracks

**INFORMATION**

information

**BILJETTKONTOR**

ticket office

**ANKOMST**

arrival

**AVGÅNG**

departure



## Questions

Could I have a schedule [timetable], please? **Kan jag få en tidtabell, tack?** kan yahg foa ehñ teed·ta·behl tak

How long is the trip? **Hur lång tid tar resan?** heur loang teed tahr ree·san

Do I have to change trains? **Behöver jag byta tåg?** beh·hur·vehr yahg bew·ta toag

**i** **Statens järnvägar** or **SJ** (The Swedish State Railway) operates an extensive network covering the entire country, while also offering international connections to Oslo, Copenhagen and Berlin. The X2000 train, which reaches speed up to 200 km/h, operates to many of Sweden's greater cities and towns. Long-distance trains have restaurant cars and/or buffets, and there are also sleepers and couchettes for both first and second class. The system is reliable and comfortable, and offers a wide range of travel options with respect to schedule and cost. Discount tickets are available for young children, families, students and senior citizens. Special travel cards and programs are also available. On some trains, marked **R** or **IC**, you must reserve a seat by purchasing a **sittplatsbiljett** in addition to your travel ticket. For extraordinary scenery, try the northern **Inlandsbanan** (Inland Railway) service, which runs from Mora in Dalarna to Gällivare beyond the Arctic circle. The **Vildmarksexpressen** (Wilderness Express) has old 1930s coaches and a gourmet restaurant, and runs on the same line between Östersund and Gällivare, with stops and excursions.

► For useful websites, see page 191.

## Departures

When is the train to...?

**När går tåget till...?** nair goar toa-geht tihl...

Is this the right platform for...?

**Är det här rätta plattformen till...?** air dee hair reh-ta plat-fohr-mehn tihl...

Where is platform...?

**Var är plattform...?** vahr air plat-fohrm...

Where do I change for...?

**Var måste jag byta till...?** vahr mos-ter yahg bew-ta tihl...

## Boarding

Is this seat taken?

**Är den här platsen upptagen?** air dehn hair plats-ehn uhp-tah-gehn

That's my seat.

**Det där är min plats.** dee dair air mihn plats

## You May Hear...

**Påstigning!** poa-steeg-nihng

All aboard!

**Biljetter, tack.** bihl-yet-er tak

Tickets, please.

**Du måste byta i...** deu moss-ter bew-ta ee...

You have to change in...

**Nästa hållplats...** nehs-ta hoal-plats...

Next stop...

## Bus

Where's the bus station?

**Var är bussterminalen?** vahr air bus-tehr-mih-nahl-ehn

How far is it?

**Hur långt är det?** heur loangt air dee

How do I get to...?

**Hur kommer jag till...?** heur koh-mehr yahg tihl...

Does the bus stop at...?

**Stannar bussen vid...?** stan-ar buhs-en veed...

Could you tell me  
when to get off?

**Kan du tala om för mig när jag ska stiga  
av?** kan deu tah·la ohm furr may nair yahg skah  
stee·ga afv

Do I have to change  
buses?

**Behöver jag byta buss?** beh·hur·vehr yahg  
bew·ta buhs

Stop here, please.

**Stanna här, tack.** sta·na hair tak

► For ticketing, see page 21.

**i** Public transportation in Sweden is an excellent and well-maintained system that includes **bussar** (buses), **tunnelbanan** (subways), **spårvagnar** (trams) and **tåg** (trains). All of these run frequently, usually between 5 a.m. and midnight on weekdays and a bit later on weekends. Most cities and towns have a bus system, though only a few have trams and subways. While it is possible to purchase single tickets for the different modes of public transportation, it is more cost efficient, not to mention very handy, to purchase a card or set of tickets if you are going to be using a particular network frequently. Most major cities have websites that provide up to date information on routes, tickets and prices; many of the sites have English as a language option.

► For useful websites, see page 191.

## You May See...

**BUSSHÅLLPLATS**

bus stop

**INGÅNG/UTGÅNG**

enter/exit

**STÄMPLA ER BILJETT**

stamp your ticket



## Subway [Underground]

Where's the nearest subway [underground] station? **Var är närmaste tunnelbanestation?** vahr air nair·mas·ter tuh·nehl·bah·neh·sta·shoan

Could I have a map of the subway [underground], please? **Kan jag få en tunnelbanekarta, tack?** kan yahg foa ehnn tuh·nehl·bah·neh·kahr·ta tak

Which line should I take for...? **Vilken linje ska jag ta till...?** vihl·kehn leen·yeh skah yahg tah tihl...

Where do I change for...? **Var måste jag byta till...?** vahr mos·ter yahg bew·ta tihl...

Is this the train to...? **Är det här tåget till...?** air dee hair toa·geht tihl...

Where are we? **Var är vi?** vahr air vee

► For ticketing, see page 21.

i

The subway in Stockholm is efficient and easy to use. It runs from 5:00 a.m. to midnight on weekdays. Tickets, valid for one hour from the time they are stamped, can be bought from the ticket booths; discount cards can be purchased from **Pressbyrån** (a newsstand). Tickets can also be purchased at SL Centers, some tourist offices and certain grocery stores. The public transportation websites will have information on these retailers and businesses and what types of tickets they sell. Day and multi-day cards are also available. Subway and bus tickets in Stockholm are interchangeable.

## Boat and Ferry

When is the car ferry to Gotland leaving? **Hur dags går bilfärjan till Gotland?** heur daks goar beel·fair·yan tihl goht·land

Where are the life jackets? **Var finns flytvästarna?** vahr fihs flewt·vehs·tar·na



- Can I drive on to the ferry now? **Får jag köra ombord nu?** foar yahg chur-ra ohm bohrd neu
- How long is the trip? **Hur lång är resan?** heur loang air ree-san
- Where should I park? **Var ska jag parkera?** vahr skah yahg par-kee-ra

► For ticketing, see page 21.

## You May See...

<b>LIVBÅT</b>	life boat
<b>FLYTVÄST</b>	life jacket
<b>ACTIVERA HANDBROMSEN</b>	use parking brake
<b>LÄMNA INTE VÄRDESAKER I BILEN</b>	do not leave valuables in your car

**i** Regular boat and ferry services, carrying cars and passengers, link Sweden to neighboring countries such as Norway, Denmark and Germany as well as to the U.K. Ferry services from Stockholm to the vacation destinations of Åland and Gotland in the Baltic Sea are very popular, as are ferries to Finland, Estonia and Latvia. Not to be missed are the ferry and steamer trips from Stockholm to the many surrounding islands, known as **Skärgården** (the Archipelago).

## Bicycle and Motorcycle

I'd like to rent [hire]... **Jag skulle vilja hyra...** yahg skuh-ler vihl-ya hew-ra...

- a bicycle                      **– en cykel** ehnl sew-kehl
- a moped                      **– en moped** ehnl moh-peed
- a motorbike                **– en motorcykel** ehnl moa-tohr-sew-kehl

How much per *day/*  
*week*?

**Hur mycket kostar det per *dag/*  
*vecka*?** heur mew-ker kos-tar dee pair  
*dahg/veh*-ka

Can I have a *helmet/*  
*lock*?

**Kan jag få en *hjälm/ett cykelås*?** kan yahg  
foa ehn yehlm/eht sew-kehl-loas

## Taxi

Where can I get  
a taxi?

**Var kan jag få tag på en taxi?** vahr kan  
yahg foa tahg poa ehn tax-ee

I'd like a taxi *now/for*  
*tomorrow* at...

**Jag skulle vilja ha en taxi *nu/imorgon*  
*klockan*...** yahg sku<sup>h</sup>-ler vihl-ya hah ehn  
tax-ee neu/ee-mo-ron klo<sup>h</sup>-kan...

Pick me up at...  
(*place/time*)

**Hämta mig *vid/klockan*...** hehm-ta may  
veed/kloh-kan...

I'm going to...

**Jag ska resa till...** yahg skah ree-sa tihl...

– this address

– **denna adress** deh-na ad-rehs

– the airport

– **flygplatsen** fl<sup>u</sup>wg-plat-sehn

– the train [railway]  
station

– **järnvägsstationen**  
yairn-vaigs-sta-shoa-nehn

I'm late.

**Jag är sen.** yahg air seen

Can you drive *faster/*  
*slower*?

**Kan du köra *fortare/långsammare*?** kan  
deu chur-ra fohrt-a-rer/loang-sam-a-rer

*Stop/Wait* here.

**Stanna/Vänta här.** sta-na/vehn-ta hair

How much?

**Hur mycket kostar det?** heur mew-ker  
kos-tar dee

You said it would  
cost...kronor.

**Du sa att det skulle kosta...kronor.** deu  
sah at dee sku<sup>h</sup>-ler kos-ta...kroa-nohr

Keep the change.

**Behåll växeln.** be-hoal vehx-ehln

A receipt, please.

**Kvittot, tack.** kvih-tot tak

► For numbers, see page 184.

## You May Hear...

**Vart vill du åka?** vart vihl deu oa•ka

Where to?

**Vilken adress?** vihl•kehn ad•rehs

What's the address?

i

You can find a taxi at stands marked **Taxi**. You can also flag down a taxi in the street, especially near hotels and bus and train stations. Calling a taxi by phone is a third option; numbers are available from your concierge or a local phone book. The sign **Ledig** (free), when on, indicates that the taxi is available.

## Car

## Car Rental [Hire]

Where can I rent [hire] a car? **Var kan jag hyra en bil?** vahr kan yahg hew•ra ehn beel

I'd like to rent [hire]... **Jag skulle vilja hyra...** yahg sku•ler vihl•ya hew•ra...

– a 2-/4-door car – **en bil med två/fyra dörrar** ehn beel meed tvoa/few•ra dur•rar

– an automatic car – **en bil med automatväxel** ehn beel meed ah•toa•maht•vehx•ehl

– a car with air conditioning – **en bil med luftkonditionering** ehn beel meed luhft•kohn•dee•shoa•neer•ihng

– a car seat – **en bilbarnstol** ehn beel•barn•stoal

How much does it cost...? **Hur mycket kostar det...?** heur mew•ker kos•tar dee...

– per day/week – **per dag/vecka** pair dahg•veh•ka

– per kilometer – **per kilometer** pair chee•loh•mee•ter

How much does it cost...?

– for unlimited mileage

– with insurance

Are there any special weekend rates?

**Hur mycket kostar det...?** heur mew-ker kos-tar dee...

– **för obegränsade mil** furr oa·beh·grehn·sa·deh·meel

– **med försäkring** meed furr·sair·krihng

**Har ni särskilda helgrabatter?** hahr nee sair·shihl·da hely·ra·bat·ehr

## You May Hear...

**Har du ett internationellt körkort?** hahr deu eht in·tehr·na·shoa·nehlt churr·koart

Do you have an international driver's license?

**Kan jag få se ert pass, tack?** kan yahg foa see eert pas tak

May I see your passport, please?

**Vill du ha en försäkring?** vil deu hah ehn furr·sair·krihng

Do you want insurance?

**Det blir en handpenning på...** dee bleer ehn hand·peh·nihng poa...

There is a deposit of...

**Underteckna här, tack.** uhn·der·tehk·na hair tak

Please sign here.

## Gas [Petrol] Station

Where's the next gas [petrol] station, please?

**Ursäkta, var är närmaste bensinstation?**

eur·shehk·ta vahr air nair·mas·teh behn·seen·sta·shoan

Fill it up, please.

**Fyll tanken, tack.** feyl tan·kehn tak

...liters, please.

**...liter, tack.** ...lee·tehr tak

I'll pay in cash/by credit card.

**Jag betalar kontant/med kreditkort.** yahg beh·tah·lar kohn·tant/meed kreh·deet·koart

► For numbers, see page 184.

# You May See...

**VANLIG**

regular

**PREMIUM**

premium [super]

**DIESEL**

diesel

## Asking Directions

Is this the road to...? **Är det här vägen till...?** air dee hair

vair-gehn tihl...

How far is it to...? **Hur långt är det till...?** heur loangt air dee

tihl...

Where's...?

**Var ligger...?** vahr lih-gehr...

– ...Street

– ...**gata** ...gah-ta

– this address

– **denna adress** deh-na ad-rehs

– the highway  
[motorway]

– **motorvägen** moa-tohr-vair-gehn

Can you show me on the map? **Kan du visa mig på kartan?** kan deu vee-sa

may poa kahr-tan

I'm lost.

**Jag har kommit vilse.** yahg hahr koh-miht

vihl-ser

## You May Hear...

**rakt fram** rahkt fram

straight ahead

**till vänster** tihl vehn-stehr

on/to the left

**till höger** tihl hur-gehr

on/to the right

**i/runt hörnan** ee/ruhnt hur-nan

on/around the  
corner

**mitt emot** miht ee-moat

opposite

**bakom** bah-kohm

behind

<b>bredvid</b>	breh·veed	next to
<b>efter</b>	ehf·tehr	after
<b>norr/söder</b>	nohr/ <u>sur</u> ·dehr	north/south
<b>öster/väster</b>	<u>urs</u> ·tehr/ <u>vehs</u> ·tehr	east/west
<b>vid trafikljusen</b>	veed tra· <u>feek</u> ·yeus·ehn	at the traffic light
<b>vid avfarten</b>	veed <u>afv</u> ·far·tehn	at the exit

## You May See...



STOPP

stop



LÄMNA FÖRETRÄDE

yield



PARKERING FÖRBJUDEN

no parking



FARLIG KURVA

dangerous curve



ENKELRIKTAT

one way



INGEN INFART

no entry



OMKÖRNING FÖRBJUDEN

no passing



U-SVÄNG FÖRBJUDEN

no U-turn



ÖVERGÅNGSSTÄLLE FÖR  
FOTGÄNGARE

pedestrian crossing

## Parking

Can I park here?

**Får jag parkera här?** foar yahg  
par-kee-ra hair

Is there a parking lot  
[car park] nearby?

**Finns det en parkeringsplats i  
närheten?** fihsn dee ehn par-kee-rihngs-plats  
ee nair-hee-tehn

How much does it  
cost...?

**Hur mycket koster det...?** heur mew-ker  
kos-tar dee...

– per hour

– **per timme** pair tihm-er

– per day

– **per dag** pair dahg

– overnight

– **över natten** ur-vehr na-tehn

i

Street parking, parking lots and, in some cases, parking garages will be available in most of Sweden's cities and larger towns. Street parking is generally metered in city centers and downtown areas. A blue circular sign with a red slash tells you where parking is prohibited. There will be signs indicating whether or not parking is free. In places where parking is metered, a ticket allowing you to park for a specific period of time will need to be purchased. If this is the case, tickets can be purchased from a **biljettautomat** (ticket machine). You pay for the amount of time you want to park and then place the ticket on the driver's side of the car, on the dashboard, so that the ticket is in plain sight. In some cases, parking may be free, and there will be signs posted with time limits, usually two or three hours.

## Breakdown and Repairs

My car *broke down/*  
*won't start.*

**Min bil har gått sönder/startar inte.** min  
beel hahr goat surn-dehr/star-tar in-ter

Can you fix it today?

**Kan ni laga den idag?** kan nee lah-ga dehn  
ee-dahg



When will it be ready? **När blir den färdig?** nair bleer dehn fair-dihng

How much? **Hur mycket kostar det?** heur mew-ker  
kos-tar dee

## Accidents

There's been an accident.

**Det har hänt en olycka.** dee hahr hehnt ehn  
oa-lew-ka

Call an ambulance/  
the police.

**Ring efter en ambulans/polisen.** rihng  
ehf-ter ehn am-beu-lans/poa-lee-sehn

# Accommodations

## Essential

Can you recommend  
a hotel in...?

**Kan du rekommendera ett hotel i...?** kan  
deu reh-koh-mehn-dee-ra eht hoh-tehl ee...

I have a reservation.

**Jag har bokat rum.** yahg hahr boa-kat ruhm

My name is...

**Jag heter...** yahg hee-tehr...

Do you have a  
room...?

**Har ni ett ledigt rum...?** hahr nee eht  
lee-dihgt ruhm...

– for one/two

– **för en person/två personer** furr ehn  
pehr-shoan/tvoa pehr-shoan-ehr

– with a bathroom

– **med badrum** meed bahd-ruhm

– with air  
conditioning

– **med luftkonditionering** meed  
luhft-kohn-dee-shoa-neer-ihng

For tonight.

**För ikväll.** furr ee-kvehl

For two nights.

**För två nätter.** furr tvoa neh-tehr

For one week.

**För en vecka.** furr ehn veh-ka

How much?

**Hur mycket kostar det?** heur mew-ker  
kos-tar dee

Do you have anything  
cheaper?

**Har ni någonting billigare?** hahr nee  
noa-gohn-tihng bihl-ee-ga-rer



When's check-out?

**När måste vi checka ut?** nair mos-ter vee sheh-ka eut

Can I leave this in the safe?

**Kan jag lämna detta i kassaskåpet?** kan yahg leh-m-na deh-ta ee ka-sah-skoa-peht

Could we leave our baggage here until...?

**Kan vi lämna vårt bagage här till klockan...?** kan vee leh-m-na voart ba-goash hair tihl kloh-kan...

Could I have the bill/receipt, please?

**Kan jag få räkningen/kvittot, tack?** kan yahg foa rairk-nihng-en/kvih-toht tak

I'll pay in cash/by credit card.

**Jag betalar kontant/med kreditkort.** yahg beh-tah-lar kohn-tant/meed kreh-deet-koart

## Finding Lodging

Can you recommend a hotel in...?

**Kan du rekommendera ett hotel i...?** kan deu reh-koh-mehn-dee-ra eht hoh-tehl ee...

What is it near?

**Vad finns det i närheten?** vahd fihs dee ee nair-hee-tehn

How do I get there?

**Hur kommer jag dit?** heur koh-mehr yahg deet



i

There is a wide range of accommodation in Sweden, from luxury to budget. Budget options include **privatrum** (private rooms), much like bed and breakfasts, or **stugor** (cabins) and **lägenheter** (apartments). Cabins and apartments are usually rented out on a weekly basis, but one- or two-night stays may also be an option. Information can be found at the local tourist office; you may also see signs along the road indicating that there is a vacancy in a cabin nearby. Motorists can look for **motel** (motels); these are reasonably priced with restaurants and car-friendly facilities. When looking for accommodation in university towns such as Stockholm, Göteborg or Lund, staying at a **sommarhotel** (summer hotel) can be a good choice. Student dormitories are open to tourists in the summer and are a good option if you are traveling in a group. Families can enjoy a **familjehotell** (a family hotel), which has special rates for groups sharing the same room (three to six beds). These operate only during the summer months. All-inclusive accommodation is also available in the form of a **turisthotell** (tourist hotel) or **pensionat** (boarding house). These are clean and comfortable hotels or guesthouses that are often found at summer resorts and winter sport areas. Sweden also offers first class and deluxe hotels, usually found in larger cities and towns. Prices and amenities vary but the standards are usually high. Breakfast is usually included. When booking accommodation during the summer months and high tourist season it is important to book in advance.

## At the Hotel

I have a reservation. **Jag har bokat rum.** yahg hahr boh-kat ruhm

My name is... **Jag heter...** yahg hee-tehr...

Do you have a room...? **Har ni ett rum...?** hahr nee eht ruhm...

– with a *bathroom* **– med bad/dusch** meed bahd/deush  
[toilet]/shower

- with air conditioning – **med luftkonditionering** meed  
luhft·kohn-dee-shoa·neer-ihng
- that's *smoking/*  
*non-smoking* – **för rökare/icke-rökare** furr rur·kah-rer/  
ih·keh rur·ka-rer
- For tonight. **För ikväll.** furr ee·kvehl
- For two nights. **För två nätter.** furr tvoa neh-tehr
- For one week. **För en vecka.** furr ehn veh-ka

► For numbers, see page 184.

Does the hotel have...? **Finns det...på hotellet?** fihns dee...poa  
hoh·tehl-eht

- a computer – **en dator** ehn dah·tohr
- an elevator [lift] – **en hiss** ehn hihs
- (wireless) internet service – **(trådlös) internet** (troad·lurs) in·tehr·net
- room service – **rumservice** ruh·sehr·vihs
- a pool – **en simbassäng** ehn sihm·ba·sehng
- a gym – **ett gym** eht ym
- I need... **Jag behöver...** yahg beh·hur·vehr...
- an extra bed – **en extra säng** ehn ehx·tra sehng
- a cot – **en tältsäng** ehn tehlt·sehng
- a crib [child's cot] – **en barnsäng** ehn bahrn·sehng

## You May Hear...

**Ert pass/kreditkort, tack.** ehrt pas/  
kreh·deet·koart tak

**Kan du fylla i den här blanketten.** kan deu  
few·la ee dehn hair blan·keh·tehn

**Skriv under här.** skreev uhn·der hair

Your *passport/credit*  
*card*, please.

Please fill out this  
form.

Sign here.

## Price

How much per *night/week*? **Vad kostar det per natt/vecka?** vahd kos-tar dee pair nat/veh-ka

Does the price include *breakfast/sales tax [VAT]*? **Ingår frukost/moms i priset?** ihn-goar fruh-kohst/mohms ee pree-seht

## Questions

Where's...? **Var ligger...?** vahr lih-gehr...

– the bar – **baren** bah-rehn

– the bathroom [toilet] – **toaletten** toa-ah-leh-tehn

– the elevator [lift] – **hissen** his-ehn

Can I have...? **Kan jag få...?** kan yahg foa...

– a blanket – **ett täcke** eht teh-ker

– an iron – **ett strykjärn** eht strewk-yairn

– a pillow – **en kudde** ehn keu-der

– soap – **tvål** tvoal

– toilet paper – **toalettpapper** toa-ah-leht-pa-pehr

– a towel – **en handduk** ehn han-deuk

Can I use this adapter here? **Kan jag använda den här adaptern här?** kan yahg an-vehn-da dehn hair a-dap-tern hair

How do I turn on the lights? **Hur tänder man lamporna?** heur tehn-der man lam-pohr-na

Could you wake me at...? **Kan ni väcka mig klockan...?** kan nee veh-ka may kloh-kan...

Could I have my things from the safe? **Kan jag få mina saker från kassaskåpet?** kan yahg foa mee-na sah-ker froan ka-sa-skoa-peht

Is there any mail/a message for me? **Finns det någon post/ehť meddelande till mig?** fihs dee noa-gohn pohst/ehť meed-dee-l-an-der tihl may

## You May See...

TRYCK	push
DRAG	pull
WC	restroom [toilet]
DAMTOALETT	women's restroom
HERRTOALETT	men's restroom
DUSCH	shower
HISS	elevator [lift]
TRAPPOR	stairs
TVÄTT	laundry
VAR GOD STÖR EJ	do not disturb
BRANDUTGÅNG	fire door
NÖDUTGÅNG	emergency exit
TELEFONVÄCKNING	wake-up call

## Problems

There's a problem.

**Jag har ett problem.** yahg hahr eht  
proh·bleem

I've lost my key/key  
card.

**Jag har tappat bort min nyckel/mitt  
nyckelkort.** yahg hahr ta·pat bort mihn  
new·kehl/miht new·kehl·koart

I've locked myself out  
of my room.

**Jag har låst ut mig ur rummet.** yahg hahr  
loast eut may eur ruhm·eht

There's no hot water/  
toilet paper.

**Det finns inget varmvatten/  
toalettpapper.** dee fihs ihng·eht  
varmt·va·tehrn/toa·ah·leht·pa·per

The room is dirty.

**Rummet är smutsigt.** ruhm·eht air smuht·siht

There are bugs in  
our room.

**Det finns insekter på vårt rum.** dee fihs  
ihn·sehk·tehr poa voart ruhm

...is/are broken.

**...är trasig.** ...air trah·sihg

Can you fix...?

– the air conditioning

– the fan

– the heating

– the light

– the TV

– the toilet

I'd like to move to  
another room.

**Kan ni laga...?** kan nee lah-ga...

– **luftkonditioneringen**

luhft-kohn-dee-shoa-neer-ihng-ehn

– **fläkten** flehk-tehn

– **värmen** vair-mehn

– **lampan** lahm-pan

– **teven** teh-veen

– **toaletten** toa-ah-leh-tehn

**Jag skulle vilja flytta till ett annat**

**rum.** yahg skuh-ler vihl-ya flew-ta tihl eht an-at  
ruhm



Throughout Sweden the current is 230-volt, 50-cycle AC. If you bring your own electrical appliances, buy a continental adapter plug (round pins) before leaving home. You may also need a transformer appropriate to the wattage of the appliance.

## Check-out

When do we need to  
check out?

Could we leave our  
baggage here until...?

Can I have an itemized  
bill/receipt?

I think there's a  
mistake in this bill.

I'll pay *in cash/by  
credit card*.

**När måste vi checka ut?** nair mos-ter vee  
sheh-ka eut

**Kan vi lämna vårt bagage här till**

**klockan...?** kan vee lehm-na voart ba-goash  
hair tihl kloh-kan...

**Kan jag få en specificerad räkning/  
ett specificerad kvitto?** kan yahg foa

ehn speh-seh-fee-ee-rad rairk-ning/eh  
speh-seh-fee-ee-rad kvih-toh

**Jag tror det måste vara fel på notan.** yahg  
troar dee mos-ter vah-ra feel poa noa-tan.

**Jag betalar kontant/med kreditkort.** yahg  
beh-tah-lar kohn-tant/meed kreh-deet-koart



A service charge as well as **moms** (sales tax) is included in hotel and restaurant bills, but you are expected to round up a restaurant bill to the nearest krona. Tipping is generally not expected, but it's always appreciated if the service has been exceptionally good. It is customary to give a small tip to hairdressers, barbers, taxi drivers and porters.

## Renting

I've reserved *an apartment/a room*.

My name is...

Can I have the *key/key card*?

Are there...?

- dishes
- pillows
- sheets
- towels
- utensils

When do I put out the trash [rubbish]?

...has broken down.

How does...work?

- the air conditioner
- the dishwasher
- the freezer
- the heater
- the microwave

**Jag har bokat en lägenhet/ett rum.** yahg hahr boh-kat ehn lair-gehn-heet/eht ruhm

**Jag heter...** yahg hee-tehr...

**Kan jag få nyckeln/nyckelkortet?** kan yahg foa new-kehl/new-kehl-koar-teht

**Finns det...?** fihs dee...

- **porstin** poarsh-leen
- **kuddar** keu-dar
- **lakan** lah-kan
- **handdukar** han-deu-kar
- **bestick** beh-stihk

**När ska jag ställa ut soporna?** nair skah yahg steh-la eut soa-pohr-na

**...har gått sönder.** ...hahr goat surn-dehr

**Hur fungerar...?** heur fuhn-geh-rar...

- **luftkonditioneringen** luhft-kohn-dee-shoa-neer-ihng-ehn
- **diskmaskinen** dihsk-ma-shee-nehn
- **frysen** frew-sen
- **värmeelementet** vair-meh-ehl-eh-mehn-teht
- **mikrovågsugnen** mik-roh-voags-eung-nehn



How does...work?

- the refrigerator
- the stove
- the washing machine

**Hur fungerar...?** heur fuhn·geh·rar...

- **kylskåpet** kewl·sko·peht
- **spisen** spee·sehn
- **tvättmaskinen** tveht·mah·shee·nehn

## Household Items

I'd like...

- an adapter
- aluminum kitchen foil
- a bottle opener
- a broom
- a can opener
- cleaning supplies
- a corkscrew
- detergent
- dishwashing liquid
- garbage [rubbish] bags
- a light bulb
- matches
- a mop
- napkins
- plastic wrap [cling film]
- a plunger

**Jag skulle vilja ha...** yahg sku·ler vih·ya hah...

- **en adapter** ehn a·dap·tehr
- **aluminiumfolie** ah·leu·mee·nee·um·foh·lyer
- **en flasköppnare** ehn flask·urp·na·rer
- **en sopborste** ehn sop·borsh·ter
- **en konservöppnare** ehn kohn·serv·urp·na·rer
- **städutrustning** staid·eut·reust·nihng
- **en korkskruv** ehn kohrk·skreuv
- **tvättmedel** tveht·mee·dehl
- **diskmedel** disk·mee·dehl
- **soppåsar** sop·poa·sar
- **en glödlampa** ehn glurd·lam·pa
- **tändstickor** tehnd·stih·kohr
- **en skurmopp** ehn skewr·mop
- **pappersservetter** pa·pers·sahr·veh·ter
- **plastfolie** plast·foh·lyer
- **en vaskrensare** ehn vask·rehn·sa·rer



- scissors – **en sax** ehn sax
- a vacuum cleaner – **en dammsugare** ehn damm-seu-ga-rer
- For dishes and utensils, see page 68.
- For oven temperatures, see page 190.

## Hostel

- Do you have any places left for tonight? **Finns det några lediga platser ikväll?** fihns dee noa-gra lee-dih-ga plats-ehr ee-kvehl
- Can I have...? **Kan jag få...?** kan yahg foa...
- a single/double room – **ett enkelrum/dubbelrum** eht hng-kehr-ruhm/duh-behl-ruhm
  - a blanket – **ett täcke** eht tehk-er
  - a pillow – **en kudde** ehn keu-der
  - sheets – **lakan** lah-kan
  - a towel – **en handduk** ehn han-deuk
- What time are the doors locked? **När stängs ytterdörrarna?** nair stehngs ew-ter-dur-ar-na

**i** If you are looking for something comfortable and reasonably priced, **Svenska Turistföreningen** or **STF** (The Swedish Tourist Club) is an excellent place to start. Here you can search for accommodations such as **vandrarhem** (youth hostels). If you are a member of **STF** or Hostelling International you get a member discount. Generally, room options include dormitory style rooms, split male and female, as well as smaller private rooms or family rooms. You are usually expected to bring your own towels and sheets as these usually are not provided, but can be rented. Shared kitchen facilities are often available, so that you can buy food at the local supermarket and prepare your own meals. Some hostels offer breakfast.

## Camping

Can I camp here?

Is there a campsite near here?

What is the charge per *day/week*?

Are there...?

- cooking facilities
- electrical outlets
- laundry facilities
- showers
- tents for rent [hire]

Where can I empty the chemical toilet?

**Får man tälta här?** foar man tehl•ta hair

**Finns det en campingplats i närheten?** fihsn dee ehn kam•pihng•plats ee nair•hee•tehn

**Vad kostar det per dag/vecka?** vahd kos•tar dee pair dahg/veh•ka

**Finns det...?** fihsn dee...

- **kokmöjligheter** koak•mury•lihng•hee•tehr
- **nätuttag** nairt•eut•tahg
- **tvättmöjligheter** tveht•mury•lig•hee•tehr
- **dusch** deush
- **tält för uthyrning** tehtl furr eut•hewr•nihng
- **Var kan jag tömma den kemiska toaletten?** vahr kan yahg tur•ma dehn sheh•mihs•ka toa•ah•leh•tehn

## You May See...

**DRICKSVATTEN**

drinking water

**INGEN CAMPING**

no camping

**INGEN GRILLNING**

no barbeques

**INGEN ÖPPEN ELD**

no fires

► For household items, see page 46.

► For dishes, utensils and kitchen tools, see page 68.

## Essential

Where's an internet  
cafe?

**Var finns det ett internetkafé?** vahr fihns  
dee eht ihn·tehr·neht·ka·feh

Can I access the  
internet/check e-mail  
here?

**Kan jag komma ut på internet/kolla  
e-post här?** kan yahg koh·ma eut poa  
ihn·tehr·neht /koa·la ee·pohst hair

How much per hour/  
half hour?

**Hur mycket kostar det per timme/  
halvtimme?** heur mew·ker kos·tar dee pair  
tihm·er/halv·tihm·er

How do I log on?

**Hur loggar jag in?** heur loh·gar yag ihn

Can I have a phone  
card?

**Kan jag få ett telefonkort?** kan yahg foa eht  
teh·leh·foan·koart

Can I have your  
phone number?

**Kan jag få ditt telefonnummer?** kan yahg  
foa diht teh·leh·foan·nuhm·ehr

Here's my number/  
e-mail address.

**Här är mitt nummer/min e-  
postadress.** hair air miht nuhm·ehr/mihn  
ee·pohst·ad·rehs

Call me.

**Var snäll och ring mig.** vahr snehl ohk ring  
may

E-mail me.

**Skicka en e-post till mig.** shih·ka ehn  
ee·pohst tihl may

Hello. This is...

**Hej. Det här är...** hay dee hair air...

I'd like to speak to...

**Jag skulle vilja tala med...** yahg skuh·ler  
vihl·ya tah·la meed...

Repeat that, please.

**Kan du upprepa det, tack.** kan deu  
uhp·ree·pa dee tak

I'll be in touch.

**Jag hör av mig snart.** yahg hur afv may  
snahrt

Goodbye.

**Hej då.** hay doa

Where is the post office?

I'd like to send this to...

**Var ligger posten?** vahr lih·gehr pohs·tehn

**Jag skulle vilja skicka det här till...** yahg skuh·ler vihl·ya shih·ka dee hair tihl...

## Computer, Internet and E-mail

Does it have wireless internet?

How do I turn the computer on/off?

Can I print?

How do I...?

– connect/disconnect

– log on/off

– type this symbol

What's your e-mail?

My e-mail is...

**Finns det trådlös internet där?** fihns dee troad·lurs ihn·tehr·neht dair

**Hur sätter jag på/stänger jag av datorn?** heur seh·tehr yahg poa/stehng·ehr yahg afv dah·torn

**Kan jag skriva ut?** kan yahg skree·va eut

**Hur gör man för att...?** heur yurr man furr at...

– **koppla upp/koppla ner** kohp·la uhp/kohp·la nehr

– **logga in/ut** loh·ga ihn/eut

– **skriva in det här tecknet** skree·va ihn dee hair tehk·neht

**Vad har du för e-postadress?** vahd hahr deu furr ee·pohst·ad·rehs

**Min e-postadress är...** mihn ee·pohst·ad·rehs air...

## You May See...

**STÄNG**

close

**RADERA**

delete

**E-POST**

e-mail

**UTGÅNG**

exit



**HJÄLP**

**INSTANT MESSENGER**

**INTERNET**

**LOGGA IN**

**NYTT MEDDELANDE**

**AV/PÅ**

**ÖPPNA**

**SKRIV UT**

**SPARA**

**SKICKA**

**ANVÄNDARNAMN**

**LÖSENORD**

**TRÅDLÖS INTERNET**

help

instant messenger

internet

login

new message

on/off

open

print

save

send

username

password

wireless internet

## Phone

A phone card, please. **Ett telefonkort, tack.** eht teh·leh·foan·koart tak

How much does it cost? **Hur mycket kostar det?** heur mew·ker kos·tar dee

My phone doesn't work here. **Min telefon fungerar inte här.** mihn teh·leh·foan fuhn·geh·rar ihn·ter hair

What's the area/country code for...? **Vad är riktnumret/landskoden till...?** vahd air rikt·nuhm·reht/lands·koa·dehn tihl...

What's the number for Information? **Vilket nummer är det till Nummerbyrå?** vihl·keht nuhm·ehr air dee tihl nuhm·ehr·bew·roan

I'd like the number for... **Jag skulle vilja ha numret till...** yahg skuh·ler vihl·ya hah nuhm·reht tihl...

Can I have your number? **Kan jag få ditt telefonnummer?** kan yahg foa diht teh·leh·foan·nuhm·ehr

Here's my number. **Här är mitt nummer.** hair air miht nuhm·ehr

► For numbers, see page 184.

Please call me. **Var snäll och ring mig.** vahr snehl ohk rihng may

Please text me. **Var snäll och skicka ett sms till mig.** vahr snehl ohk shih·ka eht ehs·ehm·ehs tihl may

I'll call you. **Jag ringer dig.** yahg rihng·ehr day

I'll text you. **Jag skickar ett sms till dig.** yahg shih·kar eht ehs·ehm·ehs tihl day

## On the Phone

Hello. This is...

**Hej. Det här är...** hay dee hair air...

I'd like to speak to...

**Jag skulle vilja tala med...** yahg skuh•ler vihl•ya tah•la meed...

Extension...

**Anknytning...** an•knewt•nihng...

Speak *louder/more slowly*.

**Var snäll och tala *högre/långsammare*.** vahr snehl ohk tah•la hur•greh/loang•sam•a•rer

Can you repeat that?

**Kan du upprepa det?** kan deu uhp•ree•pa dee

I'll call back later.

**Jag ringer senare.** yahg rihng•ehr see•na•rer

Goodbye.

**Hej då.** hay doa

► For business travel, see page 160.





## You May Hear...

**Vem är det?** vehm air dee

Who's calling?

**Ett ögonblick.** eht ur-gohn-blihk

One moment.

**Tyvärr, är han/hon inte här.** tew-vair air hahn/  
hoan ihn-ter hair

I'm afraid *he/she* is  
not in.

**Han/Hon kan inte komma till**

*He/She* can't come  
to the phone.

**telefonen.** hahn/hoan kan ihn-ter koh-ma tihl  
teh-leh-foan-ehn

**Vill du lämna ett meddelande?** vihl deu  
lehm-na eht mee-dee-lan-der

Would you like to  
leave a message?

**Ring tillbaka senare/om tio minuter.** rihng  
tihl-bah-ka see-na-rer/ohm tee-oah mih-neu-tehr

Call back *later/in*  
10 minutes.

**Kan han/hon ringa upp dig?** kan hahn/hoan  
rihng-a uhp day

Can *he/she* call you  
back?

**Vad är ditt telefonnummer?** vahd air diht  
teh-leh-foan-nuhm-ehr

What's your  
number?

## Fax

Can I *send/receive* a  
fax here?

**Kan man skicka/ta emot fax här?** kan man  
shih-ka/ta ee-moat fax hair

What's the fax  
number?

**Vad är ditt faxnummer?** vahd air diht  
fax-nuhm-ehr

Please fax this to...

**Var snäll och faxa det här till...** vahr snehl  
ohk fax-ah dee hair tihl...





Public phones take either **telefonkort** (phone cards) or **kreditkort** (credit cards). Phone cards are available at **Pressbyrån** (newsstand chain) and sometimes at independent newsstands. You can purchase a cell phone with a prepaid SIM card, something which is relatively cost efficient and worthwhile if you will be in Sweden for a longer period. Phone cards can also be used when dialing from any landline, e.g. at home of a friend or from a hotel. To call the U.S. or Canada from Sweden, dial 00 + 1 + area code + phone number. To call the U.K., dial 00 + 44 + area code (minus first 0) + phone number. Information on area codes for Sweden and international dialing codes can be found in the phone book and are usually available at hotels and youth hostels. The emergency number in Sweden is 112.

## Post Office

Where's *the post office/mailbox [postbox]*?

**Var ligger posten/postlådan?** vahr lih-gehr  
pohs-tehn/pohst-loa-dan

A stamp for this *postcard/letter*, please.

**Kan jag få ett frimärke till det här vykortet/brevet, tack.** kan yahg foa eht  
free-mair-ker tihl dee hair vew-koar-teht/  
bree-veht tak

How much does it cost?

**Hur mycket kostar det?** heur mew-ker  
kos-tar dee

I want to send this package *by airmail/express*.

**Jag vill skicka det här paketet med flygpost/express.** yahg vihl shih-ka dee hair  
pa-kee-teht meed flewg-pohst/ehx-prehs

The receipt, please.

**Kvittot, tack.** kvih-toht tak

## You May Hear...

**Fyll i tulldeklarationen, tack.** fewl ee  
tuhl-deh-klar-a-shoa-nehn tak

Please fill out the  
customs declaration  
form.

**Vad är värdet?** vahd air vair-deht

What's the value?

**Vad finns inuti?** vahd fihns ihn-eu-tee

What's inside?



**Posten** (the post office) is easy to find, just look for the blue **Post** sign with a yellow horn. Mailboxes are bright yellow. Business hours are 9 a.m. to 6 p.m. and until 1 p.m. on Saturdays. Like many other stores and business, you will need to take a number and wait for it to be called or displayed on a screen before you can be helped. Stamps can be purchased at **Pressbyrån** (newsstand chain) as well as some grocery stores.



## ***Food***

- |                      |           |
|----------------------|-----------|
| ▶ <i>Eating Out</i>  | <i>58</i> |
| ▶ <i>Meals</i>       | <i>68</i> |
| ▶ <i>Drinks</i>      | <i>90</i> |
| ▶ <i>Menu Reader</i> | <i>95</i> |

## Essential

Can you recommend  
a good *restaurant/*  
*bar*?

Is there *a traditional*  
*Swedish/an*  
*inexpensive*  
restaurant nearby?

A table for..., please.

Could we sit...?

– here/there

– outside

– in a non-smoking  
area

I'm waiting for  
someone.

Where are the  
restrooms [toilets]?

A menu, please.

What do you  
recommend?

I'd like...

Some more...,  
please.

Enjoy your meal.

The check [bill],  
please.

**Kan du rekommendera en  
bra restaurang/pub?** kan deu  
reh-koh-mehn-dee-ra ehn brah *rehs-teu-rang/*  
*peub*

**Finns det något värdshus/någon billigare  
restaurang i närheten?** fihns dee noa-goht  
*vairds-heus/noa-gohn bihl-ih-ga-rer rehs-teu-rang*  
ee nair-hee-tehn

**Ett bord för..., tack.** eht bohrd furr...tak

**Får vi sitta...?** foar vee siht-a...

– **här/där** hair/dair

– **ute** eu-ter

– **vid bord för icke-rökare** veed bohrd furr  
ee-keh-rur-ka-rer

**Jag väntar på någon.** yahg vairn-tar poa  
noa-gohn

**Var finns toaletten?** vahr fihns toa-ah-leh-tehn

**En meny, tack.** ehn meh-neu tak

**Vad rekommenderar du?** vahd  
reh-koh-mehn-dee-rar deu

**Jag skulle vilja ha...** yahg sku-ler vihl-ya  
hah...

**Lite mer..., tack.** lee-ter meer...tak

**Smaklig måltid.** smahk-lihng moal-teed

**Kan jag få räkningen, tack.** kan yahg foa  
rairk-nihng-ehn tak

Is service included?

**Är serveringsavgiften inräknad?** air

ser·veeh·rihngs·afv·yihf·tehn ihn·rairk·nad

Can I pay by credit card?

**Kan jag betala med kreditkort?** kan yahg

beh·tah·la meed kreh·deet·koart

Can I have the receipt, please?

**Kan jag få kvittot, tack?** kan yahg foa

kvih·toht tak

Thank you.

**Tack.** tak

## Restaurant Types

Can you recommend...?

**Kan du rekommendera...?** kan deu

reh·koh·mehn·dee·ra...

– a restaurant

– **en restaurang** ehn reh·s·teu·rang

– a bar

– **en bar** ehn bahr

– a café

– **ett kafé** eht ka·feh

– a fast-food place

– **en grillbar** ehn grihl·bahr

– a steakhouse

– **ett stekhus** eht steek·heus

i

When it comes to eating out, there are many options, ranging from fast-food stands to five-star restaurants. If you are looking for a quick bite to eat, then a **gatukök** (fast-food stand) is an easy choice. If you are looking for more traditional cuisine, this can be found at a **värdshus** (roadside restaurant), **kafé** (cafe) or **restaurang** (restaurant).

## Reservations and Questions

I'd like to reserve a table...

**Jag skulle vilja boka ett bord...** yahg

skuh·ler vihl·ya boh·ka eht bohrd...

– for two

– **för två** furr tvoa

– for this evening

– **till ikväll** tihl ee·kvehl

– for tomorrow at...

– **imorgon klockan...** ee·mo·ron kloh·kan...

A table for two, please. **Kan jag få ett bord för två tack.** kan yahg  
foa eht bohrd furr tvoa tak

We have a reservation. **Vi har bokat ett bord.** vee hahr boa-kat eht  
bohrd

My name is... **Jag heter...** yahg hee-tehr...

Could we sit...? **Får vi sitta...?** foar vee siht-a...

– here/there – **här/där** hair/dair

– outside – **ute** eu-ter

– in a non-smoking area – **vid bord för icke-rökare** veed bohrd furr  
ee-keh-ru-kah-rer

– by the window – **vid fönstret** veed furns-treht

Where are the restrooms [toilets]? **Var finns toaletten?** vahr fihns toa-ah-leh-tehn

## You May Hear...

**Har ni bokat?** hahr nee boh-kat

• Do you have a reservation?

**Hur många blir ni?** heur moang-a bleer nee

How many?

**Rökare eller icke-rökare?** ru-ka-rer ehl-ehr  
ee-keh-ru-ka-rer

Smoking or non-smoking?

**Vill ni beställa?** vihl nee beh-steh-la

Are you ready to order?

**Vad vill ni beställa?** vahd vihl nee beh-steh-la

What would you like?

**Jag kan rekommendera...** yahg kan  
reh-koh-mehn-dee-ra...

I recommend...

**Smaklig måltid.** smahk-lihg moal-teed

Enjoy your meal.





## Ordering

Excuse me!

**Ursäkta!** eur·shehk·ta

We're ready to order.

**Vi vill gärna beställa.** vee vihl yair·na beh·steh·la

May I see the wine list?

**Kan jag få se vinlistan?** kan yahg foa see  
veen·lihs·tan

I'd like...

**Jag skulle vilja ha...** yahg skuh·ler vihl·ya hah...

– a bottle of...

– **en flaska...** ehn flahs·ka...

– a glass of...

– **ett glas...** eht glahs...

– a carafe of...

– **en karaff...** ehn kah·raf...

► For alcoholic and non-alcoholic drinks, see page 90.

The menu, please.

**En meny, tack.** ehn meh·neu tak

Do you have...?

**Har ni...?** hahr nee...

– a menu in English

– **en meny på engelska** ehn meh·neu poa  
ehng·ehl·ska

– a fixed price menu

– **en meny med fast pris** ehn meh·neu  
meed fast prees

– a children's menu

– **en barnmeny** ehn bahrn·meh·neu

What do you recommend?

What's this?

What's in it?

Is it spicy?

It's to go [take away].

**Vad rekommenderar ni?** vahd reh·koh·mehn·dee·rar nee

**Vad är det här?** vahd air dee hair

**Vad är det i den?** vahd air dee ee dehn

**Är den kryddstark?** air dehn kreyd·stark

**Jag ska ta den med mig.** yahg skah tah dehn meed may

## You May See...

**KUVERTAVGIFT**

cover charge

**FAST PRIS**

fixed-price

**MENY**

menu

**DAGENS MENY**

menu of the day

**DRICKS (INTE) INRÄKNAD**

service (not)  
included

**SPECIALITETER**

specials

## Cooking Methods

baked

**bakad** bah·kad

boiled

**kokt** koakt

braised

**bräserad** braeh·seeh·rad

breaded

**panerad** pah·neeh·rad

creamed

**rörd** rurd

diced

**i bitar** ee bee·tar

fileted

**filead** fih·leeh·ad

fried

**stekt** steekt



grilled  
poached  
roasted  
sautéed  
smoked  
steamed  
stewed  
stuffed

**grillad** grihl•ad  
**pocherad** poa•sheeh•rad  
**ugnstekt** eungn•steekt  
**steckt** steekt  
**rökt** rurkt  
**ångkokt** oang•koakt  
**stuvad** steu•vad  
**fyllad** fewld

## Special Requirements

I am...

- diabetic
- lactose intolerant
- vegetarian

I'm allergic to...

I can't eat food that contains...

- dairy
- gluten
- nut
- pork
- shellfish
- spicy food
- wheat

**Jag är...** yahg air...

- **diabetiker** dee•a•beh•tih•ker
- **laktosintolerant** lak•toas•in•toh•leh•rant
- **vegetarian** veh•geh•ta•ree•ahn

**Jag är allergisk mot...** yahg air a•lehr•gihsk moat...

**Jag kan inte äta mat som innehåller...**

yahg kan ihn•ter air•ta maht som  
ihn•neh•hoa•lehr...

- **mejeriprodukter** may•eh•ree•proh•duhk•tehr
- **gluten** glue•tehn
- **nöt** nurt
- **fläskkött** flehsk•churt
- **skaldjur** skahl•yeur
- **kryddad mat** krew•dad maht
- **vete** veeh•te

## Dining with Kids

Do you have a children's menu?

**Har ni en barnmeny?** hahr nee ehn  
bahrn·meh·neu

Can you bring a high chair, please?

**Kan jag få en barnstol, tack?** kan yahg foa  
ehn bahrn·stoa/ tak

Where can I *feed*/  
*change* the baby?

**Var kan jag *mata/byta på* babyn?** vahr kan  
yahg mah·ta/bew·ta poa bai·been

Can you warm this?

**Kan ni värma det här?** kan nee vair·ma dee  
hair

► For travel with children, see page 162.

## Complaints

How much longer will our food be?

**Hur länge till behöver vi vänta?** heur  
lehng·er tihl beh·hur·ver vee vehn·ta

We can't wait any longer.

**Vi kan inte vänta längre.** vee kan ihn·ter  
vehn·ta lehng·rer

We're leaving.

**Vi går nu.** vee goar neu

That's not what I ordered.

**Det här har jag inte beställt.** dee hair hahr  
yahg ihn·ter beh·stehlt

I asked for...

**Jag beställde...** yahg beh·stehl·der...

I can't eat this.

**Jag kan inte äta det här.** yahg kan ihn·ter  
air·ta dee hair

This is too...

**Det här är för...** dee hair air furr...

– cold/hot

– **kallt/varmt** kalt/varmt

– salty/spicy

– **salt/kryddat** salt/krew·dat

– tough/bland

– **segt/smaklöst** sekt/smahk·lurst

This isn't *clean/fresh*.

**Det här är inte *rent/färskt*.** dee hair air  
ihn·ter reent/fairskt

## Paying

The check [bill], please.

We'd like to pay separately.

It's all together.

Is service included?

What's this amount for?

I didn't have that. I had...

Can I pay by credit card?

Can I have an itemized bill/a receipt?

That was a very good meal.

**Kan jag få räkningen, tack.** kan yahg foa rairk·nihng·ehn tak

**Vi vill betala var för sig.** vee vihl beh·tah·la vahr furr say

**Allt tillsammans.** alt tihl·saa·mans

**Är serveringsavgiften inräknad?** air sehr·veeh·rihngs·afv·yihf·ten ihn·rairk·nad

**Vad står den här summan för?** vahd stoar dehn hair suhm·an furr

**Jag åt inte det. Jag åt...** yahg oat ihn·ter dee yahg oat...

**Kan jag betala med kreditkort?** kan yahg beh·tah·la meed kreh·deet·koart

**Kan jag få en specificerad räkning/ett kvitto?** kan yahg foa ehn speh·seh·fee·ee·rad rairk·nihng/eh kvih·toh

**Det var en mycket god måltid.** dee vahr ehn mew·ker goad moal·teed

## Market

Where are the carts [trolleys]/baskets?

Where is/are...?

I'd like some of this/that.

Can I taste it?

**Var finns shoppingvagnarna/shoppingkorgarna?** vahr fihns

shoh·pihng·vagn·nar·na/shoh·pihng·kohr·yar·na

**Var finns...?** vahr fihns...

**Jag skulle vilja ha lite av det här/det där.** yahg skuh·ler vihl·ya hah lee·teh afv dee hair/dee dair

**Får jag smaka?** foar yahg smah·ka

► For food items, see page 95.

I'd like...

**Jag skulle vilja ha...** yahg skuh-ler vihl-ya hah...

– a kilo/half-kilo of...

– **ett kilo/halvt kilo...** eht chee-loh/half chee-loh...

– a liter/half-liter of...

– **en liter/halv liter...** ehn lee-ter/half lee-ter...

– a piece of...

– **en bit av...** ehn beet afv...

– a slice of...

– **en skiva av...** ehn shee-va afv...

More/Less than that.

**Mer/Mindre än det där.** meer/mihn-dreh ehn dee dair

How much does it cost?

**Hur mycket kostar det?** heur mew-ker kos-tar dee

Where do I pay?

**Var kan jag betala?** vahr kan yahg beh-tah-la

Can I have a bag?

**Kan jag få en påse?** kan yahg foa ehn poa-seh

I'm being helped.

**Tack, jag har fått hjälp.** tak yahg hahr foat yehlp

► For conversion tables, see page 190.

## You May Hear...

**Kan jag hjälpa er?** kan yahg yehl-pa eer

Can I help you?

**Vad vill ni beställa?** vahd vihl nee beh-steh-la

What would you like?

**Något annat?** noa-goht an-nat

Anything else?

**Det kostar...kronor.** dee kos-tar...kroa-nohr

That's...kronor.

i

Although Sweden still has many small, specialty shops, they are slowly giving way to **köpcentrum** (shopping centers), especially in larger towns. You can still find markets that sell fresh fruit and vegetables as well as flowers and some handicrafts. **Julmarknaden** (the traditional Christmas market) in Stockholm is reminiscent of times gone by.

Supermarkets can be found in most large towns, cities and suburbs. **Närbutiker** (corner shops), as well as **Pressbyrån** (newsstand chain) sell a good range of food. In Stockholm, **Östermalmshallen** and **Hötorgshallen** (market halls) sell fresh meat—including reindeer and moose—fish and poultry.

Swedes enjoy a variety of fish and seafood, and one will find a good selection in most restaurants and supermarkets. If you visit Sweden in August, you will no doubt enjoy a **kräftkalas** (crayfish party). There is not much meat on a crayfish, but when helped down with a few glasses of **akvavit** (aquavit) and some salad and cheese, it makes for an unforgettable evening.

## You May See...

**FÖRBRUKAS FÖRE...**

best if used by...

**KALORIER**

calories

**FETTFRI**

fat free

**MÅSTE FÖRVARAS I KYLSKÅP**

keep refrigerated

**KAN INNEHÅLLA SPÅR AV...**

may contain traces of...

**BÄST FÖRE...**

sell by...

**LÄMPLIGT FÖR VEGETARIANER**

suitable for vegetarians

## Dishes, Utensils and Kitchen Tools

bottle opener	<b>flasköppnare</b> <i>flask-eup-na-rehr</i>
bowl	<b>djup tallrik</b> <i>yeup tal-rihk</i>
can opener	<b>konservöppnare</b> <i>kohn-sehrv-urp-nah-rer</i>
corkscrew	<b>korkskruv</b> <i>kohrk-skreuv</i>
cup	<b>kopp</b> <i>kohp</i>
fork	<b>gaffel</b> <i>gahf-ehl</i>
frying pan	<b>stekpanna</b> <i>steek-pan-na</i>
glass	<b>glas</b> <i>glahs</i>
knife	<b>kniv</b> <i>kneev</i>
measuring cup/ spoon	<b>mått/måttsked</b> <i>moat/moat-sheed</i>
napkin	<b>servett</b> <i>sehr-vehtt</i>
plate	<b>tallrik</b> <i>tal-rihk</i>
pot	<b>gryta</b> <i>grew-ta</i>
saucepan	<b>kastrull</b> <i>kas-truhl</i>
spatula	<b>stekspade</b> <i>steek-spah-der</i>
spoon	<b>sked</b> <i>sheed</i>

## Meals

i

**Frukost** (breakfast) is usually served from 7 to 10 a.m. Hotels and guesthouses offer a large buffet selection of cheese, cold meat, bread, eggs, cereals and **filmjök** (thick yogurt).

**Lunch** (lunch) is served from as early as 11 a.m. Although many Swedes have a warm meal at lunchtime, some opt for a sandwich or a salad. This is the best time to try the **dagens rätt** (specialty of the day). **Middag** (dinner) is normally eaten

early, around 6 or 7 p.m., though many restaurants continue serving until late, especially on the weekend. Many Swedes will also eat a meal later in the evening, referred to as **kvällsmål**; this evening meal usually includes sandwiches, yogurt or soup.

## Breakfast

**apelsin** a-pehl-seen

orange

**bacon** bay-kohn

bacon

**bröd** brurd

bread

**filmjök** feel-myurk

thick yogurt

**frukostflingor** fruh-kohst-flihng-or

(cold) cereal

**fruktjuice** fruhkt-yoas

fruit juice

**grapefrukt** grape-fruhkt

grapefruit

**gröt** grurt

(hot) cereal

**havregryn** hafv-reh-greun

oatmeal

**honung** hoag-neung

honey

**kaffe...** ka-fer...

coffee...

– **med mjök** meed myurk

– with milk

– **med socker** meed soh-ker

– with sugar

– **med sötningsmedel** meed  
surt-nihngs-mee-dehl

– with artificial  
sweetener

– **utan koffein** eu-tan koh-feen

– decaf

**kallskuret** kal-skeu-reht

cold cuts [charcuterie]

**kokt ägg** koakt ehg

boiled egg

I'd like...

**Jag skulle vilja ha...** yahg skuh-ler vih-ya hah...

More..., please.

**Lite mer..., tack.** lee-teh meer...tak

**korv** kohrv

**marmelad** mar•meh•lahd

**mjök** myurk

**muffin** muh•fihn

**müsli** mews•lee

**omelett** ohm•eh•leht

**ost** oast

**rostat bröd** roahs•tat brurd

**småbröd** smoa•brurd

**smör** smur

**steckt ägg** steekt ehg

**sylt** sewlt

**thé** tee

**vatten** va•tehrn

**yoghurt** yoh•geurt

**ägg** ehg

**äggöra** ehg•rur•ra

**äpple** ehp•leh

sausage

marmalade

milk

muffin

granola [muesli]

omelet

cheese

toast

roll

butter

fried egg

jam

tea

water

yogurt

egg

scrambled eggs

apple

## Appetizers [Starters]

**färska räkor** fair•ska rair•kohr

unshelled shrimp  
[prawns], served  
with toast, butter and  
mayonnaise

**förrätt** furr•reht

appetizer [starter]

With/Without...

**Med/Utan...** meed/eu•tan...

I can't have...

**Jag kan inte äta mat som innehåller...**

yahg kan ihn•ter air•ta maht som ih•neh•hoal•lehr...



**gravlax** grafv·lax

**löjrom** lurj·rohrn

**rökt lax** rurkt lax

**sill** sihl

**sillbricka** sihl·brih·ka

**S.O.S. (smör, ost och sill)** ehs oa ehs  
(smur oast ohk sil)

**toast skagen** toast skah·gehn

**viltpastej** vihlt·pa·stay

marinated salmon

bleak roe, served with  
chopped, raw onions  
and sour cream and  
eaten on toast

smoked salmon

marinated herring

variety of marinated  
herring

a small plate of  
marinated herring,  
bread, butter and  
cheese

toast with chopped  
shrimp [prawns] in  
mayonnaise, topped  
with bleak roe

game pâté

## Soup

**buljong** beul·yong

**fisksoppa** fihs·k·sop·a

**grönsakssoppa** grurn·sahks·sohp·a

**kall soppa** kal sohp·a

**kycklingsoppa** chewk·lihng·sohp·a

**kött och grönsakssoppa**

churt·oa·grurn·sahk·sohp·a

broth

fish soup

vegetable soup

cold soup

chicken soup

meat and vegetable  
soup

I'd like...

**Jag skulle vilja ha...** yahg skuh·ler vihl·ya hah...

More..., please.

**Lite mer..., tack.** lee·teh meer...tak

**köttssoppa** churt-sohp-a

a hearty soup of  
beef, vegetables and  
dumplings

**löksoppa** lurk-sohp-a

onion soup

**nyponsoppa** new-pohn-sohp-a

rose-hip soup

**oxsvanssoppa** oax-svans-sohp-a

oxtail soup

**potatissoppa** poa-tah-tihs-sohp-a

potato soup

**rörd soppa** rurrd sohp-a

cream soup

**sparrissoppa** spa-rihs-sohp-a

asparagus soup

**spenatsoppa** speh-nat-sohp-a

a rich soup made from  
spinach, potatoes,  
milk and cream

**tomatsoppa** toa-maht-soh-pa

tomato soup

**ärtsoppa** airt-sohp-a

green or yellow pea  
soup

## Fish and Seafood

**abborre** ah-bohr-er

perch

**ansjovis** an-shoa-vees

anchovy

**blåmussla** bloa-muhs-la

blue mussel

**braxen** brak-sehn

sea bream

**böckling** burk-lihng

smoked Baltic herring

**fisk** fihs-k

fish

**forell** foa-rehl

trout

**färska räkor** fairs-ka rair-kohr

unshelled shrimp  
[prawns]

With/Without...

**Med/Utan...** meed/eu-tan...

I can't have...

**Jag kan inte äta mat som innehåller...** yahg kan  
ihn-ter air-ta maht som ih-neh-hoal-lehr...

**gravlax** grafv·lax

**gädda** yeh·da

**halstrad fisk** hal·strahd fihsk

**halstrad forell med färskpotatis** hal·strad

foa·rehl med färsk·poa·tah·tihs

**havsabborre** hafs·a·boh·rer

**hummer** huhm·ehr

**hällefundra** heh·leh·fleun·dra

**inlagd sill** ihn·lagd sil

**kammussla** kam·muhs·la

**kolja** kohl·ya

**krabba** kra·ba

**kräfta** kreht·ta

**kummel** keu·mel

**lax** lax

**löjrom** lury·rohm

**makrill** mak·rihl

**marulk** mahr·eulk

**matjesill** ma·shcheh·sihl

**multe** muhl·ter

**mussla** muhs·la

marinated salmon

sea perch

grilled fish

grilled trout with new

potatoes

sea bass

lobster

halibut

marinated (pickled)

herring

scallop

haddock

crab

crayfish

hake

salmon

bleak roe with  
chopped, raw onions  
and sour cream;  
served on toast

mackerel

monkfish

marinated herring

mullet

mussel

I'd like...

**Jag skulle vilja ha...** yahg skuh·ler vihl·ya hah...

More..., please.

**Lite mer..., tack.** lee·teh meer...tak

**mört** murt

**ostron** oas·tron

**piggvar** pihg·vahr

**rimmad lax med stuvad potatis** rihm·ahd  
lax meed steu·vad poa·tah·tihs

**rocka** roh·ka

**räkor** rair·kohr

**röding** ru·dihng

**rödspätta** rurd·speh·ta

**rökt fisk** rurkt fisk

**rökt lax** rurkt lax

**rökt ål** rurkt oal

**sardin** sar·deen

**sill** sihl

**sillbricka** sihl·brih·ka

**sillsallad** sihl·sal·ad

**sjötunga** sjur·tuhng·a

**skaldjur** skahl·yeur

**skaldjurssallad** skahl·yeurs·sal·ad

**skarpsill** skarp·sihl

**småsill** smoa·sihl

roach (type of fish)

oyster

turbot

lightly salted salmon  
with creamed  
potatoes and dill

ray (type of fish)

shrimp [prawns]

char

plaice

smoked fish

smoked salmon

smoked eel

sardine

herring

variety of marinated  
herring

beet and herring salad

sole

shellfish

shellfish salad

herring

herring

With/Without...

I can't have...

**Med/Utan...** meed/eu·tan...

**Jag kan inte äta mat som innehåller...** yahg kan  
ihn·ter air·ta maht som ih·neh·hoal·lehr...

**S.O.S. (smör, ost och sill)** ehs oa ehs  
(smur oast ohk sihl)

**stek** fisk steekt fisk

**strömming** struhrm·ihng

**strömmingsflundra** strurm·ihngs·fleun·dra

**stuvad abborre** steu·vad a·boh·rer

**tonfisk** toan·fihs

**torsk** tohrshk

**ugnsbakad fisk** eungns·bah·kad fihs

**vitling** veet·lihng

**ål** oal

**ångkott fisk** oang·koakt fisk

small plate of  
marinated herring,  
bread, butter and  
cheese

fried fish

sprats (small Baltic  
herring) filleted and  
sandwiched in pairs  
with dill and butter in  
the middle

Baltic herring, filleted  
and sandwiched in  
pairs, fried, with dill  
and butter filling

perch poached with  
onion, parsley and  
lemon

tuna

cod

oven-baked fish

whiting

eel

steamed fish

## Meat and Poultry

**anka** ang·ka

**bacon** bay·kon

**biffkött** bihf·churt

duck

bacon

beef

I'd like...

**Jag skulle vilja ha...** yahng skuh·ler vih·ya hah...

More..., please.

**Lite mer..., tack.** lee·teh meer...tak

**biffstek** bihf•steek

**bog** boag

**broiler** broy•lehr

**entrecote** an•treh•koat

**falukorv** fah•leu•kohrv

**fasan** fa•sahn

**filé** fih•leh

**fläsk** flehsk

**fläskben** flehsk•been

**fläskfilé** flehsk•fih•leh

**fläskkarré** flehsk•ka•reh

**fläskkorv** flehsk•kohrv

**fläsklägg** flehsk•lehg

**fågel** foa•gehl

**får** foar

**get** yeet

**grillad kyckling** grihl•ahd chewk•lihng

**gås** goas

**hamburgare** ham•beur•ya•rer

**hare** hah•rer

**hjort** yohrt

**isterband** ihs•tehr•band

**kalkon** kal•koan

steak

shoulder (cut of meat)

spring chicken

sirloin steak

lightly spiced sausage

pheasant

filet mignon

pork

ham bone

fillet of pork

pork loin

spicy, boiled pork  
sausage

knuckle of pork

poultry

mutton

kid (goat)

grilled chicken

goose

hamburger

rabbit

deer

sausage of pork,  
barley and beef

turkey

With/Without...

I can't have...

**Med/Utan...** meed/eu•tan...

**Jag kan inte äta mat som innehåller...** yahg kan  
ihn•ter air•ta maht som ih•neh•hoal•lehr...

**kallskuret** kal·skeu·reht

**kalops** ka·lohps

**kalvkött** kalv·churt

**kalvsylta** kaly·sewl·ta

**karré** ka·reh

**kokt skinka** koakt shihng·ka

**korv** kohrv

**kotlett** koht·lehtt

**kyckling** chewk·lihng

**kycklingbröst** chewk·lihng·brurst

**kycklinglever** chewk·lihng·lee·vehr

**kåldomar med gräddsås och**

**lingon** koal·dohl·mar meed grehd·soas ohk  
lihng·ohn

**kött** churt

**köttbulle** churt·buh·ler

**köttfärs** churt·fairs

**lamm** lamm

**lammgryta** lamm·grew·ta

**lever** lee·vehr

**leverpastej** lee·vehr pa·stay

**lägg** lehg

**lövbiff** lurv·bihf

cold cuts [charcuterie]

beef stew

veal

cold veal in jelly

tenderloin

boiled ham

sausage

cutlet

chicken

chicken breast

chicken liver

chopped [minced]

meat and rice stuffed  
in cabbage leaves

meat

meatball

chopped [minced]  
beef

lamb

lamb stew

liver

liver pâté

shank (top of leg)

fried, thinly sliced  
beef, with onions

I'd like...

**Jag skulle vilja ha...** yahg skuh·ler vihl·ya hah...

More..., please.

**Lite mer..., tack.** lee·teh meer...tak



<b>medaljong</b>	meh·dal·yong	small fillet of cut meat
<b>njure</b>	nyeu·rer	kidney
<b>nötkött</b>	nurt·churt	red meat
<b>oxkött</b>	oax·churt	ox
<b>oxrullad</b>	oax·reu·lahd	braised roll of beef
<b>oxsvans</b>	oax·svans	oxtail
<b>pannbiff</b>	pan·bihf	beef patty
<b>prinskorv</b>	prihns·kohrv	small pork sausage
<b>pärllhöns</b>	pairl·hurns	guinea fowl
<b>ragu</b>	ra·guh	beef stew
<b>raphöna</b>	rap·hurna	partridge
<b>ren</b>	reen	reindeer
<b>renstek med svampsås</b>	reen·steek meed svamp·soas	roast reindeer with mushroom sauce
<b>revbensspjäll</b>	reev·beens·spehl	spareribs
<b>rostbiff</b>	rohst·bihf	roast beef
<b>rumpstek</b>	ruhmp·steek	rump steak
<b>rådjur</b>	roa·yeur	venison
<b>rådjursstek</b>	roa·yeur·steek	roast of venison
<b>rökt renstek</b>	rukt reen·steek	smoked reindeer
<b>rökt skinka</b>	rukt shihng·ka	smoked ham
<b>sadel</b>	sah·dehl	saddle (cut of meat)
<b>salamikorv</b>	sa·lah·mee·kohrv	salami
<b>schnitzel</b>	shniht·sehl	escalope

With/Without...

**Med/Utan...** meed/ue·tan...

I can't have...

**Jag kan inte äta mat som innehåller...** yahg kan  
ihh·ter air·ta maht som ih·neh·hoal·lehr...

**sjömansbiff** shur•mans•bihf

casserole of fried beef,  
onions and potatoes,  
braised in beer  
ham

**skinka** shihng•ka

**spädgris** spaird•grees

an unweaned piglet

**stek kyckling** steekt chewk•lihng

fried chicken (not  
breaded)

**T-benstek** tee•been•steek

T-bone steak

**tunga** tuhng•a

tongue (cow)

**ugnsstek kyckling** eungn•steekt chewk•lihng

roast chicken

**vaktel** vak•tehl

quail

**varmkorv** varm•kohrv

hot dog

**wienerschnitzel** vee•nehr•shniht•sehl

breaded veal cutlet

**vildand** vihld•and

wild duck

**vilt** vihlt

game

**älg** ehly

moose

**älgfilé** ehly•fi•leh

fillet of moose

**älgstek** ehly•steek

moose roast

**älgstek med svampsås** ehly•steek meed  
svamp•soas

roast moose with  
mushroom sauce

rare

**blodig** bloa•dihg

medium

**medium** mee•dee•uhm

well done

**genomstek** ye•nom•steekt

I'd like...

**Jag skulle vilja ha...** yahg skuh•ler vihl•ya hah...

More..., please.

**Lite mer..., tack.** lee•teh meer...tak

## Swedish Buffet: Smorgasbord

<b>blandsallad</b> <u>b</u> land·sal·ad	mixed salad
<b>efterrätt</b> <u>ehf</u> ·tehr·reht	dessert
<b>grönsak</b> <u>gr</u> urn·sahk	vegetable
<b>grönsallad</b> <u>gr</u> urn·sal·ad	green salad
<b>Janssons frestelse</b> <u>yahn</u> ·sons <u>frehs</u> ·tehl·ser	casserole with potatoes and anchovies
<b>korv</b> kohrv	sausage
<b>köttbulle</b> <u>churt</u> ·buh·ler	meatball
<b>omelett</b> ohm·eh· <u>leht</u>	omelet
<b>ostbricka</b> <u>oast</u> ·brih·ka	cheese plate
<b>potatissallad</b> poa· <u>tah</u> ·tihs· <u>sal</u> ·ad	potato salad
<b>sillsallad</b> <u>sihl</u> ·sal·ad	beet and herring salad
<b>skaldjurssallad</b> <u>skahl</u> ·yeurs· <u>sal</u> ·ad	shellfish salad
<b>skarpsill</b> <u>skarp</u> ·sihl	herring
<b>tomater och lök</b> toa· <u>mah</u> ·ter ohk lurk	tomato and onion salad
<b>västkustsallad</b> <u>vehst</u> ·kuhst· <u>sal</u> ·ad	west coast salad, with shrimp [prawns] and mussels

With/Without...

I can't have...

**Med/Utan...** meed/eu·tan...

**Jag kan inte äta mat som innehåller...** yahg kan ihn·ter air·ta maht som ih·neh·hoal·lehr...

**i** If you've never heard of typical Swedish food, you may at least be familiar with the famous **smörgåsbord**—it is a buffet meal on a grand scale, presented on a large, beautifully decorated table. You start at one end of the table, usually the one with the cold seafood dishes, marinated herring, **Janssons frestelse** (literally, Jansson's temptation, a potato and anchovies casserole) and salad. Then you work your way through the cold meat, meatballs, sausage, omelets and vegetables. Finally, you end at the cheeseboard and desserts. You're welcome to start all over again; the price is set, and you can eat as much as you like. You will find that the Swedes tend to drink **akvavit** (aquavit) or beer with the feast, although an accompanying glass of wine is becoming more common for those who find **akvavit** too strong.

At Christmas time, the **smörgåsbord** becomes a **julbord** (Christmas buffet), served in homes and restaurants alike.

## Vegetables

**avokado** a-voh-kah-doa

avocado

**blomkål** bloam-koal

cauliflower

**böna...** bur-na...

...bean

– **bond** boand

– broad

– **bryt** brewt

– kidney

– **grön** grurn

– green

– **vax** vax

– butter

**broccoli** broh-koh-lee

broccoli

**brysselkål** brew-sehl-koal

Brussel sprout

**bönskött** burn-skoht

bean sprout

I'd like...

**Jag skulle vilja ha...** yahg skuh-ler vih-ya hah...

More..., please.

**Lite mer..., tack.** lee-teh meer...tak



**champinjon** sham·pihn·yoan

**endiv** an·deev

**färskpotatis** fairsk·poa·tah·tihs

**gräslök** grairs·lurk

**grön paprika** grurn pah·pree·ka

**grönsak** grurn·sahk

**grönsallad** grurn·sal·ad

**gurka** geur·ka

**haricots verts** ar·ee·koh·vair

**kantarell** kan·ta·rehl

**kikärta** cheek·air·ta

**kokt potatis** koakt poa·tah·tihs

**kronärtskocka** kroan·airts·koh·ka

**kål** koal

**kålrot** koal·roht

mushroom

endive

new potato

chive

green pepper

vegetable

lettuce

cucumber

green bean

chanterelle mushroom

chickpea

boiled potato

artichoke

cabbage

turnip

With/Without...

I can't have...

**Med/Utan...** meed/eu·tan...

**Jag kan inte äta mat som innehåller...** yahg kan  
ihn·ter air·ta maht som ih·neh·hoal·lehr...

**källkrasse** chehl•kra•ser

**lins** lihns

**lök** lurk

**majs** mays

**morot** moa•roht

**palsternacka** pal•stehr•na•ka

**paprika** pah•prih•ka

**potatis** poa•tah•tihs

**pumpa** puhm•pa

**purjolök** peur•yoh•lurk

**rova** roa•va

**rädisa** raid•dih•sa

**röd paprika** rurd pah•pree•ka

**rödbeta** rurd•bee•ta

**rödkål** rurd•koal

**salladshuvud** sal•ads•heu•vuhd

**saltgurka** salt•geur•ka

**schalottenlök** sha•loh•tehn•lurk
**selleri** seh•leh•ree
**skogssvamp** skoags•svamp

**sockerärta** soh•kehr•air•ta

**sparris** spar•ihs

**spenat** speh•naht
**squash** skoawsh

watercress

lentil

onion

sweet corn

carrot

parsnip

pepper (fresh)

potato

pumpkin

leek

turnip

radish

sweet red pepper

beet

red cabbage

head of lettuce

salted, pickled gherkin

shallot [spring onion]

celery

field mushroom

sugar snap pea  
[mangetout]

asparagus

spinach

squash (vegetable)

I'd like...

**Jag skulle vilja ha...** yahg skuh•ler vihl•ya hah...

More..., please.

**Lite mer..., tack.** lee•teh meer...tak

**svamp** svamp

**sötpotatis** surt·poa·tah·tihs

**tomat** toa·maht

**vattenkrasse** kra·ser

**vild champinjon** vihl·da sham·pihn·yoan

**vitkål** veet·koal

**vitlök** veet·lurk

**vårlök** voar·lurk

**zucchini** seu·kee·nee

**äggplanta** ehg·plan·ta

**ärta** air·ta

**ättiksgurka** eh·tiks·geur·kah

mushroom

sweet potato

tomato

watercress

wild mushroom

white cabbage

garlic

shallot [spring onion]

zucchini [courgette]

eggplant [aubergine]

peas

pickled gherkin

## Spices and Staples

**basilika** ba·sih·lee·ka

**bouquet garni** boh·keh gar·nee

**bröd** brurd

**chilipeppar** shee·lih·peh·par

**dragon** dra·goan

**fänkål** fehn·koal

**fullkornsmjöl** fuhl·kohns·myurl

**honung** hoa·neung

**ingefära** ih·ng·eh·fai·ra

basil

mixed herbs

bread

chili pepper

tarragon

fennel

whole wheat flour

honey

ginger

With/Without...

I can't have...

**Med/Utan...** meed/eu·tan...

**Jag kan inte äta mat som innehåller...** yahg kan  
ihn·ter air·ta maht som ih·neh·hoal·lehr...



**kanel** ka·neel**kapris** ka·prees**kryddpeppar** krewd·peh·par**kummin** keu·meen**körvel** chur·vehl**lagerblad** lah·gehr·blahd**mjöl** myurl**muskot** muhs·koht**mynta** mewn·ta**nejlika** nay·lih·ka**nudel** neu·dehl**olja och vinäger** oal·ya ohk vee·nai·gehr**pasta** pas·ta**peppar** peh·par**persilja** pair·shihl·ya**ris** rees**rosmarin** roas·ma·reen**salt** salt**salvia** sal·vee·a**senap** see·nap**sirap** seh·rap**socker** soh·kehr**smör** smurr

cinnamon

caper

allspice

caraway

chervil

bay leaf

flour

nutmeg

mint (herb)

clove

noodle

oil and vinegar

pasta

pepper

parsley

rice

rosemary

salt

sage

mustard

syrup

sugar

butter

I'd like...

More..., please.

**Jag skulle vilja ha...** yahg skuh·ler vihl·ya hah...**Lite mer..., tack.** lee·teh meer...tak

**sötningssmedel** surt·nihngs·mee·dehl

artificial sweetener

**timjan** tihm·yan

thyme

**vanilj** va·nihly

vanilla

**vetemjöl** vee·teh·mjurl

wheat flour (regular)

## Fruit and Nuts

**ananas** an·a·nas

pineapple

**apelsin** a·pehl·seen

orange

**aprikos** a·prih·koas

apricot

**banan** ba·nahn

banana

**bigarrå** bih·ga·roa

sweet morello cherry

**björnbär** byurn·bair

blackberry

**blå vindruva** bloa veen·dreu·va

black grape

**blåbär** bloa·bair

blueberry

**citron** see·troan

lemon

**dadel** dahd·ehl

date

**enbär** een·bair

juniper berry

**fikon** fee·kohn

fig

**frukt** fruhkt

fruit

**grapefrukt** grape·fruhkt

grapefruit

**grön vindruva** grurn veen·dreu·va

green grape

**hallon** hal·ohn

raspberry

**hasselnöt** ha·sehl·nurt

hazelnut

**hjortron** yoahr·tron

cloudberry

With/Without...

**Med/Utan...** meed/eu·tan...

I can't have...

**Jag kan inte äta mat som innehåller...** yahg kan  
ihn·ter air·ta maht som ih·neh·hoal·lehr...

**jordgubbe** yoard·guh·ber

**jordnöt** yoard·nurt

**katrinplommon** ka·treen·ploa·mohn

**kiwifrukt** kee·vee·fruhkt

**kokosnöt** koa·kos·nurt

**krusbär** kreus·bair

**körsbär** churs·bair

**lingon** lihng·ohn

**mandarin** man·da·reen

**mandel** man·dehl

**(vatten)melon** (va·tehrn)meh·loan

**mulbär** muhl·bair

**nektarin** nehk·ta·reen

**oliv** o·leev

**persika** pairsh·ih·ka

**plommon** plohmn·on

**pomegranat äpple** pom·eh·gra·naht·ehp·leh

**päron** pai·rohn

**rabarber** rah·bar·behr

**russin** ruh·sihn

**röd vinbär** rurd veen·bair

**smultron** smeul·trohn

**sultana** suhl·tahn·a

**svart vinbär** svart veen·bair

strawberry

peanut

prune

kiwi

coconut

gooseberry

cherry

lingonberry

tangerine/mandarin

orange

almond

(water)melon

mulberry

nectarine

olive

peach

plum

pomegranate

pear

rhubarb

raisin

red currant

wild strawberry

sultana raisin

black currant

I'd like...

**Jag skulle vilja ha...** yahg skuh·ler viht·ya hah...

More..., please.

**Lite mer..., tack.** lee·teh meer...tak

**valnöt** vahl•nurt  
**vinbär** veen•bair  
**vindruva** veen•dreu•va  
**äpple** ehp•leh

walnut  
currant  
grape  
apple

## Cheese

**fårost** foar•oast  
**getost** yeet•oast  
**grevé** greh•vee  
  
**herrgårdstost** hehr•goards•oast  
  
**kryddost** krewd•oast  
  
**mesost** mees•oast  
  
**mjukost** myeuk•oast  
**ost** oast  
**prästost** prehst•oast  
  
**svecia** sveh•see•a  
**västerbotten** vehs•tehr•boh•tehrn

ewe's milk cheese  
goat cheese  
a semi-hard  
cheese with a taste  
between gouda and  
emmentaler  
a semi-hard cheese  
with large holes and a  
nutty flavor  
a sharp, strong cheese  
with caraway seeds  
a soft, sweet, yellowish  
whey cheese  
soft cheese  
cheese  
hard cheese with a  
strong, rich flavor  
semi-hard cheeses  
a sharp, tangy, hard  
and very strong  
cheese from the north  
of Sweden

With/Without...

**Med/Utan...** meed/eu•tan...

I can't have...

**Jag kan inte äta mat som innehåller...** yahg kan  
ihn•ter air•ta maht som ih•neh•hoal•lehr...

**ädelost** air·dehl·oast

a blue cheese with a sharp taste, similar to roquefort

## Dessert

**efterrätt** ehf·tehr·reht

dessert

**friterad camembert med hjortronsylt**

free·tee·rad cam·ehm·behrt meed yoh·tron·sewlt

deep-fried camembert with cloudberry jam

**fruktsallad** fruhkt·sal·ad

fruit salad

**glass** glas

ice cream

**jordgubbar med grädde** yoad·guh·b·ar

meed greh·deh

strawberries and cream

**kaka** kah·ka

cake

**mandeltårta** man·dehl·toar·ta

almond tart

**marängsviss** mah·rehng·svis

meringue with whipped cream and chocolate sauce

**mjuk pepparkaka** myeuk peh·par·kah·ka

soft ginger cake

**ostkaka** oast·kah·ka

traditional southern Sweden curd cake

**tårta** toarta

sponge-based fruit or cream cake

**våffla (med sylt och grädde)** vohf·la meed

sewlt ohk greh·der

waffle (with jam and whipped cream)

**äppelpaj** eh·pehl·pay

apple tart

**äppelkaka** eh·pehl·kah·ka

apple cake

**äppelring** ehp·ehl·rihng

apple fritter

I'd like...

**Jag skulle vilja ha...** yahg skuh·ler vihl·ya hah...

More..., please.

**Lite mer..., tack.** lee·teh meer...tak

## Essential

May I see the *wine list/drink menu*?

What do you recommend?

I'd like a *bottle/glass* of *red/white* wine.

The house wine, please.

Another *bottle/glass*, please.

I'd like a local beer.

Let me buy you a drink.

Cheers!

A *coffee/tea*, please.

Black.

With...

– milk

– sugar

– artificial sweetener

– decaf

..., please.

– Juice

– Soda

**Kan jag få se *vinlistan/drinklistan*?** kan yahg foa see veen·lihs·tan/drihnk·lihs·tan

**Vad rekommenderar ni?** vahd reh·koh·mehn·dee·rar nee

**Jag skulle vilja ha en *flaska/ett glas rött/vitt* vin.** yahg sku·ler vihl·ya hah ehn flas·ka/eht glahs ruhrt/viht veen

**Husets vin, tack.** heu·sehts veen tak

**En *flaska/Ett glas* till, tack.** ehn flas·ka/eht glahs tihl tak

**Jag skulle vilja ha en *öl från trakten*.** yahg sku·ler vihl·ya hah ehn url fron trak·tehn

**Får jag bjuda på en *drink*.** foar yahg byeu·da poa ehn drihnk

**Skål!** skoal

**En kopp *kaffe/te*, tack.** ehn kohp ka·fer/tee tak

**Svart.** svart

**Med...** meed...

– **mjölk** myuhlk

– **socker** soh·kehr

– **sötningsmedel** surt·nihngs·mee·dehl

– **utan koffein** eu·tan koh·feen

..., **tack.** ...tak

– **Juice** yoas

– **sodavatten** soa·da·va·tehrn

– (Sparkling/Still)

Water

Is the tap water safe  
to drink?

– **Vatten (med/utan kolsyra)** va·tehrn

(meed/eu·tan koal·sew·ra)

**Kan man dricka kranvattnet?** kan man  
drih·ka krahn·vat·neht

## Non-alcoholic Drinks

**alkoholfri dryck** al·ko·hoal·free drewk

non-alcoholic drink

**ananasjuice** an·a·nas·yoas

pineapple juice

**apelsinjuice** a·pehl·seen·yoas

orange juice

**cola** koa·la

cola

**fruktjuice** fruhkt·yoas

fruit juice

**juice** yoas

juice

**kaffe** ka·fer

coffee

**läsk** lehsk

soft drink

**milkshake** milk·shake

milk shake

**mineralvatten** mihn·eh·rahl·va·tehrn

mineral water

**mjölk** myurk

milk

**saft** saft

squash (fruit cordial)

**sockerdricka** soh·kehr·drih·ka

lemonade

**sodavatten** soa·da·va·tehrn

soda water

**thé med mjölk/citron** tee meed myurk/  
see·troan

tea with milk/lemon

**tomatjuice** toa·maht·yoas

tomato juice

**tonic** toh·nihk

tonic water

**varmchoklad** varm shoa·klahd

hot chocolate

**vatten med/utan kolsyra** va·tehrn meed/  
eu·tan koal·sew·ra

sparkling/still water





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For afternoon tea (usually enjoyed with lemon) or coffee you can do no better than the typical Swedish **konditori** (patisserie or coffee shop). Help yourself to as many cups as you like while indulging in a slice of **prinsesstårta** (sponge cake with cream and custard, covered with green marzipan), **mazarin** (almond tart, topped with icing) or a **wienerbröd** (Danish pastry). Try **saffransbullar** (saffron buns) and **pepparkakor** (ginger cookies) at Christmas. Most **konditori** are self-service, but some of the more elegant ones and those in hotels provide full service. Coffee is definitely the national drink, and it is always freshly brewed. It is commonly drunk black, but ask for **mjölk** (milk) or **grädde** (cream) if you like it that way.

## You May Hear...

**Får jag bjuda på en drink?** foar yahg  
bjeu·da pao ehn drink

Can I buy you a drink?

**Med mjölk/socker?** meed myurlk/soh·ker

With milk/sugar?

**Vatten med/utan kolsyra?** va·tehrn meed/  
eu·tan koal·sew·ra

Sparkling/Still water?

# Aperitifs, Cocktails and Liqueurs

**akvavit** a·kva·veet

**cognaç** kohn·yak

**gin** jihn

**glögg** glurg

**herrgårdsakvavit** hair·goards·a·kva·veet

**likör** lih·kurr

**portvin** port·veen

**punsch** peunsh

**rom** rohm

**sherry** sheh·ree

**skåne** skoa·ner

**sprit** spreet

**vermouth** vehr·meutt

**vodka...** vod·ka...

– **med is** meed ees

– **med tonic** meed toh·nihk

– **med vatten** meed va·tehrn

**whisky** vihs·kee

aquavit, the famous  
Swedish grain- or  
potato-based spirit

brandy

gin

mulled wine with port  
and spices, served hot

aquavit, flavored with  
caraway seeds and  
whisky

liqueur

port

sweet liqueur

rum

sherry

aquavit, flavored with  
aniseed and caraway  
seeds

spirits

vermouth

vodka...

– on the rocks [with ice]

– with tonic water

– with water

whisky

## Beer

**burköl** buhrk-url

canned beer

**fatöl** faht-url

draft [draught]

**lättöl** leht-url

light beer

**öl på flaska** url poa fla-ska

bottled beer



Beer is probably the most popular alcoholic drink in Sweden, and there are many good Swedish breweries. Beer with an alcohol content above 3%, called **starköl**, can only be bought in **Systembolaget** (state liquor store); **lättöl** and **folköl**, which are below 3% alcohol content, can be bought in grocery stores and supermarkets. You will find many well known international beers, but the most common are Carlsberg, Heineken and Swedish brews such as Pripps and Falcon.

## Wine

**dessertvin** deh-sair-veen

dessert wine

**husets vin** heu-sehts veen

house wine

**mousserande** moa-see-ran-der

sparkling

**rosé** roh-seh

blush [rosé]

**rött** ruht

red

**sött** suht

sweet

**torrt** toht

dry

**vitt** viht

white



**abborre** ah-bohr-er

**akvavit** a-kva-veet

**alkoholfri dryck** al-ko-hoal-free drewk

**ananas** an-a-nas

**ananasjuice** an-a-nas-yoas

**anka** ang-ka

**ansjovis** an-shoa-vees

**apelsin** a-pehl-seen

**apelsinjuice** a-pehl-seen-yoas

perch

aquavit, the famous  
Swedish grain- or  
potato-based spirit  
non-alcoholic drink

pineapple

pineapple juice

duck

anchovy

orange

orange juice

<b>aprikos</b>	a·prih· <u>koas</u>	apricot
<b>avokado</b>	a·voh· <u>kah</u> ·doa	avocado
<b>bacon</b>	<u>bay</u> ·kon	bacon
<b>bakelse</b>	<u>bah</u> ·kehl·sehr	piece of cake
<b>bakverk</b>	<u>bahk</u> ·verk	pastry
<b>banan</b>	ba· <u>nahn</u>	banana
<b>basilika</b>	ba·sih· <u>lee</u> ·ka	basil
<b>biffkött</b>	<u>bihf</u> ·churt	beef
<b>biffstek</b>	<u>bif</u> ·steek	steak
<b>bigarrå</b>	bih·ga· <u>roa</u>	sweet morello cherry
<b>bit</b>	beet	slice
<b>björnbär</b>	byurn·bair	blackberry
<b>blandade</b>	<u>blan</u> ·da·der	assorted
<b>blandade grönsaker</b>	<u>blan</u> ·da·der grurn·sah·kehr	mixed vegetables
<b>blandade kryddor</b>	<u>blan</u> ·da·der krew·dohr*	mixed herbs
<b>blandade nötter</b>	<u>blan</u> ·da·der nur·tehr	assorted nuts
<b>blandsallad</b>	<u>bland</u> ·sal·ad	mixed salad
<b>blodig</b>	<u>bloa</u> ·dihg	rare
<b>blomkål</b>	<u>bloam</u> ·koal	cauliflower
<b>blå vindruva</b>	<u>bloa</u> <u>veen</u> ·dreu·va	black grape
<b>blåbär</b>	<u>bloa</u> ·bair	blueberry
<b>blåbärssylt</b>	<u>bloa</u> ·bairs·sewlt	blueberry jam
<b>blåmussla</b>	<u>bloa</u> ·muhs·la	blue mussel
<b>bog</b>	boag	shoulder (cut of meat)
<b>bondböna</b>	<u>boand</u> ·bur·nohr	broad bean
<b>bordsvin</b>	<u>boards</u> ·veen	table wine
<b>bouquet garni</b>	boh· <u>keh</u> gar· <u>nee</u>	mixed herbs

**braxen** brak·sehn

**broccoli** broh·loh·lee

**broiler** broy·lehr

**brylépudding** brew·lee·peu·dihng

**brysselkål** brew·sehl·koal

**brytböna** brewt·bur·na

**brännvin** brehn·veen

**bröd** brurd

**brödsmulor** brurd·smeu·lohr

**bröst** brurst

**buljong** buhl·yong

**bulle** buh·ler

**burköl** buhrk·url

**bål** boal

**böckling** burk·lihng

**böna** bur·na

**bönskott** burn·skoht

**championjon** sham·pihn·yoan

**chilipeppar** shee·lih·peh·par

**chips** shihps

**choklad** shoa·klahd

**citron** see·troan

**citronjuice** see·troan·yoas

**cognac** kohn·yak

**cola** koa·la

**dadel** dahd·ehl

**dagens meny** dah·gehns meh·neu

sea bream

broccoli

spring chicken

crème brulee

brussel sprout

kidney bean

aquavit, grain or  
potato based spirit

bread

bread crumbs

breast

broth

bun

canned beer

punch

smoked herring

bean [pulses]

bean sprout

mushroom

chili pepper

potato chips [crisps]

chocolate

lemon

lemon juice

brandy

cola

date

menu of the day

<b>dagens rätt</b> <u>dah</u> ·gehns rairtt	speciality of the day
<b>dessertvin</b> deh· <u>sair</u> ·veen	dessert wine
<b>dillsås</b> <u>dihl</u> ·soas	dill sauce
<b>dragon</b> dra· <u>goan</u>	tarragon
<b>dryck med alkohol</b> drewk meed <u>al</u> ·ko·hoal	alcoholic drink
<b>efterrätt</b> <u>ehf</u> ·tehr·rairt	dessert
<b>en halv flaska</b> ehn halv <u>fla</u> ·ska	half bottle
<b>enbär</b> <u>een</u> ·bair	juniper berry
<b>endiv</b> an· <u>deev</u>	endive
<b>entrecote</b> an·treh· <u>koa</u>	sirloin steak
<b>falukorv</b> <u>fah</u> ·leu·kohrv	lightly spiced sausage
<b>fasan</b> fa· <u>sahn</u>	pheasant
<b>fatöl</b> <u>faht</u> ·url	draft [draught] beer
<b>fikon</b> <u>fee</u> ·kohn	fig
<b>filé</b> fih· <u>leh</u>	filet mignon
<b>filmjök</b> <u>feel</u> ·mjurik	thick yogurt
<b>fisk</b> fihsch	fish
<b>fisk och skaldjur</b> fihsch·ohk· <u>skahl</u> ·yeur	fish and seafood
<b>fisksoppa</b> fihsch· <u>sop</u> ·a	fish soup
<b>fläsk</b> flehsch	pork
<b>fläskben</b> <u>flehsch</u> ·been	ham bone
<b>fläskfilé</b> <u>flehsch</u> ·fih·leh	fillet of pork
<b>fläskkarré</b> <u>flehsch</u> ·ka·reh	pork loin
<b>fläskkorv</b> <u>flehsch</u> ·kohrv	spicy, boiled pork sausage
<b>fläsklägg</b> <u>flehsch</u> ·lehg	knuckle of pork
<b>fläskpannkaka</b> <u>flehsch</u> ·pan·kah·ka	thick pancake filled with bacon



**forell** foa·rehl

**franskbröd** fransk·brurd

**friterad camembert med hjortronsylt**  
free·tee·rad cam·ehm·behrt meed yoh·tron·sewlt

**frukost** fruh·kohst

**frukostflingor** fruhkost·flihng·ohr

**frukt** fruhkt

**fruktjuice** fruhkt·yoas

**fruktsallad** fruhkt·sal·ad

**fullkornsmjöl** fuhl·kohns·myurl

**fylld (med)** fewld (meed)

**fylld oliv** fewld o·leev

**fylldigt** few·liht

**fågel** foa·gehl

**får** foar

**fårost** foar·oast

**fänkål** fehn·koal

**färsk (frukt)** fehrsk (fruhkt)

**färsk fikon** fairsk fee·kohn

**färska räkor** fairs·ka rair·kohr

**färskpotatis** fairsk·poa·tah·tihs

**förlorat ägg** furr·loa·rat ehg

**förrätt** furr·rairt

**garnering** gar·nee·rihng

**gelé** sheh·leh

**get** yeet

**getost** yeet·oast

trout

French bread

deep-fried Camembert  
with cloudberry jam

breakfast

(cold) cereal

fruit

fruit juice

fruit salad

whole wheat flour

stuffed (with)

stuffed olive

full-bodied (wine)

poultry

mutton

ewe's milk cheese

fennel

fresh (fruit)

fresh fig

unshelled shrimp  
[prawns]

new potato

poached egg

appetizer [starter]

garnish

jelly

kid (goat)

goat cheese

**gin** jihn

**glass** glas

**glutenfritt** glue-tehn-friht

**glögg** glurg

**grapefrukt** grahp-fruhkt

**gratinerad** gra-tih-nee-rad

**gratäng** gra-tehng

**gravlax** grafv-lax

**grevé** greh-veh

**grillad kyckling** grihl-ahd chewk-lihng

**grillspett** grihl-speht

**gryta** grew-ta

**grädde** greh-der

**gräddfil** grehd-feel

**gräslök** grairs-lurk

**grön böna** grur-na bur-na

**grön paprika** grurn pah-pree-ka

**grön vindruva** grurn veen-dreu-va

**grönsak** grurn-sahk

**grönsakssoppa** grurn-sahks-sohp-a

**grönsallad** grurn-sal-ad

**gröt** grurt

**gurka** geur-ka

**gås** goas

**gädda** yeh-da

**hallon** hal-ohn

gin

ice cream

gluten free

mulled wine with port  
and spices, served hot

grapefruit

au gratin

casserole

marinated salmon

semi-hard cheese

grilled chicken

skewer

pot roast, stew or  
casserole

cream

sour cream

chive

green bean

green pepper

green grape

vegetable

vegetable soup

green salad

(hot) cereal

cucumber

goose

sea perch

raspberry

**halstrad fisk** hal•strahd fihsk

**halstrad forell med färskpotatis** hal•strad  
foa•rehl med fairsk•poa•tah•tihs

**hamburgare** ham•beur•ya•rer

**hare** hah•rer

**haricots verts** ar•ee•koh•vair

**hasselbackspotatis** ha•sehl•baks•poa•tah•tihs

**hasselnöt** ha•sehl•nurt

**havre** hafv•rer

**havregryn** hafv•reh•greun

**havsabborre** hafs•a•boh•rer

**hemlagad** hehm•lah•gad

**herrgårdsakvavit** hair•goards•a•kva•veet

**herrgårdsost** hehr•goards•oast

**hett** heht

**hjort** yohrt

**hjortron** yoahr•tron

**hjortron sylt** yoar•trohn•sewlt

**honung** hoa•neung

**hovmästarsås** hoav•mehs•tar•soas

**hummer** huum•ehr

**husets specialitet** heu•sehts  
speh•sih•al•ee•teet

**husets vin** heu•sehts veen

**huvudrätt** heu•vuhd•rait

grilled fish

grilled trout with new  
potatoes

hamburger

rabbit

string beans

oven-baked potato,  
coated in bread  
crumbs

hazelnut

oats

oatmeal

sea bass

homemade

aquavit flavored with  
caraway seeds and  
whisky

semi-hard cheese  
with a nutty flavor

hot (temperature)

deer

cloudberry

cloudberry jam

honey

dill sauce

lobster

specialty of the house

house wine

main course

**hårdkockt ägg** hoard-kohkt ehg

**hårt bröd** hoart brurd

**hällefundra** heh·leh·fleun·dra

**ingefära** ih·ng·eh·fai·ra

**inlagd i ättika (vinäger)** ihn·lahgd ee  
eh·tih·ka

**inlagd sill** ihn·lahgd sil

**is** ees

**isterband** ihs·tehr·band

**Janssons frestelse** yahn·sons frehs·tehl·ser

**jordgubbar med grädde** yoard·guh·b·ar  
meed greh·deh

**jordgubbe** yoard·guh·ber

**jordnöt** yoard·nurt

**juice** yoas

**julbord** yeul·board

**kaffe** ka·fer

**kaka** kah·ka

**kalkon** kal·koan

**kall soppa** kal sohp·a

**kallskuret** kal·skeu·reht

**kalops** ka·lohps

**kalvbräss** kalv·breh

hard-boiled egg

crispbread

halibut

ginger

marinated in vinegar

marinated (pickled)  
herring

ice

sausage of pork,  
barley and beef

casserole with  
potatoes and  
anchovies

strawberries and  
cream

strawberry

peanut

juice

buffet of hot and cold  
Swedish specialties  
served at Christmas  
time

coffee

cake

turkey

cold soup

cold cuts

beef stew

sweetbread

**kalvkött** kalv•churt

**kalvsylta** kalv•sewl•ta

**kammussla** kam•muhs•la

**kanderad frukt** kan•deeh•rahd fruhkt

**kanel** ka•neel

**kantarell** kan•ta•rehl

**kapris** ka•prees

**karaff** ka•raff

**karameller** ka•ra•mehl•ehr

**karré** ka•reh

**katrinplommon** ka•treen•ploa•mohn

**kex** kehx

**kikärtä** cheek•air•ta

**kiwifrukt** kee•vee•fruhkt

**klimp** klihmp

**kokosnöt** koa•kos•nurt

**kokt katrinplommon** koakt  
ka•treen•ploa•mohn

**kokt potatis** koakt poa•tah•tihs

**kokt skinka** koakt shihng•ka

**kokt ägg** koakt ehg

**kolja** kohl•ya

**kolsyrad** koal•sew•rad

**kompott** kom•poht

**konserverad frukt** kon•ser•vee•rad fruhkt

**korv** kohrv

**kotlett** koht•lehtt

**krabba** kra•ba

veal

cold veal in jelly

scallop

candied fruit

cinnamon

chanterelle mushroom

caper

carafe

candy [sweets]

tenderloin

prune

cookie [biscuit]

chickpea

kiwi

dumpling

coconut

stewed prune

boiled potato

boiled ham

boiled egg

haddock

carbonated

stewed fruit

canned fruit

sausage

cutlet

crab

<b>kronärtskocka</b> <u>kroan</u> ·airts·koh·ka	artichoke
<b>kroppkaka</b> <u>kropp</u> ·kah·ka	potato dumpling, filled with bacon and onions
<b>krusbär</b> <u>kreus</u> ·bair	gooseberry
<b>krydda</b> <u>krew</u> ·da	spice
<b>kryddad</b> <u>krew</u> ·dad	spicy
<b>kryddad pepparsås</b> <u>krew</u> ·dahd <u>peh</u> ·par·soas	hot pepper sauce
<b>kryddost</b> <u>krewd</u> ·oast	sharp, strong cheese with caraway seeds
<b>kryddpeppar</b> <u>krewd</u> ·peh·par	allspice
<b>kryddstarkt</b> <u>krewd</u> ·starkt	spicy
<b>kräfta</b> <u>krehf</u> ·ta	crayfish
<b>kummel</b> <u>keu</u> · <u>mel</u>	hake
<b>kummin</b> <u>keu</u> · <u>meen</u>	caraway
<b>kvark</b> kvark	fresh curd cheese
<b>kyckling</b> <u>chewk</u> ·lihng	chicken
<b>kycklingbröst</b> <u>chewk</u> ·lihng·brurst	chicken breast
<b>kycklinglever</b> <u>chewk</u> ·lihng· <u>lee</u> ·vehr	chicken liver
<b>kycklingsoppa</b> <u>chewk</u> ·lihng·sohp·a	chicken soup
<b>kyld dryck</b> <u>chewl</u> drewk	cold drink
<b>kylt</b> <u>chewlt</u>	chilled (wine, etc.)
<b>kål</b> koal	cabbage
<b>kåldolmar</b> <u>koal</u> ·dohl·mar	cabbage leaves stuffed with chopped [minced] meat and rice
<b>kålrot</b> <u>koal</u> ·roht	turnip
<b>källkrasse</b> <u>chehl</u> ·kra·se	watercress
<b>körsbär</b> <u>churs</u> ·bair	cherry

<b>körvel</b> <u>chur</u> ·vehl	chervil
<b>kött</b> churt	meat
<b>kött och grönsakssoppa</b> <u>churt</u> ·oa·gr <u>urn</u> ·sahk·sohp·a	meat and vegetable soup
<b>köttbulle</b> <u>churt</u> ·buh·ler	meatball
<b>köttfärs</b> <u>churt</u> ·fairs	chopped [minced] beef
<b>köttsoppa</b> <u>churt</u> ·sohp·a	beef and vegetable soup with dumplings
<b>köttsås</b> <u>churt</u> ·soas	meat sauce
<b>lagerblad</b> <u>lah</u> ·gehr·blahd	bay leaf
<b>lageröl</b> <u>lah</u> ·ger·uri	lager
<b>lamm</b> lamm	lamb
<b>lammgryta</b> <u>lamm</u> ·grew·ta	lamb stew
<b>landgång</b> <u>land</u> ·goang	long open-faced sandwich
<b>lax</b> lax	salmon
<b>lever</b> <u>lee</u> ·vehr	liver
<b>leverpastej</b> <u>lee</u> ·vehr pa· <u>stay</u>	liver pâté
<b>lingon</b> lihng·ohn	lingonberry
<b>lingonsylt</b> <u>lihng</u> ·ohn·sewlt	lingonberry jam
<b>lins</b> lihns	lentil
<b>likör</b> lih· <u>kurr</u>	liqueur
<b>lägg</b> lehg	shank (top of leg)
<b>läsk</b> lehsk	soft drink
<b>lättöl</b> <u>leht</u> ·ur	light beer
<b>löjrom</b> <u>lury</u> ·rohrm	bleak roe with chopped, raw onions and sour cream; served on toast

**lök** lurk

**löksoppa** lurk•sohp•a

**lövbiff** lurv•bihf

**majonnäs** may•oha•nairs

**majs** mays

**makrill** mahk•rihl

**mandarin** man•da•reen

**mandel** man•dehl

**mandeltårta** man•dehl•toar•ta

**marmelad** mahr•meh•lahd

**marsipan** mahr•sih•pahn

**marulk** mahr•eulk

**maräng** mah•rehng

**marängsviss** mah•rehng•svihs

**matjesill** ma•shcheh•sihl

**med citron** meed see•troan

**med florsocker** meed floar•soh•ker

**med grädde** meed greh•der

**med is** meed ees

**med kolsyra** meed koal•sew•ra

**med mjölk** meed myurk

**med socker** meed soh•kehr

**med tonic** meed toh•nihk

**med vatten** meed va•tehrn

**med vitlök** meed veet•lurk

onion

onion soup

fried, thinly sliced  
beef, with onions

mayonnaise

sweet corn

mackerel

tangerine/mandarin  
orange

almond

almond tart

marmalade

marzipan

monkfish

meringue

meringue served with  
cream and chocolate  
sauce

marinated herring  
with lemon

with icing

with cream

with ice

carbonated (drink)

with milk

with sugar

with tonic water

with water

with garlic



**medaljong** meh·dal·yong

**medium** meh·dee·yuhm

**mellanmål** meh·lan·moal

**(vatten)melon** (va·tehrn)meh·loan

**meny** meh·neu

**mesost** mees·oast

**middag** mih·dahg

**milkshake** milk·shake

**mineralvatten** mih·neh·rahl·va·tehrn

**mjuk pepparkaka** myeuk peh·par·kah·ka

**mjukost** myeuk·oast

**mjöl** myurl

**mjölk** myurk

**mogen** moa·gehn

**morot** moa·roht

**mousserande** moa·see·ran·der

**muffin** muh·fihn

**mulbär** muhl·bair

**multe** muhl·ter

**munk** muhmk

**muskot** muhs·koht

**müsli** mews·lee

**mussla** muhs·la

**mustigt** muhs·tihkt

**mycket kryddad** mew·keht krew·dad

**mycket torrt** mew·keht tohrt

**mynta** mewn·ta

small fillet of cut meat

medium

snack

(water)melon

menu

soft, sweet whey  
cheese

dinner

milk shake

mineral water

soft ginger cake

soft cheese

flour

milk

ripe

carrot

sparkling (wine)

muffin

mulberry

mullet

donut

nutmeg

granola [muesli]

mussel

full-bodied (wine)

highly seasoned

very dry (wine, etc.)

mint (herb)

**mäktig** mehk·tihg

**mördegstårta** muhr·deegs·toar·ta

**mört** murtt

**nejlika** nay·lih·ka

**nektarin** nehk·ta·reen

**njure** nyeu·rer

**nudel** neu·dehl

**nyponsoppa** new·pohn·sohp·a

**nötkött** nurt·churt

**odlade champinjon** oad·lah·der  
sham·peen·yoan

**ojäst bröd** oa·yairst brurd

**oliv** o·leev

**olja och vinäger** oal·ya ohk vee·nai·gehr

**omelett** om·eh·leht

**ost** oast

**ostbricka** oast·brih·ka

**ostkaka** oast·kah·ka

**ostkex** oast·kehx

**ostron** oa·strohn

**oxkött** oax·churt

**oxrullad** oax·reu·lahd

**oxsvans** oax·svans

**oxsvanssoppa** oax·svans·sohp·a

**paj** pay

**palsternacka** pal·stehr·na·ka

**pannbiff** pan·bihf

rich (sauce)

tart (sweet or savory)

roach (type of fish)

clove

nectarine

kidney

noodle

rose-hip soup

red meat

cultivated mushroom

unleavened bread

olive

oil and vinegar

omelet

cheese

cheese plate

curd cake served with  
jam

cheese cracker

oyster

ox

braised roll of beef

oxtail

oxtail soup

pie

parsnip

beef patty

<b>pannkaka</b>	pan·kah·ka	pancake
<b>paprika</b>	pah·prih·ka	pepper (fresh)
<b>pasta</b>	pas·ta	pasta
<b>pastarätt</b>	pas·ta·rait	pasta dish
<b>pastej</b>	pa·stay	pâté
<b>peppar</b>	peh·par	pepper (condiment)
<b>pepparkaka</b>	peh·par·kah·ka	ginger cookie
<b>pepparrotssås</b>	peh·pa·roat·soas	horseradish sauce
<b>persika</b>	pair·shih·ka	peach
<b>persilja</b>	pair·shihl·ya	parsley
<b>piggyvar</b>	pihg·vahr	turbot
<b>pitabröd</b>	pee·ta·brurd	pita bread
<b>plommon</b>	ploa·mohn	plum
<b>plättar</b>	pleh·tar	small pancakes served with jam and whipped cream
<b>pomegranat äpple</b>	pom·eh·gra·naht·ehp·leh	pomegranate
<b>pommes frites</b>	pohm·friht	French fries
<b>portion</b>	pohrt·shoan	portion
<b>portvin</b>	pohrt·veen	port
<b>potatis</b>	poa·tah·tihs	potato
<b>potatismos</b>	poa·tah·tihs·moas	mashed potatoes
<b>potatissoppa</b>	poa·tah·tihs·sohp·a	potato soup
<b>prinsesstårta</b>	prihn·sehs·toar·ta	sponge cake with (vanilla) custard, whipped cream and jam, covered in light green marzipan
<b>prinskorv</b>	prihns·kohrv	small pork sausage

**prästost** prehst•oast

**pumpa** puhm•pa

**punsch** peunsh

**purjolök** peur•yoh•lurk

**pytt i panna** pewt•ee•pa•na

**på beställning** poa beh•stehl•nihng

**pärlande** pair•lan•der

**pärlihöns** pairl•hurns

**päron** pai•rohn

**rabarber** rah•bar•behr

**ragu** ra•gue

**rapphöna** rap•hurna

**ren** reen

**renat** ree•nat

**renstek** reen•steek

**revbensspjäll** reev•beens•spehl

**riktigt blodig** rihk•tihgt bloa•dihg

**rimmad lax** rih•mad lax

**ris** rees

**rocka** roh•ka

**rom** rohm

**rosé** roh•seh

**rosmarin** roas•ma•reen

**rostat bröd** rohs•tat brurd

**rostbiff** rohst•bihf

**rova** roa•va

hard cheese with a strong, rich flavor

pumpkin

sweet liqueur

leek

chunks of fried meat, onion and potatoes

made on request

sparkling

guinea fowl

pear

rhubarb

beef stew

partridge

reindeer

flavorless, clear spirit (aquavit)

roast reindeer

spareribs

very rare

lightly salted salmon

rice

ray (type of fish)

rum

blush (wine)

rosemary

toast

roast beef

turnip

**rumpstek** ruhmp-steek

**russin** ruh-sihn

**rå** roa

**rådjur** roa-yeur

**rådjursstek** roa-yeur-steek

**rågbröd** roag-brurd

**rädisa** raid-dih-sa

**räkor** rair-kohr

**rätt** reht

**röd paprika** rurd pah-pree-ka

**röd vinbär** rurd veen-bair

**rödbeta** rurd-bee-ta

**röding** rur-dihng

**rödkål** rurd-koal

**rödspätta** rurd-speh-ta

**rökt fisk** rurkt fisk

**rökt lax** rurkt lax

**rökt renstek** rurkt reen-steek

**rökt skinka** rurkt shihng-ka

**rökt ål** rurkt oal

**rörd soppa** hurrd sohp-a

**rött** rurt

**sadel** sah-dehl

**saffransbullar** sa-frans-buh-lar

**saft** saft

**salamikorv** sa-lah-mee-kohrv

**sallad** sal-ad

rump steak

raisin

raw

venison

roast of venison

rye bread

radish

shrimp [prawns]

dish

sweet red pepper

red currant

beet

char

red cabbage

plaice

smoked fish

smoked salmon

smoked reindeer

smoked ham

smoked eel

cream soup

red (wine)

saddle (cut of meat)

Christmas saffron  
buns

squash (fruit cordial)

salami

salad

**salladshuvud** sal·ads·heu·vuhd

**salt** salt

**saltade jordnötter** sal·ta·der yoard·nur·ter

**saltgurka** salt·geur·ka

**salvia** sal·vee·a

**sardin** sar·deen

**schalottenlök** sha·loh·tehn·lurk

**schnitzel** shniht·sehl

**selleri** seh·leh·ree

**senap** see·nap

**sherry** sheh·ree

**sill** sihl

**sillbricka** sihl·brih·ka

**sillsallad** sihl·sal·ad

**sirap** seh·rap

**sjömansbiff** shur·mans·bihf

**sjötunga** sjur·teung·a

**skaldjur** skahl·yeur

**skaldjurssallad** skahl·yeurs·sal·ad

**skarpsill** skarp·sihl

**skinka** skihng·ka

**skogssvamp** skoags·svamp

**sky** shewy

**skåne** skoa·ner

head of lettuce

salt

salted peanuts

salted, pickled gherkin

sage

sardine

shallot

escalope

celery

mustard

sherry

herring

variety of marinated  
herring

beet and herring salad

syrup

casserole of fried beef,  
onions and potatoes,  
braised in beer

sole

shellfish

shellfish salad

herring

ham

field mushroom

gravy

type of aquavit  
flavored with aniseed  
and caraway

**smultron** smeul·trohn

**småbröd** smoa·brurd

**småkaka** smoa·kah·ka

**smårätt** smoa·rairt

**småsill** smoa·sihl

**smör** smur

**smördeg** smur·deeg

**smörgås** smur·goas

**snigel** sneeg·ehl

**socker** soh·kehr

**sockerdricka** soh·kehr·drih·ka

**sockerkaka** soh·kehr·kah·ka

**sockerärta** soh·kehr·air·ta

**sodavatten** soa·da·va·tehrn

**soppa** sohp·a

**S.O.S. (smör, ost och sill)** ehs oa ehs  
(smur oast ohk sihl)

**sparris** spar·ihs

**sparrissoppa** spa·rihs·sohp·a

**specialitet för landsdelen**

speh·sih·ahl·ih·teet furr lands·deel·ehn

**spenat** speh·naht

**spenatsoppa** speh·naht·sohp·a

**sprit** spreet

**spädgris** spaird·grees

wild strawberry

roll

cookie [biscuit]

snack

herring

butter

pastry

Swedish open-faced  
sandwich

snail

sugar

lemonade

sponge cake

sugar snap pea  
[mangetout]

soda water

soup

small plate of  
marinated herring,  
bread, butter and  
cheese

asparagus

asparagus soup

local specialty

spinach

spinach soup

spirits

unweaned piglet

**squash** skoawsh

**stark** stark

**starkt kryddad** starkt krew-dad

**stek** steek

**stekst fisk** steekt fisk

**stekst kyckling** steekt chewk-lihng

**stekst potatis** steekt poa-tah-tihs

**stekst ägg** steekt ehg

**strömming** strurm-ihng

**strömmingsflundra**

strurm-ihngs-fleun-dra

**stuvad abborre** steu-vad a-bohr-er

**sufflé** suh-fleh

**sultana** suhl-tahn-a

**sur** seur

**svamp** svamp

**svart vinbär** svart veen-bair

**svecia** sveh-see-a

**svensk punsch** sven-sk peunsh

**sylt** sewlt

**sås** soas

**sötningsmedel** surt-nihngs-mee-dehl

**sötpotatis** surt-poa-tah-tihs

squash (vegetable)

strong (flavor)

hot (spicy)

roast

fried fish

fried chicken (not breaded)

sautéed potato

fried egg

sprats (small Baltic herring)

Baltic herring, filleted and sandwiched in pairs, fried, with dill and butter filling

perch poached with onion, parsley and lemon

soufflé

sultana raisin

sour

mushroom

black currant

semi-hard cheese

Swedish punch (sweet liqueur)

jam

sauce

artificial sweetener

sweet potato



**sötsur sås** surt-seur soas

**sött** suht

**T-benstek** tee-been-steek

**thé** tee

**timjan** tihm-yan

**toast skagen** toast skah-gehn

**tomat** toa-maht

**tomater och lök** toa-mah-ter ohk lurk

**tomatjuice** toa-maht-yoas

**tomatsoppa** toa-maht-soh-pa

**tomatsås** toa-maht-soas

**tonfisk** toan-fihs

**tonic** toh-nihk

**torkade dadel** tohr-ka-der dah-dehl

**torkade fikon** tohr-ka-der fee-kohn

**torrt** tohrt

**torsk** torshk

**tunga** tuhng-a

**tunn sås** tuhnn soas

**tunnbröd** tuhnn-brurd

**tårta** toarta

**ugnsbakad fisk** eungns-bah-kad fihs

**ugnsstekt kyckling** eungn-steekt  
chewk-lihng

sweet-and-sour sauce

sweet

T-bone steak

tea

thyme

toast with chopped  
shrimp in mayonnaise,  
topped with bleak roe

tomato

tomato and onion  
salad

tomato juice

tomato soup

tomato sauce

tuna

tonic water

dried date

dried fig

dry

cod

tongue (cow)

light (sauce)

Swedish flat bread,  
can be soft or crispy  
sponge-based fruit or  
cream cake

oven-baked fish

roast chicken

<b>ugnsstek</b>	<b>potatis</b>	<u>eun</u> gn•steekt poa• <u>ta</u> h•tihs	roast potato
<b>utan</b>	<b>koffein</b>	eu•tan ko• <u>fe</u> en	decaffeinated
<b>vaktel</b>		<u>va</u> k•tehl	quail
<b>valfria</b>	<b>tillbehör</b>	<u>va</u> hl•free•a <u>ti</u> hl•beh• <u>hur</u> r	choice of side dishes
<b>valnöt</b>		<u>va</u> hl•nurt	walnut
<b>vanilj</b>		va•ni <u>h</u> ly	vanilla
<b>vaniljsås</b>		va•ni <u>h</u> ly•soas	vanilla sauce, often like custard
<b>varmchoklad</b>		varm shoa• <u>kla</u> hd	hot chocolate
<b>varmkorv</b>		varm kohrv	hot dog
<b>varmrätt</b>		<u>var</u> m•rairt	warm meal, usually main course
<b>varmt</b>		varmt	hot
<b>vatten</b>		<u>va</u> •tehrn	water
<b>vattenkrasse</b>		<u>va</u> •tehrn• <u>kra</u> •ser	watercress
<b>vaxböna</b>		<u>va</u> x•bur•na	butter bean
<b>vegetarisk meny</b>		vehg•eh• <u>ta</u> h•risk meh• <u>neu</u>	vegetarian menu
<b>vermouth</b>		<u>ve</u> hr•meutt	vermouth
<b>vetemjöl</b>		<u>vee</u> •teh•mjurl	wheat flour (regular)
<b>whisky</b>		<u>vi</u> hs•kee	whisky
<b>wienerbröd</b>		<u>vee</u> •nehr•brurd	Danish pastry
<b>wienerschnitzel</b>		<u>vee</u> •nehr•shniht•sehl	breaded veal cutlet
<b>vild champinjon</b>		<u>vi</u> hl•da sham•pihn• <u>yo</u> an	wild mushroom
<b>vildand</b>		<u>vi</u> hld•and	wild duck
<b>vilt</b>		vihlt	game
<b>viltpastej</b>		<u>vi</u> hlt•pa• <u>stay</u>	game pâté
<b>vin</b>		veen	wine
<b>vinaigrettesås</b>		vi <h>h•neh•<u>gre</u>ht•soas</h>	vinaigrette [French dressing]

**vinbär** veen·bair

**vindruva** veen·dreu·va

**vinlista** veen·lihs·ta

**vispgrädde** visp·greh·der

**vit sås** veet soas

**vitkål** veet·koal

**vitkålssallad** veet·koal·sal·ad

**vitling** veet·lihng

**vitlök** veet·lurk

**vitlöksmajonnäs** veet·lurks·may·oa·nairs

**vitlökssås** veet·lurk·soas

**vitt** viht

**vitt bröd** viht brurd

**vodka** vod·ka

**vol au vent** vohl·oa·vahnt

**våffla (med sylt och grädde)** vohf·la meed  
sewlt ohk greh·der

**vårlök** voar lurk

**västerbotten** vehs·tehr·boh·tehn

**västkustsallad** vehst·kuhst·sal·ad

**yoghurt** yoa·geurt

**zucchini** seu·kee·nee

**ål** oal

**ångkott fisk** oang·koakt fisk

currant

grape

wine list

whipped cream

white sauce

white cabbage

coleslaw

whiting

garlic

garlic mayonnaise

garlic sauce

white (wine)

white bread

vodka

vol-au-vent (pastry  
filled with meat or  
fish)

waffle (with jam and  
whipped cream)

shallot [spring onion]

strong, tangy, hard  
cheese

west coast salad,  
with shrimp [prawns]  
and mussels

yogurt

zucchini [courgette]

eel

steamed fish

**ädelost** air·dehl·oast

**ägg** ehg

**äggplanta** ehg·plan·ta

**äggula** ehg·geu·la

**ägggröra** ehg·rur·ra

**äggvita** ehg·vee·ta

**älg** ehly

**älgfilé** ehly·fi·h·leh

**älgstek** ehly·steek

**älgstek med svampsås** ehly·steek meed  
svamp·soas

**äppelkaka** eh·pehl·kah·ka

**äppelpaj** eh·ehl·pay

**äppelring** eh·ehl·rihg

**äpple** eh·leh

**ärta** air·ta

**ärtsoppa** airt·sohp·a

**ättiksgurka** eh·tihks·geur·ka

**öl** url

**öl på flaska** url poa fla·ska

blue cheese

egg

eggplant [aubergine]

egg yolk

scrambled egg

egg white

moose

fillet of moose

moose roast

roast moose with  
mushroom sauce

apple cake

apple tart

apple fritter

apple

pea

green or yellow pea  
soup

sweet, pickled  
gherkins

beer

bottled beer



## ► **People**

► **Talking**

**120**

► **Romance**

**125**

## Essential

Hello!

How are you?

Fine, thanks.

And you?

Excuse me!

Do you speak  
English?

What's your name?

My name is...

Nice to meet you.

Where are you from?

I'm from the  
*U.S./U.K.*

What do you do?

I work for...

I'm a student.

I'm retired.

Do you like...?

Goodbye.

See you later.

**Hej!** hay

**Hur står det till?** heur stoar dee tihl

**Bra, tack. Och du?** brah tak ohk deu

**Ursäkta!** eur·shehk·ta

**Talar du engelska?** tah·lar deu ehng·ehl·ska

**Vad heter du?** vahd hee·tehr deu

**Jag heter...** yahg hee·tehr...

**Trevligt att träffas.** treev·lihgt at trehf·as

**Var kommer du ifrån?** vahr ko·mehr deu  
ee·froan

**Jag kommer från USA/Storbritannien.**  
yahg koh·mehr froan eu ehs ah/  
stoar·bree·tan·yehn

**Vad sysslar du med?** vahd sews·lar deu  
meed

**Jag jobbar på...** yahg yohb·ar poa...

**Jag är student.** yahg air stuh·dent

**Jag är pensionär.** yahg air pang·shoa·nair

**Tycker du om...?** tew·kehr deu ohm...

**Hej då.** hay·doa

**Vi ses.** vee sees

## Communication Difficulties

Do you speak English?	<b>Talar du engelska?</b> <u>tah</u> -lar deu <u>ehng</u> -ehl-ska
Does anyone here speak English?	<b>Talar någon engelska här?</b> <u>tah</u> -lar <u>noa</u> -gohn <u>ehng</u> -ehl-ska hair
I don't speak Swedish.	<b>Jag talar inte svenska.</b> yahg <u>tah</u> -lar <u>ihn</u> -ter <u>svehn</u> -ska
Could you speak more slowly?	<b>Kan du tala lite långsammare?</b> kan deu <u>tah</u> -la <u>lee</u> -ter <u>loang</u> -sam-a- <u>rer</u>
Could you repeat that?	<b>Kan du upprepa det?</b> kan deu <u>uhp</u> -ree-pah dee
Excuse me?	<b>Ursäkta?</b> <u>eur</u> -shehk-ta
What was that?	<b>Vad var det?</b> vahd vahr dee
Write it down, please.	<b>Skriv ner det, tack.</b> skreev neer dee tak
Can you translate this for me?	<b>Kan du översätta det här?</b> kan deu <u>ur</u> -ver-seh-ta deet hair
What does <i>this/that</i> mean?	<b>Vad betyder det här/där?</b> vad beh- <u>tew</u> -der dee hair/dair
I understand.	<b>Jag förstår.</b> yahg furr- <u>stoar</u>
I don't understand.	<b>Jag förstår inte.</b> yahg furr- <u>stoar</u> <u>ihn</u> -ter
Do you understand?	<b>Förstår du?</b> furr- <u>stoar</u> deu

## You May Hear...

**Jag talar bara lite engelska.** yahg tah-lar bah-ra lee-ter ehng-ehl-ska

I speak only a little English.

**Jag talar inte engelska.** yahg tah-lar in-ter ehng-ehl-ska

I don't speak English.

## Making Friends

Hello. **Hej.** hay

Good morning. **God morgon.** goad mor-on



Good afternoon.

**God middag.** goad mi·dahg

Good evening.

**God afton.** goad af·tohn

My name is...

**Jag heter...** yahg hee·tehr...

What's your name?

**Vad heter du?** vahd hee·tehr deu

I'd like to introduce  
you to...

**Får jag presentera...** foar yahg  
preh·sehn·tee·ra...

Pleased to meet you.

**Trevligt att träffas.** treev·lihgt at treh·fas

How are you?

**Hur står det till?** heur stoar dee tihl

Fine, thanks.

**Bra, tack.** brah tak

And you?

**Och du?** ohk deu

**i**

Swedes shake hands when greeting someone and when saying goodbye; this holds for meeting new people but is also often the case with colleagues or acquaintances. When you meet someone for the first time, shake hands and give your name. As in many countries, titles are more commonly used by the older generation, but you will sometimes hear **herr** (Mr.), **fru** (Mrs.) and **fröken** (Miss) used, as well as professional titles, e.g., **doktor** (doctor), **ingenjör** (engineer), etc.





## Travel Talk

I'm here...

**Jag är här...** yahg air hair...

– on business

– **på affärsresa** poa a-fairs-ree-sa

– on vacation [holiday]

– **på semester** poa seh-mehs-tehr

– studying

– **för studier** furr steu-de-ehr

I'm staying for...

**Jag ska stanna i...** yahg skah sta-na ee...

I've been here...

**Jag har varit här i...** yahg hahr vah-riht hair ee...

– a day

– **en dag** ehn dahg

– a week

– **en vecka** ehn veh-ka

– a month

– **en månad** ehn moa-nad

► For numbers, see page 184.

Where are you from?

**Var kommer du ifrån?** vahr koh-mehr deu ee-froan

I'm from...

**Jag kommer från...** yahg koh-mehr froan...

## Relationships

Who are you here with?

**Vem är du här med?** vehm air deu hair meed

I'm on my own.

**Jag är ensam.** yahg air ehn-sam

I'm with...

**Jag är här med...** yahg air hair meed...

– my husband/wife

– **min man/fru** mihn man/freu

– my boyfriend/  
girlfriend

– **min pojkvän/flickvän** mihn poyk-vehn/  
flihk-vehn

– a friend/friends

– **en vän/vänner** ehn vehn/venhn-ehr

– a colleague/  
colleagues

– **en kollega/kolleger** ehn koh-lee-ga/  
koh-lee-goahr

When's your birthday? **När fyller du år?** nair fewl-ehr deu oar  
How old are you? **Hur gammal är du?** heur gah-mal air deu  
► For numbers, see page 184.

I'm... **Jag är...** yahg air...  
– single – **ogift** oa-yift  
– in a relationship – **i ett förhållande** ee eht furr-hoal-an-der  
– married – **gift** yihft  
– divorced – **skild** shihld  
– separated – **separerad** seh-pa-ree-rad  
I'm a widow/widower. **Jag är änka/änkling.** yahg air ehng-ka/  
ehngk-lihng  
Do you have children/grandchildren? **Har du barn/barnbarn?** hahr deu bahrn/  
bahrn-bahrn

## Work and School

---

What do you do? **Vad sysslar du med?** vahd sews-lar deu meed  
What are you studying? **Vad läser du?** vahd lai-sehr deu  
I'm studying... **Jag läser...** yahg lai-sehr...  
Who do you work for? **Vilken firma jobbar du på?** vihl-kehn fih-ma  
yohb-ar deu poa  
I work for... **Jag jobbar på...** yahg yohb-ar poa...  
Here's my business card. **Här är mitt kort.** hair air miht koahrt

► For business travel, see page 160.

## Weather

What's the weather  
forecast for tomorrow?

**Vad är väderleksrapporten för imorgon?**

vahd air vair-dehr•leeks-ra-pohr•tehn furr  
ee-mo•ron

What *beautiful/terrible*  
weather!

**Vilket vackert/förskräckligt väder!** vihl-keht

va-kert/furr-skrehk-ligt vair-dehr

It's...

**Det är...** dee air...

– cool/warm

– **svalt/varmt** svahl/varmt

– rainy/sunny

– **regnigt/soligt** rehng-nihkt/soal-ikt

– snowy/icy

– **snöigt/halt** snur-ikt/hahlt

Do I need a *jacket/an*  
*umbrella*?

**Behöver jag en jacka/ett paraply?**

beh-hur-ver yahg ehn yah-ka/eht pa-ra-plew

► For temperature, see page 190.

## Romance

### Essential

Would you like  
to go out for  
a *drink/dinner*?

**Har du lust att ta en drink/gå ut och äta?**

hahr deu luhst at *tah ehn drihnh/goa eut ohk*  
*air-ta*

What are your plans  
for *tonight/tomorrow*?

**Vad har du för planer för ikväll/**

**imorgon?** vahd hahr deu furr plah-nehr furr  
ee-kvehl/ee-mo•ron

Can I have your  
number?

**Kan jag få ditt telefonnummer?** kan yahg

foa diht teh-leh-foan-nuhm-ehr

May I join you?

**Får jag göra dig sällskap?** foar yahg yurra

dihg sehl-skahp

Can I buy you a drink?

**Får jag bjuda på en drink?** foar yahg

byeu-da poa ehn drihnh

I like you.

**Jag gillar dig.** yahg yihl-ar day

I love you.

**Jag älskar dig.** yahg ehl-skar day



## Making Plans

Would you like to...?

– go out for coffee

– go for a drink

– go out for a meal

What are your plans for...?

– tonight

– tomorrow

– this weekend

Where would you like to go?

I'd like to go to...

Do you like...?

Can I have your number/e-mail?

**Har du lust att...?** hahr deu luhst at...

– **gå ut och ta en kopp kaffe** goa eut ohk tah ehn kohp ka-fer

– **ta en drink** tah ehn drihnk

– **gå ut och äta** goa eut ohk air-ta

**Vad har du för planer för...?** vahd hahr deu furr plah-nehr furr...

– **ikväll** ee-kvehl

– **imorgon** ee-mo-ron

– **den här helgen** dehn hair hehl-yehn

**Vart vill du gå?** vart vihl deu goa

**Jag skulle vilja gå till...** yahg sku-ler vihl-ya goa tihl...

**Tycker du om...?** tew-kehr deu ohm...

**Kan jag få ditt nummer/din e-post?**  
kan yahg foa diht nuhm-ehr/dihn ee-pohst

► For e-mail and phone, see page 49.

## Pick-up [Chat-up] Lines

Can I join you?	<b>Får jag följa med?</b> foar yahg <u>furl</u> •ya meed
You look great!	<b>Vad du ser vacker ut!</b> vahd deu seer <u>va</u> •kehr eut
Shall we go somewhere quieter?	<b>Ska vi gå till ett lugnare ställe?</b> skah vee goa tihl eht <u>luhng</u> •na•rer <u>stehl</u> •ler

## Accepting and Rejecting

Thank you. I'd love to.	<b>Tack, det vill jag gärna.</b> tak dee vihl yahg <u>yair</u> •na
Where should we meet?	<b>Var ska vi träffas?</b> vahr skah vee <u>tréh</u> •fas
I'll meet you at <i>the bar/your hotel</i> .	<b>Vi träffas i baren/på ditt hotell.</b> vee <u>tréh</u> •fas ee <u>bahr</u> •en/ <u>poa</u> diht hoh• <u>tehl</u>
I'll come by at...	<b>Jag kommer...</b> yahg <u>koh</u> •mehr...
Thank you, but I'm busy.	<b>Tack, men jag är upptagen.</b> tak men yahg air <u>uhp</u> •tah•gehn
I'm not interested.	<b>Jag är inte intresserad.</b> yahg air <u>in</u> •ter in•tréh• <u>see</u> •rad
Leave me alone, please!	<b>Kan du lämna mig ifred, tack!</b> kan deu <u>lehm</u> •na may ee• <u>freed</u> tak
Stop bothering me!	<b>Sluta störa mig!</b> <u>sluh</u> •ta <u>stur</u> •ra may

## Getting Physical

Can I <i>hug/kiss</i> you?	<b>Får jag krama/kysa dig?</b> foar yahg <u>krah</u> •ma/ <u>chews</u> •a day
Yes.	<b>Ja.</b> yah
No.	<b>Nej.</b> nay
Stop!	<b>Stopp!</b> stop

## Sexual Preferences

---

Are you gay?

**Är du gay?** air deu gay

I'm...

**Jag är...** yahg air...

– heterosexual

– **heterosexuell** heh·tehr·ro·sehk·shew·ehl

– homosexual

– **homosexuell** hoh·moa·sehk·shew·ehl

– bisexual

– **bisexuell** bee·sehk·shew·ehl

► For informal and formal “you,” see page 180.



## Fun

- ▶ *Sightseeing* 130
- ▶ *Shopping* 134
- ▶ *Sports and Leisure* 149
- ▶ *Culture and Nightlife* 156



# Sightseeing

## Essential

Where's the tourist information office?

What are the main points of interest?

Do you have tours in English?

Can I have a *map/guide*, please?

**Var ligger turistinformationen?** vahr lih-gehr teu-rihst-ihn-fohr-ma-shoan-ehn

**Vad finns det för sevärldheter?** vahd fihns dee furr see-vaird-hee-tehr

**Finns det några turer på engelska?** fihns dee noa-gra teu-rehr poa ehng-ehl-ska

**Kan jag få en karta/guide, tack?** kan yahg foa ehn kahr-ta/guid tak

## Tourist Information Office

Do you have any information on...?

Can you recommend...?

– a boat trip

– an excursion

– a sightseeing tour

**Har ni information om...?** hahr nee ihn-for-ma-shoan om...

**Kan ni rekommendera...?** kan nee reh-koh-mehn-dee-ra...

– **en båt** ehn boat-teur

– **en rundtur** ehn ruhnd-teur

– **en sightseeingtur** ehn sight-see-ihng-teur

i

There are tourist information offices in all large cities and towns. These are usually marked by a green sign with an **I**. For general information, Sweden's official tourism website is a good place to start. Here you can find information on accommodation, attractions and activities as well as cultural and historical information. Most cities have their own tourist boards and websites, where you can request brochures, maps and more prior to your arrival. Also look for **Stockholmskortet** (the Stockholm Card) if you will be spending several days in the city. For one fee, you have



access to museums, events and transportation throughout the city. You can choose whether you want the card for 24, 48 or 72 hours. The equivalent in Göteborg is **Göteborgs Passet**.

► For useful websites, see page 191.

## Tours

I'd like to go on the tour to...

**Jag vill följa med på turen till...** yahg vihl furl-ja meed poa teu-ren tihl...

Are there tours in English?

**Finns det någon tur på engelska?** fihns dee noa-gohn teu poa ehng-ehl-ska

What time do we leave/return?

**När åker vi/kommer vi tillbaka?** nair oak-er vee/koh-mehr vee tihl-bah-ka

We'd like to have a look at...

**Vi skulle vilja se...** vee skuh-ler vihl-ya see...

Can we stop here...?

**Kan vi stanna här...?** kan vee sta-na hair...

– to take photographs

– **för att ta foton** furr at foa-tohn

– to buy souvenirs

– **för att köpa souvenirer** furr at chur-pa seu-veh-nee-rehr

– to use the restroom [toilet]

– **för att gå på toaletten** furr at goa poa toa-ah-leh-tehn

Is there access for the disabled?

**Finns det tillgång för rörelsehindrade?** fihns dee tihl-goang furr rurr-ehl-ser-hihn-dra-der

► For ticketing, see page 21.

## Sights

Where is...?

**Var ligger...?** vahr lih-gehr...

– the battleground

– **slagfältet** slahg-fehl-teht

– the botanical garden

– **botaniska trädgården** boa-tan-ihs-ska traird-goar-dehn

Where is...?

- the castle
- the downtown area
- the fountain
- the library
- the market
- the museum
- the old town
- the palace
- the park
- the shopping area
- the town hall

**Var ligger...?** vahr lih-gehr...

- **slottet** sloht·eht
- **centrum** sehn·truhm
- **fontänen** fohn·tairn·ehn
- **biblioteket** bihb·lee·oa·teek·eht
- **torget** tohr·yeht
- **museet** muh·see·eht
- **gamla stan** gam·la stahn
- **slottet** sloht·eht
- **parken** park·ehn
- **Et affärscentrumet** eht  
a·ffairs·sehn·truhm·eht
- **stadshuset** stads·heus·eht



Can you show me on the map? **Kan du visa mig på kartan?** kan deu vee•sa  
may poa kahr•tan

► For directions, see page 35.

## Impressions

It's...

- beautiful
- boring
- interesting
- magnificent
- romantic
- terrible
- ugly

I (don't) like it.

**Det är...** det air...

- **vackert** va•kehrt
- **trist** triht
- **intressant** in•treh•sant
- **storslaget** stoar•slahg•eht
- **romantiskt** roh•man•tihtskt
- **hemskt** hehmskt
- **fult** feult

**Jag tycker (inte) om den/det.** yahg tew•kehr  
(in•ter) ohm dehn•dee

► For usage of **den** and **det**, see page 183.

## Religion

Where is...?

- the church
- the mosque
- the shrine
- the synagogue
- the temple

What time is *mass/*  
*the service*?

**Var är...?** vahr air...

- **kyrkan** chewr•kan
- **moskén** mos•kehrn
- **altaret** alt•a•reht
- **synagogan** sihn•a•gohg•an
- **templet** tehmp•leht

**Hur dags är mässan/gudstjänsten?** heur  
daks air mehs•an/geuds•tjain•stehn

# Shopping

## Essential

Where is the *market/ mall [shopping centre]*?

I'm just looking.

Can you help me?

I'm being helped.

How much does it cost?

*This/That* one, thanks.

That's all, thanks.

Where do I pay?

I'll pay *in cash/by credit card*.

A receipt, please.

**Var ligger torget/affärscentrumet?** vahr lih·gehr tohr·yeht/a·ffairs·sehn·truhm·eht

**Jag tittar bara.** yahg tih·tar bah·ra

**Kan du hjälpa mig?** kan deu yehlp·a may

**Jag får hjälp, tack.** yahg foar yehlp tak

**Hur mycket kostar det?** heur mew·ker kos·tar det

**Den här/där, tack.** dehn hair/dair tak

**Det var allt, tack.** dee vahr alt tak

**Var kan jag betala?** vahr kan yahg beh·tah·la

**Jag vill betala kontant/med kreditkort.** yahg vihl beh·tah·la kohn·tant/meed kreh·deet·koart

**Kvittot, tack.** kvih·tot tak



Although Sweden still has many small, specialty shops, **Köpcentrum** (malls) are becoming more and more common, especially in larger towns. Many chain and department stores, such as **Ahléns** and **Kappahl** and **Hennes & Mauritz**, have branches all over the country, all of which sell quality goods. In the well-established Stockholm department store **NK**, you can find almost anything, though it can be quite expensive. Designer goods can be found at **DesignTorget** in Stockholm. For traditional handicrafts look for signs with **hemslöjd** (handicraft); in Stockholm, these can be found at **Svensk Hemslöjd** and **Svenskt Hantverk** (traditional handicraft stores). Many towns have colorful markets, where you can

buy anything from fresh fruit and vegetables to flowers and handicrafts. **Julmarknaden** (Christmas market) in Stockholm in the Old Town and **Skansen** (outdoor park and museum), are historic shopping areas.

## Stores

Where is...?

**Var finns...?** vahr fihns...

- the antiques store      – **antikaffären** an-teek-a-ffair-ehn
- the bakery              – **bageriet** bahg-eh-ree-eht
- the bookstore          – **bokhandeln** boak-han-dehln
- the clothing store      – **klädaffären** klaird-a-ffair-ehn
- the delicatessen        – **delikatessaffären** dehl-eh-ka-tehs-a-fair-ehn
- the department store – **varuhuset** vahr-eu-heus-eht
- the health food store – **hälsokostaffären** hehl-soa-kost-a-fair-ehn
- the jeweler             – **juveleraren** yeu-veh-lee-rar-ehn
- the liquor store  
[off-licence]              – **systembolaget** sews-teem-boa-lahg-eht
- the market             – **torget** tohr-yeht
- the pastry shop        – **konditoriet** kohn-deh-toh-ree-eht
- the pharmacy  
[chemist]                – **apoteket** a-poa-tee-keht
- the produce  
[grocery] store        – **livsmedelsaffären** lihvs-mee-dehls-a-fair-ehn
- the shoe store         – **skoaffären** skoa-a-fair-ehn
- the shopping mall  
[shopping centre]      – **affärscentrumet** a-ffairs-sehn-truhm-eht
- the souvenir store    – **souvenirbutiken** seu-veh-neer-buh-tee-kehn
- the supermarket      – **snabbköpet** snab-chur-peht



Where is...?

- the tobacconist
- the toy store

**Var finns...?** vahr fihns...

- **tobaksaffären** toa·baks·a·ffair·ehn
- **leksakeraffären** leek·sahks·a·fair·ehn

## Services

Can you  
recommend...?

- a barber
- a dry cleaner
- a hairdresser
- a laundromat  
[laundrette]
- a nail salon
- a spa
- a travel agency

**Kan du rekommendera...?** kan deu  
reh·koh·mehn·dee·ra...

- **en herrfrisör** ehn hair·fri·surr
- **en kemptvätt** ehn shehm·tveht
- **en damfrisör** ehn dahm·free·surr
- **en snabbtvätt** ehn snab·tveht
- **en nagelvårdssalong** ehn  
nah·gehl·voards·sa·loang
- **ett spa** eht spah
- **en resebyrå** ehn ree·seh·bew·roa

Can you...this?

- alter
- clean
- mend
- press

**Kan ni...den här?** kan nee...dehn hair

- **ändra på** ehn•dra poa
- **göra ren** yur•ra reen
- **laga** lah•ga
- **stryka** strew•ka

When will it be ready? **När blir det klart?** nair bleer dee klahrt

## Spa

I'd like...

**Jag skulle vilja ha...** yahg skuh•ler vihl•ya hah...

- an eyebrow/a bikini wax

– **en vaxning av ögonbrynen/  
bikinilinen** ehn vaks•nihng afv  
ur•gonn•brew•nehn/beh•kee•nee•leen•yehn

- a facial

– **en ansiktsbehandling** ehn  
an•sihks•beh•hand•lihng

- a manicure/pedicure

– **en manikyr/pedikyr** ehn ma•nee•kewr/  
pehd•ee•kewr

- a (sports) massage

– **(tränings) massage** (trair•nihngs•) ma•sahsh

Do you do...?

**Ger ni...?** yehr nee...

- acupuncture

– **akupunktur** a•keu•puhnh•teur

- aromatherapy

– **aroma-terapi** a•roa•ma•teh•ra•pee

- oxygen treatment

– **syrebehandling** sew•reh•beh•hand•lihng

Is there a sauna?

**Finns det bastu?** fihs dee bas•teu



Spas and wellness centers are becoming increasingly popular. There are many to choose from, both in urban and rural areas. It is possible to find spas that offer everything from traditional massage, such as the Swedish massage, which focuses on circulation and relaxation, to yoga, exercise and more. Some are even eco-friendly. Many spas and health centers also have gyms, pools, saunas.



## Hair Salon

I'd like...

– an appointment for  
*today/tomorrow*

– my hair styled

– a hair cut

Don't cut it too short.

Shorter here.

**Jag vill...** yahg vihl...

– **boka en tid till idag/imorgon** boa-ka ehn  
teed tihl ee-dahg/ee-mo-ron

– **få en ny frisyr** foa ehn new free-sewr

– **få en klippning** foa ehn klihp-nihng

**Klipp det inte för kort.** klihp dee ihn-ter furr  
koart

**Kortare här.** koar-ta-rer hair

## Sales Help

When do you *open/*  
*close*?

Where is...?

– the cashier  
[cash desk]

– the escalator

– the elevator [lift]

– the fitting room

– the store directory  
[guide]

Can you help me?

I'm just looking.

I'm being helped.

Do you have any...?

Could you show  
me...?

**När öppnar/stänger ni?** nair uhp-nar/  
stehng-er nee

**Var finns...?** vahr fihs...

– **kassan** kah-san

– **rulltrappan** ruh-tra-pan

– **hissen** his-ehn

– **provrummet** proav-ruhm-eh

– **informationen** in-for-ma-shoa-nehn

**Kan du hjälpa mig?** kan deu yeh-pa may

**Jag tittar bara.** yahg tih-tar bah-ra

**Tack, jag får hjälp.** tak yahg foar yehlp

**Har ni några...?** hahr nee noa-gra...

**Kan du visa mig några...?** kan deu vee-sa  
may noa-gra...



Can you *ship/wrap* it? **Kan du skicka/slå in det?** kan deu shih-ka  
dee/sloa ihn dee

How much does it cost? **Hur mycket kostar det?** heur mew-kerht  
kos-tar dee

That's all, thanks. **Det var allt, tack.** dee vahr alt tak

► For clothing items, see page 144.

► For food items, see page 95.

► For souvenirs, see page 141.

## You May Hear...

**Kan jag hjälpa er?** kan yahg yehl-pa ehr

Can I help you?

**Ett ögonblick, tack.** eht ur-gohn-blikh tak

Just a moment,  
please.

**Vad vill ni beställa?** vahd vihl nee beh-steh-la

What would you  
like?

**Något annat?** noa-goht an-nat

Anything else?

## Preferences

I want something... **Jag skulle vilja ha något...** yahg skuh-ler  
vihl-ya hah noa-goht...

– cheap/expensive

– **billigt/dyrt** bihl-igt/dewyt

– larger/smaller

– **större/mindre** sturr-er/mihn-drer

Is it real?

**Är den äkta?** air dehn aik-ta

Could you show me  
*this/that*?

**Kan du visa mig den här/där?** kan deu  
vee-sa may dehn *hair/dair*

## Decisions

That's not quite what I want.	<b>Det är inte riktigt vad jag vill ha.</b> dee air <u>ihn</u> -ter <u>rihk</u> -tikht vahd yahg vihl hah
I don't like it.	<b>Jag tycker inte om det.</b> yahg <u>tew</u> -kehr <u>ihn</u> -ter ohm dee
That's too expensive.	<b>Det är för dyrt.</b> dee air furr dewrt
I'd like to think about it.	<b>Jag behöver tänka på det.</b> yahg beh- <u>hur</u> -vehr <u>tehng</u> -ka poa dee
I'll take it.	<b>Jag tar den.</b> yahg tahr dehn

## Bargaining

That's too much.	<b>Det är för mycket.</b> dee air furr <u>mew</u> -ker
I'll give you...	<b>Jag kan ge er...</b> yahg kan yee ehr...
I only have...kronor.	<b>Jag har bara...kronor.</b> yahg hahr <u>bah</u> -ra... <u>kroa</u> -nohr
Can you give me a discount?	<b>Kan du ge mig rabatt?</b> kan deu yee may ra- <u>bat</u>

► For numbers, see page 184.

## Paying

How much does it cost?	<b>Hur mycket kostar det?</b> heur <u>mew</u> -ker <u>kos</u> -tar dee
I'll pay...	<b>Jag betalar...</b> yahg beh- <u>tah</u> -lar...
– in cash	– <b>kontant</b> kohn- <u>tant</u>
– by credit card	– <b>med kreditkort</b> meed kreh- <u>deet</u> -koart
– by traveler's check [cheque]	– <b>med en resecheck</b> meed ehn <u>ree</u> -seh-shehk
The receipt, please.	<b>Kvittot, tack.</b> <u>kvi</u> h-toht tak

## You May Hear...

**Hur vill ni betala?** heur vihl nee beh-ta-la

How are you  
paying?

**Bara kontanter, tack.** bah-ra kohn-tan-tehr tak

Cash only, please.

**Har du mindre växel?** hahr deu mihn-drer  
vehx-ehl

Do you have any  
smaller change?

## Complaints

I'd like...

– to exchange this

– to return this

– a refund

– to see the manager

**Jag skulle vilja...** yahg sku-ler vihl-ya...

– **byta den här** bew-ta dehn hair

– **återlämna den här** oa-tehr-lehm-na dehn hair

– **ha pengarna tillbaka** hah pehng-ar-na  
tihl-bah-ka

– **få träffa butikschefen** foa treh-fa  
beu-teeks-sheef-ehn

## Souvenirs

candlesticks

**ljusstakar** yeus-stah-kar

Christmas decorations

**juldekorationer** yeul-dehk-oh-ra-shoan-ehr

clogs

**träskor** trair-skoar

crystal (glass)

**kristallglas** kree-stal-glahs

a Dala horse

**en dalahäst** ehn dah-la-hehst

(red wooden horse)

dolls

**dockor** dok-oar

glassware

**glasföremål** glahs-furr-reh-moal

handicrafts

**hemslöjd** hehm-sluhyd

horn work

**något i horn** noa-goht ee hoarn

jewelry

**smycken** smew-kehr

porcelain  
pottery  
reindeer antlers  
Sami handicrafts  
smoked salmon  
a tablecloth  
textiles  
wood carvings  
a wooden knife  
a wooden spoon  
Can I see *this/that*?

The one in the  
*window/display case*.  
I'd like...

- a battery
- a bracelet
- a brooch
- earrings
- a necklace
- a ring
- a watch
- copper
- crystal (quartz)
- diamond
- *white/yellow* gold
- pearl

- porslin** pohrsh•leen  
**keramik** cheh•ra•meek  
**renhorn** reen•hoarn  
**sameslöjd** sah•meh•sluhyd  
**rökt lax** rurkt lax  
**en duk** ehn deuk  
**textil** teh•tee|  
**träfigurer** trair•fi•h•geu•rehr  
**en träkniv** ehn trair•kneev  
**en träsked** ehn trair•sheed  
**Får jag se på den här/där?** foar yahg seh  
poa dehn hair/dair  
**Den i fönstret/vitrinet.** dehn ee furn•streht/  
vi•treen•eht  
**Jag skulle vilja ha...** yahg sku•ler vihl•ya  
hah...  
– **ett batteri** eht ba•teh•ree  
– **ett armband** eht arm•band  
– **en brosch** ehn broash  
– **örhängen** ur•hehng•ehn  
– **ett halsband** eht hals•band  
– **en ring** ehn rihng  
– **en armbandsklocka** ehn arm•bands•kloh•ka  
– **koppar** kohpp•ar  
– **kristall** krihs•tall  
– **diamant** dee•a•mant  
– **vitt/rött guld** viht/rurtt geuld  
– **pärla** pair•la

I'd like...

– pewter

– platinum

– sterling silver

Is this real?

Can you engrave it?

**Jag skulle vilja ha...** yahg skuh-ler vihi-ya hah...

– **tenn** teen

– **platina** plah-tee-na

– **äkta silver** ehk-ta sihl-vehr

**Är den här äkta?** air dehn hair ehk-ta

**Kan ni gravera den?** kan nee gra-vee-ra dehn

**i** When it comes to souvenirs, whether you are looking for something traditional or modern, you are sure to find just the thing in Sweden. **Träslöjd** (woodwork), **hemslöjd** (handicrafts), **keramik** (ceramics) and Swedish crystal are popular, traditional souvenirs. The **dalahäst** (Dala horse) is perhaps one of the most famous and ubiquitous souvenirs; traditionally, its color is a reddish-orange, but the horses can now be found in a wide range of colors and sizes. Sweden is known for its design, which is evident in its selection of **porslin** (fine china) and ceramics. Some well-known manufacturers include **Höganäs Keramik** and **Rörstrand**, the latter being the second oldest porcelain manufacturer in Europe, founded in 1746. Sweden is also famous for its glass and crystal, both with respect to design and to quality. **Glasriket** (the kingdom of glass) located in Småland, in southeastern Sweden, has around 15 glass factories, including some of the most famous glassworks in Sweden, such as **Kosta Boda**, **Orrefors** and **Nybro**. Factory tours are often available. In addition to the traditional Swedish handicrafts mentioned above, **sameslöjd** (Sámi handicraft) is something that should not be overlooked. The Sámi are known for their beautiful crafts, which include jewelry and knives carved from reindeer antlers, jewelry made from beaded pewter and reindeer leather as well as a wide range of clothing in reindeer leather and different types of fur.



## Antiques

How old is this?

**Hur gammalt är det här?** heur gam-alt air  
dee hair

Will I have problems  
with customs?

**Får jag problem i tullen?** foar yahg  
proa-bleem ee tuh-lehn

Is there a certificate  
of authenticity?

**Finns det ett äkthetsbevis?** fihns dee eht  
ehkt-heets-beh-vees

## Clothing

I'd like...

**Jag skulle vilja ha...** yahg skuh-ler vihl-ya  
hah...

Can I try this on?

**Kan jag prova den här?** kan yahg proa-va  
dehn hair

It doesn't fit.

**Den passar inte.** dehn pas-ar ihn-ter

It's too...

- big
- small
- short
- long'

Do you have this in size...?

Do you have this in a bigger/smaller size?

**Den är för...** dehn air furr...

- **stor** stoar
- **liten** lee-tehn
- **kort** kort
- **lång** loang

**Har ni den här i storlek...?** hahr nee dehn hair ee stoar•leek...

**Har ni den här i en större/en mindre storlek?** hahr nee dehn hair ee *ehn* stur•re/ehn *mihn*•drer stoar•leek

► For numbers, see page 184.

## You May See...

**HERRKLÄDER**

men's clothing

**DAMKLÄDER**

women's clothing

**BARNKLÄDER**

children's clothing

## Color

I'm looking for something in...

- beige
- black
- blue
- brown
- green
- gray
- orange
- pink
- purple

**Jag söker något i...** yahg sur•ker noa•goht ee...

- **beige** beesh
- **svart** svart
- **blått** bloat
- **brunt** breunt
- **grönt** grurnt
- **grått** groat
- **orange** oa•ransh
- **rosa** roa•sa
- **lila** lee•la

I'm looking for  
something in...

– red

– white

– yellow

**Jag söker något i...** yahg sur·ker  
noa·goht ee...

– **rött** ruhrt

– **vitt** vit

– **gult** geult

## Clothes and Accessories

backpack

**ryggsäck** rewg·sehk

belt

**skärp** shairp

bikini

**bikini** bih·kee·nee

blouse

**blus** bleus

bra

**behå** beh·hoa

coat

**rock** rohk

dress

**klänning** klehn·ihng

hat

**hatt** hat

jacket

**jacka** ya·ka

jeans

**jeans** jeens

pajamas

**pyjamas** pew·ya·mas

pants [trousers]

**byxor** bewx·ohr

panty hose [tights]

**strumpbyxor** struhmp·bewx·ohr

purse [handbag]

**handväska** hand·vehs·ka

raincoat

**regnkappa** rehngn·kap·a

scarf

**halsduk** hals·deuk

shirt

**skjorta** shoar·ta

shorts

**shorts** shohrts

skirt

**kjol** choal

socks

**sockar** soh·kar

suit (jacket and pants) **kostym** kos·tewm



suit (jacket and skirt)	<b>dräkt</b> drehkt
sunglasses	<b>solglasögon</b> <u>soal</u> ·glahs· <u>ur</u> ·gohn
sweater	<b>tröja</b> <u>trur</u> ·ya
sweatshirt	<b>sweatshirt</b> <u>sweat</u> ·shirt
swimming trunks	<b>badbyxor</b> <u>bahd</u> ·bewx·ohr
swimsuit	<b>baddräkt</b> <u>bahd</u> ·drehkt
T-shirt	<b>T-skjorta</b> <u>tee</u> ·shoarta
tie	<b>slips</b> slihps
underpants (men's/women's)	<b>kalsonger/trosor</b> kal· <u>soang</u> ·ehr/ <u>troa</u> ·sohr

## Fabric

I'd like...

- cotton                      – **bomull** boam·uhl
- denim                      – **denim** dehn·ihm
- lace                        – **spets** spehts
- leather                    – **läder** lair·der
- linen                      – **linne** lih·ner
- silk                        – **siden** see·dehn
- wool                      – **ull** uhl

Is it machine  
washable?

**Jag skulle vilja ha...** yahg skuh·ler vihl·ya  
hah...

**Kan det tvättas i maskin?** kan dee tveht·as  
ee ma·sheen

## Shoes

I'd like...

- high-heeled/flat  
  shoes                      – **högklackade/lågklackade**  
                                  **skor** hurg·klak·a·der/loag·klak·a·der skoar
- boots                      – **stövlar** stuhv·lar

I'd like...

- loafers
- sandals
- shoes
- slippers
- sneakers

In size...

**Jag skulle vilja ha...** yahg skuh•ler vihl•ya hah...

- **loafers** loa•fers
- **sandaler** san•dahl•ehr
- **skor** skoar
- **tofflor** toff•lohr
- **träningskor** trair•nihngs•skoar
- I storlek...** ee stoar•leek...

► For numbers, see page 184.

## Sizes

small

**liten** leet•ehn

medium

**medium** mee•dee•uhm

large

**stor** stoar

extra large

**extra stor** ehx•tra stoar

petite

**petite** peh•teet

plus size

**plus-storlek** pleus•stoar•leek

## Newsstand and Tobacconist

Do you sell English–  
language *books/*  
*newspapers*?

**Säljer ni böcker/tidningar på  
engelska?** sehl•yehr nee bur•kehr/teed•nihng•ar  
poa ehng•ehl•ska

I'd like...

**Jag skulle vilja ha...** yahg skuh•ler vihl•ya  
hah...

- some chewing gum
- **tuggummi** tuhg•guh•mee
- some cigars
- **några cigarrer** noa•gra see•gahr•er
- a *pack/carton of*  
cigarettes
- **ett paket/en limpa cigaretter** eht  
pak•eht/ehn lihm•pa sih•ga•reht•ehr
- a lighter
- **en tändare** ehn tehn•da•rehr
- a magazine
- **en veckotidning** ehn veh•koa•teed•nihng

- matches
- a newspaper
- a postcard
- a road/town map of...
- some stamps
- **tändstickor** tehnd•stik•ohr
- **en tidning** ehn teed•nihng
- **ett vykort** eht vew•koart
- **en vägkarta/stadskarta över...** ehn vairg•kahr•ta/stats•kahr•ta ur•vehr...
- **några frimärken** noa•gra free•mair•kehrn

## Photography

I'm looking for... camera.

- an automatic
- a digital
- a disposable

I'd like...

- a battery
- a digital print
- a memory card

Can I print digital photos here?

**Jag skulle vilja köpa...kamera.** yahg skuh•ler vihl•ya chur•pa...kah•meh•ra  
**– en automatisk** ehn ah•toa•mah•tihsk  
**– en digital** ehn dih•gih•tahl  
**– en engångs** ehn een•goangs  
**Jag skulle vilja ha...** yahg skuh•ler vihl•ya hah...

- **ett batteri** eht ba•teh•ree
- **ett digitalt kort** eht dih•gih•tahlt koart
- **ett minneskort** eht mihn•ehs•koart

**Kan jag skriva ut digitala foton här?** kan yahg skree•va eut dih•gih•tah•la foh•toan hair

## Sports and Leisure

### Essential

When's the game?

**När börjar matchen?** nair bur•yar ma•shchehn

Where's...?

**Var ligger...?** vahr lih•gehr...

– the beach

– **stranden** stran•dehn

Where's...?

– the park

– the pool

Is it safe to *swim/*  
*dive* here?

Can I rent [hire] golf  
clubs?

How much per hour?

How far is it to...?

Can you show me on  
the map?

**Var ligger...?** vahr lih·gehr...

– **parken** park·ehn

– **simbassängen** sihm·ba·sehng·ehn

**Kan man *simma/dyka* här utan risk?** kan  
man sihmm·a/dew·ka hair eu·tan rihs

**Kan man hyra golfklubbor?** kan man  
hew·ra gohl·f·kluh·boh

**Vad kostar det per timme?** vahd kos·tar dee  
pair tihm·er

**Hur långt är det till...?** heur loangt air dee  
tihl...

**Kan du visa mig på kartan?** kan deu vee·sa  
may poa kahr·tan

## Spectator Sports

When's...?

– the basketball  
game

– the cycling race

– the golf tournament

– the soccer [football]  
game

– the tennis match

Which teams are  
playing?

Where's the stadium?

Where can I place  
a bet?

**När börjar...?** nair bur·yar...

– **basketbollmatchen**  
bahs·keht·bohl·ma·shchehn

– **cykeltävlingen** sew·kehl·taiv·lihng·ehn

– **golfspelet** golf·spee·leht

– **fotbollsmatchen** foat·bohls·ma·shchehn

– **tennismatchen** tehn·ihs·ma·shchehn

**Vilka lag spelar?** vihl·ka lahng spee·lar

**Var ligger idrottsarenan?** vahr lih·gehr  
ee·drohts·a·ree·nan

**Var kan jag spela lotto?** vahr kan yahg  
spee·la loh·toa



i

Sports and recreation are popular, and there are excellent sports facilities everywhere, ranging from **golf** (golf), **fiske** (fishing), **tennis** (tennis) and **fotboll** (soccer) to **skidåkning** (skiing) and **ishockey** (ice hockey). Tourist offices should have contact information for the various sports facilities in your area. Swedes also love the great outdoors, and the country has much to offer when it comes to **bergsklättring** (mountain climbing), **vandring** (hiking), **ridsport** (horsebackriding), **cykelåkning** (cycling), **paddla kanot** (canoeing) and **segling** (boating). Whether you are looking for a day hike or planning a longer trip, some great choices include **Kebnekaise**, which is Sweden's highest mountain, **Kungsleden**, **Bohusleden** or **Padjelantleden**. There are a lot of options for cyclists, both amateurs and professionals, and popular cycle routes include **Kustlinjen** and **Sverigeleden**.

## Participating

Is there...nearby?

- a golf course
- a gym
- a park
- a tennis court

**Finns det...i närheten?** fihns dee...ee  
nair-hee-ten

- **en golfbana** ehn gohlf-bah-na
- **ett gym** eht yim
- **en park** ehn park
- **en tennisbana** ehn tehnihs-bah-nohr

How much per...?

- day
- hour
- game
- round

Can I rent [hire]...?

- golf clubs
- equipment
- a racket

**Hur mycket kostar det per...?** heur

mew-ker kos-tar dee pair...

- **dag** dahg
- **timme** tihm-er
- **spel** speel
- **runda** ruhn-da

**Kan man hyra...?** kan man hew-ra...

- **klubb** kluhb-ohr
- **utrustning** eut-ruhst-nihng
- **en racket** ehn ra-keht

## At the Beach/Pool

Where's the *beach/*  
*pool*?

Is there a...here?

- a kiddie [paddling]  
pool
- an *indoor/outdoor*  
pool
- a lifeguard

Is it safe to *swim/*  
*dive*?

Is it safe for children?

I want to rent [hire]...

- a deck chair
- a jet ski
- a motorboat

**Var är stranden/simbassängen?** vahr air  
stran-dehn/sihm-ba-sehng-ehn

**Finns det...här?** fihns dee...hair

- **en barnbassäng** ehn bahrn-bah-sehng
- **en inomhuspool/utomhuspool** ehn  
in-ohm-heus-poa/eut-ohm-heus-poa
- **en livräddare** leev-rehd-a-rer

**Kan man simma/dyka här utan risk?** kan  
man sihm-a/dew-ka hair eu-tan rihs-k

**Är det barnsäkert?** air dee bahrn-sair-kert

**Jag skulle vilja hyra...** yahg sku-ker vihl-ya  
hew-ra...

- **en solstol** ehn soal-stoal
- **en jetski** ehn jeht-skee
- **en motorbåt** ehn moa-tor-boat

- a rowboat                      – **en roddbåt** ehn rohd•boat
- a surfboard                  – **en surfbräda** ehn suhrf•brair•da
- a towel                        – **en handduk** ehn hand•deuk
- an umbrella                – **en solparasol** ehn soal•pa•ra•sohl
- water skis                    – **vattenskidor** va•tehrn•shee•dohr

► For travel with children, see page 162.

i

A significant portion of the Swedish coastline is rough, covered with granite rocks and cliffs and dotted with beaches. Most of the sandy beaches are found in the south and on the southwest coasts. Around Stockholm you can swim and dive from the small islands in the archipelago—and you can even swim in the water around Stockholm itself. Inland lakes, coastal areas and the popular archipelagos of Stockholm and the West Coast are perfect for boaters, and canoers and kayakers alike.

## Winter Sports

A lift pass for *a day/*  
*five days*, please.

**Ett liftpass för en dag/för fem dagar, tack.** eht lihft•pas *furr* ehn dahg/*furr* feh  
dahg•ar tak

I'd like to rent...

**Jag skulle vilja hyra...** yahg skuh•ler vihl•ya  
hew•ra...

- boots                        – **skidpjäxor** sheed•pyeaix•ohr
- a helmet                  – **en hjälm** ehn yehlm
- poles                      – **stavar** stah•var
- skis                        – **skidor** shee•dohr
- a snowboard            – **en snowboard** ehn snow•board
- snowshoes              – **pjäxor** pyaix•ohr

These are too *big/small*.

Are there lessons?

I'm experienced.

A trail [piste] map, please.

**De här är för *stora/små*.** dehmr hair air furr  
*stoa-ra/smoa*

**Kan man få lektioner?** kan man foa  
lehk-shoa-nehr

**Jag har erfarenhet.** yahg hahr  
air-fah-rehn-heet

**En karta över spåren, tack.** ehn kahr-ta  
ur-vehr spoa-rehn tak

i

Swedes grow up with skiing: cross-country in the south and downhill in the north. There are many excellent ski resorts in the north, offering superb skiing and first-class facilities. Many hotels offer three- to seven-day package deals, including transportation and accommodation. In June, try **Riksgränsen** for a taste of skiing in the midnight sun.

**Långfärdsbussar** (long-distance buses) are efficient, relatively cheap and run daily to all major towns and resorts. Most of the major ski resorts also offer other winter sport activities like snowmobile safaris, snowshoeing and dog sledding tours. **Ishotellet** (Ice Hotel), though not a ski resort specifically, does offer several of these activities.

## You May See...

**DRAGLIFT**

drag lift

**ÄGGLIFT**

cable car

**STOLLIFT**

chair lift

**NYBÖRJARE**

novice

**MELLANNIVÅ**

intermediate

**AVANCERAD**

expert

**SPÅRET STÄNGD**

trail [piste] closed



# In the Countryside

I'd like a map of...

- this region
- walking routes
- cycle routes
- the trails

Is it *easy/difficult*?

Is it *far/steep*?

How far is it to...?

Can you show me on the map?

I'm lost.

Where's...?

- the bridge
- the cave
- the cliff
- the farm
- the footpath
- the forest
- the lake
- the mountain
- the mountain pass
- the mountain range
- the nature reserve
- the panorama
- the park

**Jag skulle vilja ha en karta över...** yahg  
skuh·ler vihl·ya hah ehn kahr·ta ur·vehr...

- **denna region** dehn·a reh·gioan
- **vandringsleder** van·drihngs·lee·dehr
- **cykeleder** sew·kehl·lee·dehr
- **spåren** spoa·rehn

**Är det lätt/svårt?** air dee leht/svoart

**Är det långt/brant?** air dee loangt/brant

**Hur långt är det till...?** heur loangt air dee  
tihl...

**Kan du visa mig på kartan?** kan deu vee·sa  
may poa kahr·tan

**Jag har kommit vilse.** yahg hahr koh·miht  
vihl·ser

**Var ligger...?** vahr lih·gehr...

- **bron** broan
- **grottan** groht·an
- **klippa** klihp·an
- **bondgården** board·goard·ehn
- **fotvandringsleden** foat·vand·rihngs·lee·dehn
- **skogen** skoag·ehn
- **sjön** shurn
- **berget** behr·yeht
- **bergspasset** berys·pas·eht
- **bergskedjan** berys·chee·dyan
- **naturreservatet** na·teur·res·her·vah·teht
- **panoraman** pan·o·rah·man
- **parken** park·ehn

Where's...?

– the picnic area/rest  
area

– the peak

– the river

– the sea

– the valley

– the viewpoint

– the village

– the waterfall

**Var ligger...?** vahr lih·gehr...

– **picknickområdet/rastplatsen**  
pihk·nihk·ohm·roa·det/rast·plats·ehn

– **toppen** tohp·ehn

– **floden** fload·ehn

– **havet** hafv·eht

– **dalen** dahl·ehn

– **utsiktspunkten** eut·sihkts·peunk·tehn

– **byn** bewn

– **vattenfallet** va·tehrn·fal

## Culture and Nightlife

### Essential

Do you have a  
program of events?

What's playing at  
the movies [cinema]  
tonight?

Where's...?

– the downtown area

– the bar

– the dance club

**Har ni ett evenemangsprogram?** hahr nee  
eht eh·vehn·eh·mangs·proa·gram

**Vad visas på bio ikväll?** vahd vee·sas poa  
bee·oa ee·kvehl

**Var ligger...?** vahr lih·gehr...

– **centrum** sehn·truhm

– **baren** bah·rehn

– **diskoteket** dis·koh·tee·keht

### Entertainment

Can you  
recommend...?

– a concert

**Kan du rekommendera...?** kan deu  
reh·koh·mehn·dee·ra...

– **en konsert** ehn kohn·sair

– a movie

– an opera

– a play

When does it *start/end*?

What's the dress code?

I like...

– classical music

– folk music

– jazz

– pop music

– rap

– **en film** ehn film

– **en opera** ehn oa•peh•ra

– **en teaterpjäs** ehn tee•ah•tehr•pjais

**När börjar/slutar den?** nair bur•yar/sleu•tar dehn

**Vilken klädsel gäller?** vihl•kehn klaid•sehl gehl•lehr

**Jag tycker om...** yahg tew•kehr ohm...

– **klassisk musik** klas•isk meu•seek

– **folkmusik** folk•meu•seek

– **jazz** yas

– **popmusik** pop•meu•seek

– **rap** rap

► For ticketing, see page 21.

## Nightlife

What's there to do at night?

Can you recommend...?

– a bar

– a casino

– a dance club

– a gay club

– a jazz club

– a club with local music

Is there live music?

**Vad kan man göra på kvällarna?** vahd kan man yur•ra poa kvehl•ar•na

**Kan du rekommendera...?** kan deu reh•koh•mehn•dee•ra...

– **en bar** ehn bahr

– **ett kasino** eht ka•see•noh

– **ett diskotek** eht dis•koh•tehk

– **en gayklubb** ehn gay•kluhb

– **en jazzklubb** ehn yas•kluhb

– **en klubb med lokal musik** ehn kluhb meed lo•kahl meu•seek

**Spelar man livemusik där?** spee•lar man live•meu•seek dair

How do I get there?

**Hur kan jag komma dit?** heur kan yahg  
koh•ma deet

Is there a cover  
charge?

**Är det kuvertavgift?** air de keu•vair•afv•yihft

Let's go dancing.

**Vi går ut och dansar.** vee goar eut ohk dan•sar

i

Sweden has produced several world famous pop and rock bands, and music is an important part of contemporary culture and entertainment. The government generously supports independent musicians, as well as smaller music groups, orchestras and symphonies. In larger cities and towns you'll easily find concerts and performances to attend, and information should be listed at the tourist office or its webpage regarding upcoming concerts and events. If you are traveling in Sweden during the summer, attending a music festival is an unforgettable experience. **The Peace & Love Festival** in Borlänge, just two hours from Stockholm, is popular among the younger crowd. Stockholm is home to **Ung08**, which is Europe's largest youth festival, geared toward 13–19 year olds. **The Hultsfred Festival**, in southern Sweden, is the oldest and largest festival. There are also a host of other music festivals covering everything from folk music, to pop and jazz.

## You May Hear...

**Stäng av mobiltelefonen, tack.** stehng afv  
mo•beel•teh•leh•foa•nen tak

Turn off your cell  
[mobile] phones,  
please.



## ▼ ***Special Needs***

- |                                      |            |
|--------------------------------------|------------|
| ▶ <b><i>Business Travel</i></b>      | <b>160</b> |
| ▶ <b><i>Travel with Children</i></b> | <b>162</b> |
| ▶ <b><i>For the Disabled</i></b>     | <b>166</b> |

# Business Travel

## Essential

I'm here on business.	<b>Jag är här på affärsresa.</b> yahg air hair poa a· <u>fairs</u> ·ree·sa
Here's my business card.	<b>Här är mitt kort.</b> hair air miht koart
Can I have your card?	<b>Kan jag få ditt kort?</b> kan yahg foa diht koart
I have a meeting with...	<b>Jag har ett möte med...</b> yahg hahr eht <u>mur</u> ·ter meed...
Where's...?	<b>Var ligger...?</b> vahr <u>lih</u> ·gehr...
– the business center	– <b>businesscentret</b> bihs·nihs·sehn·treht
– the convention hall	– <b>kongresshallen</b> kohn·grehs·ha·lehn
– the meeting room	– <b>konferensrummet</b> kohn·feh· <u>rans</u> ·ruhm·eht

## Business Communication

I'm here to attend...	<b>Jag är här för att delta i...</b> yahg air hair furr at <u>deel</u> ·tah ee...
– a seminar	– <b>ett seminarium</b> eht sehm·i· <u>nah</u> ·ree·uhm
– a conference	– <b>en konferens</b> ehn kohn·fehr· <u>ans</u>
– a meeting	– <b>ett sammanträde</b> eht <u>sam</u> ·an·trai·der
My name is...	<b>Jag heter...</b> yahg <u>hee</u> ·ter...
May I introduce my colleague...	<b>Får jag presentera min kollega...</b> foar yahg prehs·ehn· <u>tee</u> ·ra mihn koh· <u>lee</u> ·ga...
Nice to meet you.	<b>Trevligt att träffas.</b> <u>trev</u> ·ligt at <u>trehf</u> ·as
I'm sorry I'm late.	<b>Ursäkta för att jag är sen.</b> <u>eur</u> ·shehk·ta furr at yahg air sehn

- I'd like an interpreter. **Jag behöver en tolk.** yahg beh-hur-ver ehn tohlk
- You can reach me at the...Hotel. **Du kan nå mig på hotell...** deu kan noa may poa ho-tehl...
- I'm here until... **Jag stannar till...** yahg stan-ar tihl...
- I need to... **Jag behöver...** yahg beh-hur-ver...
- make a call – **ringa ett samtal** rihng-a eht sam-tahl
  - make a photocopy – **göra en kopia** gur-ra ehn koh-pee-ya
  - send an e-mail – **skicka e-post** shihk-a ee-pohst
  - send a fax – **skicka en fax** shihk-a ehn fax
  - send a package (overnight) – **skicka ett paket (med expressutdelning)**  
shihk-a eht pa-keet  
 (meed ehx-prehs-eut-deel-nihng)
- For internet and communications, see page 49.





## You May Hear...

**Har ni bokat tid?** hahr nee boa-kat teed

Do you have an appointment?

**Med vem?** meed vehm

With whom?

**Han/Hon sitter i möte.** han/hoan sih-ter ee mur-ter

He/She is in a meeting.

**Ett ögonblick, tack.** eht ur-goohn-blik tak

One moment, please.

**Tack för att ni kom.** tak furr at nee kom

Thank you for coming.

## Travel with Children

### Essential

Is there a discount for kids?

**Har ni barnrabatt?** hahr nee bahrn-rah-bat

Can you recommend a babysitter?

**Kan du rekommendera en barnvakt?** kan deu reh-koh-mehn-dee-ra ehn bahrn-vakt

Could I have a highchair?

**Kan jag få en barnstol, tack?** kan yahg foa ehn bahrn-stoal tak

Where can I change the baby?

**Var kan jag byta på babyn?** vahr kan yahg bew-ta poa bai-been

Where's...?

**Var ligger...?** vahr lih-gehr...

– the amusement park

– **nöjesfältet** nury-ehs-fehl-teht

– the arcade

– **arkadhallen** ar-kaht-ha-lehn

– the kiddie [paddling] pool

– **barnbassängen** bahrn-ba-sehng-ehn



- the park
- the playground
- the zoo

Are kids allowed?

Is it safe for kids?

- **parken** park·kehr
- **lekplatsen** leek·plats·ehn
- **djurparken** yeur·park·ehn

**Får man ta barnen med?** foar man tah  
bahr·nehn meed

**Är det barnsäkert?** air det bahrn·sair·kert

## Fun with Kids

Can you recommend something for kids?

Is it suitable for...  
year olds?

**Kan du föreslå något för barn?** kan deu  
furr·reh·sloa noa·goht furr bahrn

**Passar det för...-åringar?** pas·ar dee  
furr...oa·rihng·ar

► For numbers, see page 184.



## You May Hear...

**Vad gullig!** vahd geul-ig

How cute!

**Vad heter han/hon?** vahd hee-tehr han/hoan

What's *his/her* name?

**Hur gammal är han/hon?** heur gam-al air han/hoan

How old is *he/she*?

## Basic Needs for Kids

Do you have...?

**Har ni...?** hahr nee...

– a baby bottle

– **en nappflaska** ehn nap-flas-ka

– baby wipes

– **våtservetter för barn** voat-ser-veht-er furr bahrn

– a car seat

– **en bilbarnstol** ehn beel-bahrn-stoal

– a children's *menu/portion*

– **en barnmeny/portion** ehn bahrn-meh-new/pohrt-shoan

– a highchair

– **en barnstol** ehn bahrn-stoal

– a crib [child's cot]

– **en barnsäng** ehn bahrn-sehng

– diapers [nappies]

– **blöjor** blury-ohr

– formula

– **välling** vehl-ihng

– a pacifier [soother]

– **en napp** ehn nap

– a playpen

– **ett lekrum** eht leek-ruhm

– a stroller [pushchair]

– **en sittvagn** ehn siht-vangn

Can I breastfeed the baby here?

**Får jag amma barnet här?** foar yahg ah-ma bahr-neht hair

Where can I change the baby?

**Var kan jag byta på babyn?** vahr kan yahg bew-ta poa bai-been

► For dining with kids, see page 64.

## Babysitting

Can you recommend  
a reliable babysitter?

**Kan du rekommendera en pålitlig  
barnvakt?** kaun deu re·koh·mehn·dee·rahra  
ehn poa·leet·lihg bahrn·vakt

What's the charge?

**Vad kostar det?** vahd kos·tar dee

I'll pick them up at...

**Jag hämtar dem...** yahg hehm·tar dehm...

► For time, see page 186.

I can be reached at...

**Du kan nå mig på...** deu kan noa may poa...

## Health and Emergency

Can you recommend  
a pediatrician?

**Kan du rekommendera en  
barnläkare?** kan deu reh·koh·men·dee·ra ehn  
bahrn·lairk·a·rer

My child is allergic  
to...

**Mitt barn är allergiskt mot...** miht bahrn air  
a·lehr·gisk moat...

My child is missing.

**Mitt barn har kommit bort.** miht bahrn hahr  
koh·miht bohrt

Have you seen a  
boy/girl?

**Har du sett en pojke/flicka?** hahr deu seht  
ehn poi·ker/flih·ka

► For food items, see page 95.

► For health, see page 171.

► For police, see page 169.

# For the Disabled

## Essential

Is there...?

- access for the disabled
- a wheelchair ramp
- a handicapped-[disabled-] accessible toilet

I need...

- assistance
- an elevator [lift]
- a ground floor room

Finns det...? finns det...

- **ingång för rörelsehindrade** in-goang furr ru-rehl-seh-hihn-dra-der
- **en rullstolsramp** ehn reul-stoals-ramp
- **en handikappanpassad toalett** ehn hand-ee-kap-an-pas-ad toa-ah-leht

Jag behöver... jag beh-hur-ver...

- **hjälp** yehlp
- **en hiss** ehn hihs
- **ett rum på bottenvåningen** eht ruhm poa boh-tehrn-voa-rihgng-hen



## Getting Help

I'm disabled.

**Jag är handikappad.** yahg air hand-ee-kap-ad

I'm deaf.

**Jag är döv.** yahg air durv

I'm *visually/hearing* impaired.

**Jag är synskadad/hörselskadad.** yahg air sewn-skah-dad/hur-sel-skah-dad

I'm unable to *walk far/use the stairs*.

**Jag kan inte gå långt/gå i trappor.** yahg kan ihn-ter goa loangt/goa ee trap-ohr

Can I bring my wheelchair?

**Kan jag ta med min rullstol?** kan yahg tah meed mihn ruhl-stoal

Are guide dogs permitted?

**Är det tillåtet med ledarhund?** air dee tihl-loa-teht meed leed-ar-huhnd

Can you help me?

**Kan du hjälpa mig?** kan deu yehl-pa may

Could you *open/hold* the door?

**Kan du öppna/hålla upp dörren?** kan deu urp-na/hoa-la uhp dur-rehn



## ▼ ***Resources***

- |                             |                   |
|-----------------------------|-------------------|
| ▶ <b><i>Emergencies</i></b> | <b><i>169</i></b> |
| ▶ <b><i>Police</i></b>      | <b><i>169</i></b> |
| ▶ <b><i>Health</i></b>      | <b><i>171</i></b> |
| ▶ <b><i>Reference</i></b>   | <b><i>180</i></b> |

# Emergencies

## Essential

Help!	<b>Hjälp!</b> yelp
Go away!	<b>Ge er iväg!</b> yeh ehr ee·vairg
Stop thief!	<b>Stoppa tjuven!</b> stop·a shcheu·vehn
Get a doctor!	<b>Hämta en läkare!</b> hehm·ta ehn lair·ka·rer
Fire!	<b>Det brinner!</b> dee brihn·ehr
I'm lost.	<b>Jag har gått vilse.</b> yahg hahr goat vihl·ser
Can you help me?	<b>Kan du hjälpa mig?</b> kan deu yehl·pa may

## Police

## Essential

Call the police!	<b>Ring polisen!</b> rihng poa·lee·sehn
Where's the nearest police station?	<b>Var ligger närmaste polisstation?</b> vahr lih·gehr nair·mas·ter poo·lees·sta·shoan
There's been an accident.	<b>Det har hänt en olycka.</b> det hahr hehnt ehn oa·lewk·a
I've been attacked.	<b>Jag har blivit anfallen.</b> jahg hahr blee·viht an·fa·lehn
My child is missing.	<b>Mitt barn har kommit bort.</b> miht bahrn hahr koh·miht bohrt

I need...

– an interpreter

– to contact my lawyer

– to make a phone call

I'm innocent.

**Jag behöver...** yahg beh-hur-vehr...

– **en tolk** ehn tohlk

– **kontakta min advokat** kohn-tak-ta mihn ad-voh-kaht

– **ringa ett samtal** rihng-a eht sam-tahl

**Jag är oskyldig.** yahg air oa-shewl-dihg

## You May Hear...

**Fyll i blanketten, tack.** fewl ee blan-keht-ehn tak

**Er legitimation, tack.** ehr leh-g-ee-tih-ma-shoan tak

**När/var hände det?** nair/vahr hehn-dehr dee

**Hur ser han/hon ut?** hewr seer han/hoan eut

Please fill out this form.

Your identification, please.

*When/Where* did it happen?

What does *he/she* look like?

## Lost Property and Theft

I want to report...

– a mugging

– a rape

– a theft

I've been *robbed/mugged*.

I've lost...

**Jag vill anmäla...** yahg vihl an-mair-la...

– **ett överfall** eht ur-vehr-fal

– **en våldtäkt** ehn vohld-tehkt

– **ett rån** eht roan

**Jag har blivit rånad/överfallen.** yahg hahr blee-viht roa-nad/ur-vehr-fal-ehn

**Jag har tappat...** yahg hahr tah-pat...



My... has been stolen. **Någon har stulit...** noa·gohn hahr steu·liht...

- knapsack                      – **min ryggsäck** mihn rewg·sehk
- bicycle                      – **min cykel** mihn sew·kehl
- camera                      – **min kamera** mihn kah·meh·ra
- *car/rental*                      – **min bil/hyrbil** mihn beel/hewr·beel
- computer                      – **min dator** mihn dah·tohr
- credit cards                      – **mina kreditkort** mee·na kre·deet·koart
- jewelry                      – **mina smycken** mee·na smew·ken
- money                      – **mina pengar** mee·na pehng·ar
- passport                      – **mitt pass** miht pas
- purse [handbag]                      – **min portmonnä** mihn pohrt·mo·nai
- traveler's checks  
[cheques]                      – **mina resecheckar** mee·na ree·seh·shehk·ar
- wallet                      – **min plånbok** mihn plöan·boak

## Health

### Essential

I'm sick [ill].

**Jag är sjuk.** yahg air sheuk

I need an English-speaking doctor.

**Jag behöver en engelsktalande läkare.** yahg beh·hur·vehr ehn  
ehng·ehlsk·tahl·an·der lair·ka·rer

It hurts here.

**Det gör ont här.** dee yurr oant hair

I have a stomachache.

**Jag har ont i magen.** yahg hahr oant ee  
mah·gehn



## Finding a Doctor

Can you recommend  
a *doctor/dentist*?

**Kan du rekommendera en läkare/  
tandläkare?** kan deu reh·koh·mehn·dee-ra ehn  
lair·ka·rer/tand·lair·ka·rer

Can the doctor come  
to see me here?

**Kan doktorn komma och undersöka mig  
här?** kan dohk·torn koh·ma ohk eun·der·sur·ka  
may hair

What are their office  
hours?

**Vilka är deras öppettider?** vihl·ka air  
dee·ras ur·peh·tee·dehr

Can I make an  
appointment for...?

**Kan jag boka en tid...?** kan yahg boa·ka ehn  
teed...

– today

– **idag** ee·dahg

– tomorrow

– **imorgon** ee·mo·ron

– as soon as possible

– **så snart som möjligt** soa snahrt som  
mury·ligt

It's urgent.

**Det är brådskande.** dee air broas·kan·der

## Symptoms

I'm...

- bleeding
- constipated
- dizzy
- nauseous
- vomiting

It hurts here.

I have...

- an allergic reaction
- chest pain
- an earache
- a fever
- pain
- a rash
- a sprain
- some swelling
- a stomachache
- sunstroke

I've been sick [ill]  
for...days.

**Jag...** yahg...

- **blöder** blur·dehr
- **är förstoppad** air furr·stop·ad
- **har yrsel** hahr ewr·sehl
- **mår illa**. *moar* ihl·la
- **kräks**. *krairks*

**Det gör ont här.** dee yurr oant hair**Jag har...** yahg hahr...

- **en allergisk reaktion** ehn a·lehr·gihsk  
ree·ak·shoan
- **ont i bröstet** oant ee brurs·teht
- **ont i örat** oant ee ur·rat
- **feber** fee·behr
- **ont** oant
- **ett utslag** eht eut·slahg
- **en stukning** ehn steuk·nihng
- **en lätt svullnad** ehn leht sveul·nad
- **ont i magen** oant ee mah·gehn
- **solsting** soal·stihng

**Jag har varit sjuk i...dagar.** yahg hahr  
vah·riht sheuk ee...dah·gar

► For numbers, see page 184.

## Health Conditions

I'm *anemic/diabetic*. **Jag är anemisk/diabetiker.** yahg air  
a-nee-mihskl dee-a-beh-tih-ker

I'm allergic to  
*antibiotics/penicillin*. **Jag är allergisk mot antibiotika/  
penicillin.** yahg air a-lehr-gihsk moat  
an-tih-bee-oa-tee-ka/pehn-eh-si-leen

► For food items, see page 95.

I have... **Jag har...** yahg hahr...

– arthritis – **artrit** ar-treet

– high/low blood pressure – **högt/låg blodtryck** hurgt/loagt blood-trewk

– asthma – **astma** as-ma

– a heart condition – **hjärtproblem** yairt-proa-bleem

I'm taking... **Jag tar...(medicin).** yahg tahr...  
(medicine). (meh-dee-seen)

## You May Hear...

**Vad är det för fel?** vahd air dee fur feel

What's wrong?

**Var gör det ont?** vahr yur dee oant

Where does it hurt?

**Tar du någon annan medicin?** tahr  
deu noa-gohn an-an meh-dih-seen

Are you taking any  
other medication?

**Är du allergisk mot något?** air deu  
a-lehr-gihsk moat noa-goht

Are you allergic to  
anything?

**Öppna munnen.** urp-na muhn-ehn

Open your mouth.

**Andas djupt.** an-das yeupt

Breathe deeply.

**Du behöver åka till sjukhuset.** deu  
beh-hur-vehr oa-ka tihl sjeuk-heu-seht

You need to go to  
the hospital.

## Hospital

Please notify my family.

I'm in pain.

I need a doctor/nurse.

When are visiting hours?

I'm visiting...

**Var snäll och underrätta min familj.** vahr snehl ohk eun-der-rehta mihn fa-mily

**Jag har ont.** yahg hahr oant

**Jag behöver en läkare/ sjuksköterska.** yahg beh-hur-vehr ehn lair-ka-rer/sheuk-shur-ter-ska

**När är det besökstid?** nair air dee beh-surks-teed

**Jag vill besöka...** yahg vihl beh-sur-ka...

## Dentist

I've broken a tooth/lost a filling.

This tooth hurts.

Can you fix this denture?

**Jag har brutit av en tand/tappat en plomb.** yahg hahr brey-tiht afv ehn tand/tap-at ehn plohm

**Den här tanden gör ont.** dehn hair tan-dehn yur oant

**Kan du reparera den här tandprotesen?** kan deu reh-pa-ree-ra dehn hair tand-proh-tees-ehn

## Gynecologist

I have menstrual cramps/a vaginal infection.

I missed my period.

I'm on the Pill.

I'm (not) pregnant.

**Jag har mens värk/en vaginal infektion.** yahg hahr mens vehrk/ ehn va-gih-nahl ihn-fehk-shoan

**Min mens har inte kommit.** mihn mehns hahr ihn-ter koh-miht

**Jag tar p-piller.** yahg tahr pee-pihl-ler

**Jag är (inte) gravid.** yahg air (ihn-ter) gra-veed

I haven't had my  
period for...months.

**Jag har inte haft mens på...  
månader.** yahg hahr ihn-ter haft mehns poa...  
moa-na-dehr

► For numbers, see page 184.

## Optician

I've lost...

– a contact lens

– my glasses

– a lens

**Jag har tappat...** yahg hahr tap-at...

– **en kontaktlins** ehñ kohn-takt-lihñs

– **mina glasögon** mee-na glahs-ur-gohñ

– **en lins** ehñ lihñs

## Payment and Insurance

How much does it  
cost?

**Hur mycket kostar det?** heur mew-ker  
kos-tar dee

Can I pay by credit  
card?

**Kan jag betala med kreditkort?** kan yahg  
beh-tah-la meed kreh-deet-koart

I have insurance.

**Jag har försäkring.** yahg hahr furr-sair-krihng

Can I have a receipt  
for my insurance?

**Kan jag få ett kvitto för mitt  
försäkringsbolag?** kan yahg foa eht kvih-toh  
furr miht furr-sair-krihngs-boa-lahg

## Pharmacy [Chemist]

### Essential

Where's the nearest  
pharmacy [chemist]?

**Var är närmaste apotek?** vahr air  
nair-mas-teh a-poa-teek

What time does the  
pharmacy [chemist]  
open/close?

**När öppnar/stänger apoteket?** nair  
urp-nar/stehng-ehr a-poa-tee-keht

What would you recommend for...?

How much should I take?

Can you fill [make up] this prescription for me?

I'm allergic to...

**Vad kan du rekommendera för...?**

vahd kan deu reh-koh-mehn-dee-ra furr...

**Hur mycket ska jag ta?** heur mew-ker skah yahg tah

**Kan ni göra iordning det här receptet åt mig?** kan nee yur-ra ee oard-nihng dee hair reh-sehp-teht oat may

**Jag är allergisk mot...** yahg air a-lehr-gihsk moat...

i

In addition to filling prescriptions, **apotek** (pharmacies) sell over-the-counter medication as well as their own brands of toiletries and cosmetics. Almost all pharmacies are open on weekdays, but not all are open late in the evening or on weekends. Business hours vary considerably depending on the pharmacy. Generally, business hours are between 9 a.m. and 5 p.m. on weekdays. Locations with evening hours usually close around 9 p.m., and weekend hours are generally 10 a.m. to 4 p.m.

## Dosage Instructions

How much should I take?

How many times a day should I take it?

Is it suitable for children?

I'm taking...  
(medicine).

Are there side effects?

**Hur mycket ska jag ta?** heur mew-ker skah yahg tah

**Hur många gånger om dagen ska jag ta det?** heur moang-a goang-er ohm dah-gehn skah yahg tah dee

**Är det lämpligt för barn?** air dee lehmp-lihgt furr bahrn

**Jag tar...(medicin).** yahg tahr...  
(meh-dee-seen)

**Ger det några biverkningar?** yehr dee noa-gra bee-vehrk-nihng-ar

## You May See...

**EN GÅNG/TRE GÅNGER PER DAG**

*once/three times a day*

**TABLETTER**

tablets

**DROPPAR**

drop

**FÖRE/EFTER/TILLSAMMANS MED  
MÅLTIDER**

*before/after/with  
meals*

**PÅ FASTANDE MAGE**

on an empty stomach

**ENDAST FÖR UTVÄRTES BRUK**

for external use only

## Health Problems

I'd like some  
medicine for...

**Jag behöver medicin mot...**

yahg beh·hur·vehr meh·dih·seen moat...

– a cold

– **en förkylning** ehn furr·chewl·nihng

– a cough

– **hosta** hoas·ta

– diarrhea

– **diarré** dee·a·reh

– an insect bite

– **ett insektbett** eht in·sekt·beht

– motion [travel]  
sickness

– **åksjuka** oak·sheu·ka

– a sore throat

– **halsont** hals·oant

– a sunburn

– **solbränna** soal·brehn·a

– an upset stomach

– **ont i magen** oant ee mah·gehn

## Basic Needs

I'd like...

**Jag skulle vilja ha...** yahg skuh·ler  
vihl·ya hah...

– acetaminophen  
[paracetamol]

– **acetaminofen** a·seht·a·mihn·oa·fehn

– antiseptic cream

– **antiseptisk salva** an·tih·sehp·tihsk sal·va



- aspirin
- bandage
- a comb
- condoms
- contact lens solution
- deodorant
- a hairbrush
- hair spray
- ibuprofen
- insect repellent
- a nail file
- a (disposable) razor
- razor blades
- sanitary napkins [pads]
- shampoo/conditioner
- soap
- sunscreen
- tampons
- tissue
- toilet paper
- a toothbrush
- toothpaste
- **huvudvärkstabletter** heu·vuhd·vairks·ta·bleh·ter
- **gasbinda** gahs·bihn·da
- **kam** kam
- **kondomer** kohn·doa·mehr
- **kontaktlinsvätska** kohn·takt·lins·veht·ska
- **deodorant** dee·oa·deh·rant
- **en hårborste** ehn hoar·bohrsh·ter
- **hårspray** hoar·spray
- **ibuprofen** ee·beu·proa·fehn
- **myggolja** mewg·ohl·ya
- **en nagelfil** ehn nah·gehl·feel
- **en (engångs)-rakhyvel** ehn (een·goangs)·rahk·heuw·vehl
- **rakblad** rahk·blahd
- **bindor** bin·dohr
- **schampo/hårbalsam** sham·poa/hoar·bal·sam
- **tvål** tvoal
- **solskyddskrä**m soal·shewds·krairm
- **tamponger** tam·poang·ehr
- **papper näsdukar** pa·pehrs·nairs·deu·kar
- **toalettpapper** toa·a·leht·pa·pehr
- **tandborste** tand·bohr·ster
- **tandkräm** tand·krairm

► For baby products, see page 164.

# Reference

## Grammar

### Regular Verbs

The present tense of regular verbs in Swedish is formed by adding either **-r** or **-er** to the stem. If the stem ends in **a**, add an **-r**, if it ends in a consonant add **-er**. The past tense is formed by adding either **-de** or **-te** to the basic form. If the basic form ends in a **p, t, k** or **s**, add **-te**, if not then add **-de**. The future is formed by adding the present tense of **ska** (will) + the verb in the infinitive. This applies to all persons (e.g., I, you, he, she, it, etc.). Following are the present, past and future forms of the verbs **att köpa** (to buy) and **att fråga** (to ask). The different conjugation endings are in bold.

	Present	Past	Future
<b>att köpa</b> (to buy)	<b>köper</b>	<b>köpte</b>	ska köpa
<b>att fråga</b> (to ask)	<b>frågar</b>	<b>frågade</b>	ska fråga

### Irregular Verbs

There are a number of irregular verbs in Swedish; these must be memorized. Like regular verbs, however, the irregular verb form remains the same, irrespective of person(s). Following are the present, past and future conjugations for a number of important, useful irregular verbs.

	Present	Past	Future
<b>att vara</b> (to be)	<b>är</b>	<b>var</b>	<b>ska vara</b>
<b>att ha</b> (to have)	<b>har</b>	<b>hade</b>	<b>ska ha</b>
<b>att komma</b> (to come)	<b>kommer</b>	<b>kom</b>	<b>ska komma</b>
<b>att göra</b> (to do)	<b>gör</b>	<b>gjorde</b>	<b>ska göra</b>
<b>att gå</b> (to go/walk)	<b>går</b>	<b>gick</b>	<b>ska gå</b>

## Nouns and Articles

The indefinite article (a, an) is expressed with **en** for common nouns and with **ett** for neuter nouns. Generally, common nouns are those that can be both feminine and masculine (e.g. people, animals, etc.); neuter nouns have no gender (e.g. house, roof, etc.). However, there are several exceptions to this rule.

In Swedish, there are five different endings used to form plural nouns; three correspond to common gender nouns and two to neuter gender nouns. The following rules apply to nouns in the indefinite singular.

1. **en** words that end in **-a** take an **-or** ending
2. **en** words that end in **-e** take an **-ar** ending
3. **en** words with stress on the last vowel take an **-er** ending
4. **ett** words that end in a vowel take an **-n** ending
5. **ett** words that end in a consonant take no additional ending

Common gender nouns that end in a consonant are not covered by the rules above. These words will take either an **-ar** ending or an **-er** ending. The nouns which fall into this category will simply need to be memorized.

Singular indefinite

**en flicka** (a girl)

**en timme** (an hour)

**en telefon** (a telephone)

**ett konto** (an account)

**ett hus** (a house)

**en bil** (a car)

Plural indefinite

**flickor**

**timmar**

**telefoner**

**konton**

**hus**

**bilar**

Definite articles: where in English we say "the car", the Swedes say the equivalent of "car-the", i.e. they tag the definite article onto the end of the noun. In the singular, common nouns take an **-en** ending, neuter nouns an **-et** ending. In the plural, common nouns add an **-na** and neuter nouns take an **-en** ending, neuter nouns an

**-et** ending. In the plural, common nouns add an **-na** and neuter nouns take an **-en**.

	Singular		Plural	
common gender	<b>katten</b>	the cat	<b>katterna</b>	the cats
neuter gender	<b>tåget</b>	the train	<b>tågen</b>	the trains

## Pronouns

I	<b>jag</b>	it (common/neuter)	<b>den/det</b>
you (sing., inf.)	<b>du</b>	we	<b>vi</b>
he	<b>han</b>	you (pl.)	<b>ni</b>
she	<b>hon</b>	they	<b>de</b>

In Swedish there are two terms for “you”: **du** (singular/informal) and **ni** (plural/informal). Both are used when talking to relatives, friends, colleagues, children, between young people and in work situations. The plural form, **ni**, is used in other, more formal situations to refer to one or more persons. Its use has become less frequent, and is used only in very formal contexts. Nowadays you will hear most people address each other with **du**.

## Word Order

Swedish is similar to English in terms of word order for simple sentences: It follows the subject-verb-object pattern.

Example:

**Sara läser en bok.** Sara is reading a book.

When the sentence doesn't begin with a subject, the word order changes; the verb and the subject are inverted.

Example:

**Nu läser Sara en bok.** Now Sara is reading a book.

However, **nu** (nu) could just as well be placed at the end of the sentence, e.g. **Sara läser en bok nu.**

Questions are formed by reversing the order of the subject and verb:

**Du ser katten.** You see the cat.

**Ser du katten?** Do you see the cat?

## Negation

A statement can be negated by inserting the word **inte** after the verb:

**Jag talar svenska.** I speak Swedish.

**Jag talar inte svenska.** I do not speak Swedish.

## Demonstrative Adjectives

	Common	Neuter	Plural
--	--------	--------	--------

this/these	<b>denna</b>	<b>detta</b>	<b>dess</b>
------------	--------------	--------------	-------------

that/those	<b>den</b>	<b>det</b>	<b>de</b>
------------	------------	------------	-----------

	<b>denna bil</b> (this car)	<b>detta hus</b> (this house)	
--	-----------------------------	-------------------------------	--

## Possessive Adjectives

	Common	Neuter	Plural
--	--------	--------	--------

my	<b>min</b>	<b>mitt</b>	<b>mina</b>
----	------------	-------------	-------------

your (sing.)	<b>din</b>	<b>ditt</b>	<b>dina</b>
--------------	------------	-------------	-------------

our	<b>vår</b>	<b>vårt</b>	<b>våra</b>
-----	------------	-------------	-------------

his	<b>hans</b>		
-----	-------------	--	--

hers		<b>hennes</b>	
------	--	---------------	--

its		<b>dess/dess</b>	
-----	--	------------------	--

their		<b>deras</b>	
-------	--	--------------	--

your (pl.)	<b>er</b>	<b>ert</b>	<b>era</b>
------------	-----------	------------	------------

## Adverbs and Adverbial Expressions

Adverbs are generally formed by adding **-t** to the corresponding adjective.

**Hon går snabbt.** She walks quickly.

**Hon har en snabb tempo.** She has a quick pace.

# Numbers

## Essential

0	<b>noll</b> nohl
1	<b>ett</b> eht
2	<b>två</b> tvoa
3	<b>tre</b> tree
4	<b>fyra</b> <u>few</u> •ra
5	<b>fem</b> feh-m
6	<b>sex</b> seh-x
7	<b>sju</b> sheu
8	<b>åtta</b> oh•ta
9	<b>nio</b> <u>nee</u> •oa
10	<b>tio</b> <u>tee</u> •oa
11	<b>elva</b> <u>ehl</u> •va
12	<b>tolv</b> tohlv
13	<b>tretton</b> <u>treh</u> •tohn
14	<b>fjorton</b> <u>fyeur</u> •tohn
15	<b>femton</b> <u>feh-m</u> •tohn
16	<b>sexton</b> <u>seh-x</u> •tohn
17	<b>sjutton</b> <u>sheu</u> •tohn
18	<b>arton</b> <u>ar</u> •tohn
19	<b>nitton</b> <u>nih</u> •tohn
20	<b>tjugo</b> <u>shcheu</u> •goa
21	<b>tjugoett</b> <u>shcheu</u> •goa•eht
22	<b>tjugotvå</b> <u>shcheu</u> •goa•tvoa
30	<b>trettio</b> <u>treh</u> •tee•oa

31	<b>trettioett</b> treh·tee·oa·eht
40	<b>fyrtyio</b> fuhr·tee·oa
50	<b>femtio</b> feh·tee·oa
60	<b>sextio</b> seh·tee·oa
70	<b>sjuttio</b> sheu·tee·oa
80	<b>åttio</b> oh·tee·oa
90	<b>nittio</b> nih·tee·oa
100	<b>hundra</b> huhn·dra
101	<b>hundraett</b> huhn·dra·eht
200	<b>två hundra</b> tvoa huhn·dra
500	<b>fem hundra</b> feh· huhn·dra
1,000	<b>ett tusen</b> eht teu·sehn
10,000	<b>tio tusen</b> tee·oa teu·sehn
1,000,000	<b>en miljon</b> ehn mihl·yoan

## Ordinal Numbers

first	<b>första</b> furs·ta
second	<b>andra</b> an·dra
third	<b>tredje</b> tree·dye
fourth	<b>fjärde</b> fyair·der
fifth	<b>femte</b> feh·ter
once	<b>en gång</b> ehn goang
twice	<b>två gånger</b> tvoa goang·ehr
three times	<b>tre gånger</b> tree goang·ehr

## Essential

What time is it?

**Hur mycket är klockan?** heur mew-ker air kloh-kan

It's noon [midday].

**Klockan är tolv.** kloh-kan air tolv

Midnight.

**Midnatt.** meed-nat

From 9 o'clock  
to 5 o'clock.

**Från nio till sjutton.** froan nee-oa tihl  
sheu-tohn

It's twenty after  
[past] four.

**Den är tjugo över fyra.** dehn air shcheu-goa  
ur-ver few-ra

It's a quarter to nine.

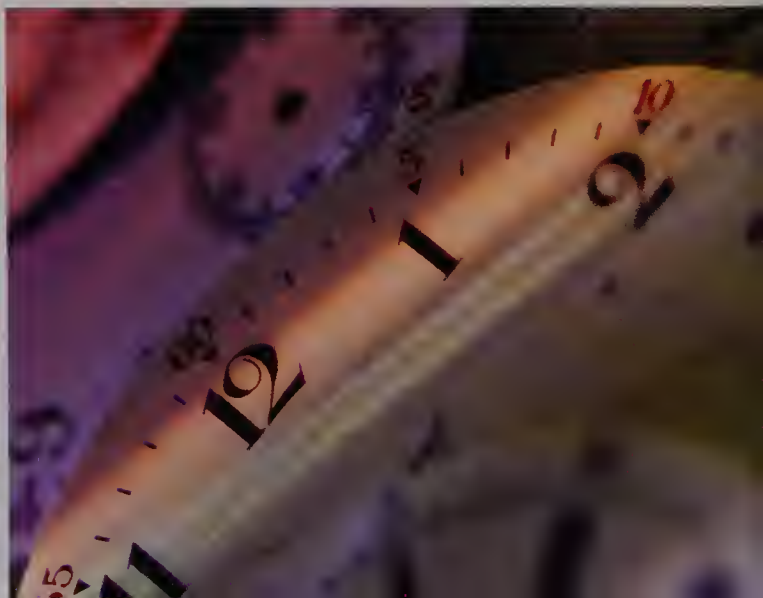
**Den är kvart i nio.** dehn air kvart ee nee-oa

5:30 a.m.

**Halv sex på morgonen.** halv sehx poa  
mor-oh-nehn

5:30 p.m.

**Halv sex på kvällen.** halv sehx poa kveh-lehn





**i** Sweden officially follows the 24-hour clock. Formal communication, such as public transportation schedules and TV programming, follows this system. However, in ordinary conversation, time is generally expressed as shown above, often with the addition of **på morgonen** (in the morning), **på förmiddagen** (mid-morning), **på eftermiddagen** (in the afternoon), **på kvällen** (in the evening) and **på natten** (at night).

## Days

### Essential

Monday	<b>måndag</b> <u>moan</u> -dahg
Tuesday	<b>tisdag</b> <u>tees</u> -dahg
Wednesday	<b>onsdag</b> <u>oans</u> -dahg
Thursday	<b>torsdag</b> <u>toash</u> -dahg
Friday	<b>fredag</b> <u>free</u> -dahg
Saturday	<b>lördag</b> <u>lurr</u> -dahg
Sunday	<b>söndag</b> <u>sur</u> n-dahg

## Dates

yesterday	<b>igår</b> ee- <u>goar</u>
today	<b>idag</b> ee- <u>dahg</u>
tomorrow	<b>imorgon</b> ee- <u>mo</u> -ron
day	<b>dag</b> dahg
week	<b>vecka</b> <u>veh</u> -ka
month	<b>månad</b> <u>moa</u> -nad
year	<b>år</b> oar

## Months

---

January	<b>januari</b> ya-neu-ah·ree
February	<b>februari</b> feh·b-reu-ah·ree
March	<b>mars</b> mash
April	<b>april</b> ap-rihl
May	<b>maj</b> maly
June	<b>juni</b> yeu·nee
July	<b>juli</b> yeu·lee
August	<b>augusti</b> a-guhss·tee
September	<b>september</b> seh·p-tehm·behr
October	<b>oktober</b> ohk-toa·behr
November	<b>november</b> noh-vehm·behr
December	<b>december</b> dee-sehm·behr

## Seasons

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spring	<b>vår</b> voar
summer	<b>sommar</b> soh·mar
fall [autumn]	<b>höst</b> huhst
winter	<b>vinter</b> vihn·tehr

## Holidays

---

January 1, New Year's Day **Nyårsdagen**

January 6, Epiphany **Trettondagen**

May 1, May Day **Första maj**

June 6, Flag Day **Flaggans dag**

December 25, Christmas Day **Juldagen**

December 26, Boxing Day **Annandag jul**

### Movable Dates:

Good Friday

**Långfredagen**

Ascension

**Kristi himmelfärdsdag**

Whitsunday

**Pingstdagen**

All Saints' Day

**Allhelgonadagen**

Midsummer Day

**Midsommardagen**

The two most important holidays in Sweden are Midsummer and Christmas. **Midsommardagen** (Midsummer) is celebrated with midsummer poles (similar to the may pole) and traditional songs and dances. Traditional food includes **matjesill** (pickled herring), fresh fish and schnapps. For **Juldagen** (Christmas), special cakes and other delicious treats are prepared, such as **pepparkakor** (ginger cookies), **saffranbullar** (saffron buns) and **julbord** (Christmas **smörgåsbord**, a festive buffet). Though not an official holiday, **Luciadagen** (St. Lucia Day) on December 13 marks the beginning of the Christmas season. Swedes also celebrate the beginning of spring on April 30, which is known as **Valborgsmässoafton**, with huge bonfires, fireworks and singing. June 6 is **Flaggans dag** (Flag Day), the national day of Sweden. Streets are decorated with yellow and blue, the colors of the Swedish flag, patriotic speeches are made and traditional games and meals are enjoyed.

## Conversion Tables

### Mileage

1 km – 0.62 mi	20 km – 12.4 mi
5 km – 3.10 mi	50 km – 31.0 mi
10 km – 6.20 mi	100 km – 61.0 mi

### Measurement

1 gram	<b>gram</b> khrahm	= 0.035 oz.
1 kilogram (kg)	<b>kilogram</b> <u>kee</u> -loa-khrahm	= 2.2 lb
1 liter (l)	<b>liter</b> <u>lee</u> -tuhr	= 1.06 U.S./ 0.88 Brit. quarts
1 centimeter (cm)	<b>centimeter</b> <u>sehn</u> -tee- <u>may</u> -tuhr	= 0.4 inch
1 meter (m)	<b>meter</b> <u>may</u> -tuhr	= 3.28 feet
1 kilometer (km)	<b>kilometer</b> <u>kee</u> -loa- <u>may</u> -tuhr	= 0.62 mile

### Temperature

-5° C – 23° F	15° C – 59° F
-40° C – -40° F	-1° C – 30° F
-30° C – -22° F	20° C – 68° F
-20° C – -4° F	0° C – 32° F
-10° C – 14° F	25° C – 77° F
	30° C – 86° F
	35° C – 95° F

### Oven Temperature

100° C – 212° F	177° C – 350° F
121° C – 250° F	204° C – 400° F
149° C – 300° F	260° C – 500° F

## Useful Websites

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[www.sweden.se](http://www.sweden.se)

*The Swedish Institute*

[www.stockholmtown.com](http://www.stockholmtown.com)

*Stockholm Visitors Board*

[www.goteborg.com](http://www.goteborg.com)

*Göteborg tourist Office*

[www.sj.se](http://www.sj.se)

*SJ, Swedish State Railway*

[www.sl.se](http://www.sl.se)

*Public Transportation in  
Stockholm*

[www.svenskaturistforeningen.se](http://www.svenskaturistforeningen.se)

*The Swedish Tourist Club*

[www.sob.nu](http://www.sob.nu)

*Swedish Mountain Guide  
Association*

[www.gangsport.com](http://www.gangsport.com)

*Swedish Walking Association*

[www.svenska-cykelsallskapet.se](http://www.svenska-cykelsallskapet.se)

*Swedish Cycling Association*

[www.sjofartsverket.se](http://www.sjofartsverket.se)

*Swedish Maritime Administration*

[www.musikfestivaler.se](http://www.musikfestivaler.se)

*Information on music festivals in  
Sweden*

[www.hihostels.com](http://www.hihostels.com)

*Hostelling International website*

[www.berlitzpublishing.com](http://www.berlitzpublishing.com)

*Berlitz Publishing website*

# English–Swedish Dictionary

## A

**about (approximately)** omkring  
**accept** v acceptera  
**accident** olycka  
**accommodation** logi  
**acetaminophen** paracetamol  
**across** över  
**acupuncture** akupunktur  
**adapter** adapter  
**address** *n* adress  
**adopt** v adoptera  
**after** efter  
**age** ålder  
**air conditioning** luftkonditionering  
**air mail** flygpost  
**airline** flygbolag  
**airport** flygplats  
**aisle seat** plats i mittgången  
**all** alla  
**allergic** allergisk  
**allergic reaction** allergisk reaktion  
**allergy** allergi  
**allow** v tillåta  
**alter** v ändra på  
**alternate route** annan väg  
**aluminum foil** aluminiumfolie

a.m. fm  
**ambulance** ambulans  
**amount** summa  
**amusement park** nöjesfält  
**and** och  
**anemic** anemisk  
**animal** djur  
**another** annan  
**antiques store** antikaffär  
**antiseptic cream** antiseptisk salva  
**anyone** någon  
**anything** något  
**apartment** lägenhet  
**apologize** v be om ursäkt  
**appliance** apparat  
**approve** v godkänna  
**area code** riktnummer  
**aromatherapy** aroma-terapi  
**arrival** ankomst  
**arrive** v anlända  
**ask** v fråga  
**aspirin** huvudvärkstablett  
**asthma** astma  
**at** vid  
**ATM** Bankomat  
**attack** *n* anfall  
**audio guide** audioguide  
**authentic** äkta  
**automatic** automatisk  
**available** ledig  
**away** iväg

**adj** adjective

**n** noun

**adv** adverb

**v** verb

**BE** British English

## B

- baby** baby  
**baby bottle** nappflaska  
**baby formula** välling  
**baby wipes** våtservetter för barn  
**babysitter** barnvakt  
**backpack** ryggsäck  
**bad** dålig  
**bag (shopping)** påse  
**baggage cart** bagagekärra  
**baggage claim** bagageutlämning  
**bakery** bageri  
**band (music group)** band  
**bandage (gauze)** gasbinda  
**bank** bank  
**bank charge** bankavgift  
**banknote** sedel  
**bar** bar  
**barber** herrfrisör  
**bath** bad  
**bathroom** badrum; **(toilet)** toalett  
**battery** batteri  
**battlefield** slagfält  
**be** *v* vara  
**beach** strand  
**beautiful** vacker  
**become** *v* bli  
**bed** *n* säng  
**before** före  
**begin** *v* börja  
**behind** bakom  
**belt** skärp  
**between** mellan  
**big** stor  
**bicycle** cykel  
**bicycle lock** cykelås  
**bikini** bikini  
**bill** *n* **(restaurant bill)** nota;  
**(hotel, invoice)** räkning  
**birthday** födelsedag  
**bite** *n* bett; *v* **(bite)** bita;  
*v* **(chew)** tugga  
**black** svart  
**blanket** *n* täcke  
**bleed** *v* blöda  
**blood** blod  
**blood pressure** blodtryck  
**blouse** blus  
**board** *v* **(flight)** borda  
**boarding house** pensionat  
**boarding pass**  
**(airport)** boardingkort  
**boat** båt  
**boat tour** båtture  
**book** bok  
**bookstore** bokhandel  
**boots** stövlar  
**boring** trist  
**botanical garden** botanisk  
trädgård  
**bottle** flaska  
**bottle opener** flasköppnare  
**bowl** djup tallrik  
**boy** pojke  
**boyfriend** pojkvän  
**bra** behå  
**bracelet** armband  
**break** *v* gå sönder  
**breakdown** *v* **(car)** gå sönder  
**breastfeed** *v* amma  
**breathe** andas

**bridge** bro  
**bring** ta med  
**broken (broken)** sönder;  
**(damaged)** trasig  
**brooch** brosch  
**broom** sopborste  
**brown** brun  
**burn** v brinna  
**bus** buss  
**bus route** busslinje  
**bus station** bussterminal  
**bus stop** busshållplats  
**business center** businesscenter  
**business hours** öppettider  
**business trip** affärsresa  
**busy** upptagen  
**but** men  
**buy** v köpa

## C

**cabin** stuga  
**cafe** kafé  
**calender** kalender  
**call** v (phone) ringa  
**calm** lugn  
**camera** kamera  
**camping bed** tältsäng  
**can** n burk; v (be able to) kan  
**can opener** konservöppnare  
**cancel** v avbeställa  
**car** bil  
**car deck (ferry)** bildäck  
**car ferry** bilfärja  
**car park [BE]** parkeringsplats  
**car rental** biluthyrning

**car seat** bilbarnstol  
**carafe** karaff  
**card** n kort  
**carry on** n  
**(luggage)** handbagage  
**cash** kontant  
**cashier (male)** kassör;  
**(female)** kassörska  
**casino** kasino  
**castle** slott  
**cathedral** katedral  
**cave** grotta  
**cell phone** mobiltelefon  
**ceramics** keramik  
**certificate of authenticity**  
 äkthetsbevis  
**chair lift** stollift  
**change** n (money) växel;  
 v (transportation; a baby) byta;  
 v (reservation) ändra;  
**cheap** billig  
**check in** v checka in  
**check in desk**  
**(airport)** incheckning  
**check out** v checka ut  
**checking account** checkkonto  
**chemical toilet** kemisk toalett  
**chemist [BE]** apotek  
**chest** bröstet  
**child** barn  
**child's cot [BE]** barnsäng  
**children's menu** barnmeny  
**church** kyrka  
**cigar** cigarr  
**cinema [BE]** bio



**city (city)** stad;  
**(downtown)** centrum  
**city map** stadskarta  
**classical music** klassisk musik  
**clean** *n* ren  
**cleaning supplies** städutrustning  
**clear** *v* **(computer)** rensa  
**cliff** klippa  
**cling film [BE]** plastfolie  
**clock** klocka  
**close** *v* stänga  
**closed** stängt  
**clothing store** klädaffär  
**coat** rock  
**coffee shop** konditori  
**coin** mynt  
**cold (illness)** förskylning;  
**(temperature)** kall  
**colleague** kollega  
**color** färg  
**comb** kam  
**come** *v* komma  
**company (business)** firma;  
**(companionship)** sällskap  
**computer** dator  
**concert** konsert  
**conditioner** hårbalsam  
**condom** kondom  
**conference** konferens  
**conference room** konferensrum  
**confirm** *v* **(reservation)** bekräfta  
**contact lens solution**  
 kontaktlinsvätska  
**contain** *v* innehålla  
**contraceptive** preventivmedel  
**convention hall** kongresshall

**cooking facilities** kokmöjligheter  
**cool (temperature)** sval  
**copy** *n* kopia  
**copy machine** kopieringsautomat  
**corkscrew** korkskruv  
**correct** rätt  
**cost** *v* kosta  
**cotton** bomull  
**cough** *n* hosta; *v* hosta  
**country code** landsnummer  
**cover charge** kuvertavgift  
**credit card** kreditkort  
**crib** barnsäng  
**cross country skiing** längdåkning  
**crystal (glass)** kristallglas  
**cup** kopp  
**culture** kultur  
**currency** valuta  
**currency exchange office**  
 växelkontor  
**customs** tull  
**customs declaration form**  
 tulldeklaration  
**cute** *adj* gullig  
**cycling** cykelåkning

## D

**dala horse** dalahäst  
**damage** *v* **(damage)** skada;  
*n* **(harm)** skada  
**dance** *v* dansa  
**dance club** diskotek  
**day ticket** dagsbiljett  
**day trip** dagstur  
**deaf** döv

**debit card** bankkort  
**declare** *v* (**customs**) förtulla  
**deck chair** solstol  
**deep** djup  
**delay** *n* försening  
**delete** *v* (**computer**) radera  
**delicatessen** delikatessaffär  
**denim** denim  
**dentist** tandläkare  
**denture** tandprotes  
**deodorant** deodorant  
**depart** *v* (**train**) avgå  
**department store** varuhus  
**departure (airport)** avgång  
**departure gate** avgångsgate  
**deposit** handpenning  
**desire** *adj* gärna; *n* lust  
**detour** trafikomläggning  
**develop** *v* (**photos**) framkalla  
**diabetic** *n* diabetiker  
**dial** *v* (**number**) slå  
**diamond** diamant  
**diaper** blöja  
**diarrhea** diarré  
**diesel** diesöl  
**difficult** svårt  
**digital** digital  
**digital print** digitalt kort  
**dirty** smutsig  
**disabled** rörelsehindrad  
**disabled accessible toilet [BE]**  
 handicappanpassad toalett  
**discount** rabatt  
**discount card** rabattkort  
**dish detergent** diskmedel

**dishwasher** diskmaskin  
**display case** vitrin  
**disposable**  
*camera* engångskamera  
**disturb** *v* störa  
**dive** *v* dyka  
**divide** *v* dela  
**diving equipment** dykarutrustning  
**divorced** skild  
**dizzy** yr  
**do** *v* (**do something**) göra;  
*(work with)* syssla med  
**do not disturb** var god stör ej  
**doctor** doktor  
**doll** docka  
**dollar** dollar  
**domestic (travel)** inrikes  
**domestic flight** inrikes flyg  
**domestic partner** sambo  
**door** dörr  
**dosage** dosering  
**downtown** centrum  
**dress** klänning  
**dress code** klädsel  
**drive** *v* köra  
**driver's license** körkort  
**drops (medication)** droppar  
**dry cleaner** kemtvätt  
**dubbed** dubbad  
**duty free** taxfri  
**duty free good** taxfri vara

## E

**each** varje  
**ear** öra

## F

**earring** örhänge  
**east** öster  
**easy** lätt  
**eat** v äta  
**economy class** turist klass  
**electrical outlet** nätuttag  
**elevator** hiss  
**e-mail** e-post  
**e-mail address** e-postadress  
**emergency** nödsituation  
**emergency brake** nödbroms  
**emergency exit** nödutgång  
**English** engelska  
**engrave** v gravera  
**enter** *n* (entrance) ingång;  
 (computer) enter  
**entertainment** underhållning  
**equipment** utrustning  
**escalator** rulltrappa  
**e-ticket** e-biljett  
**European Union (EU)** europeiska  
 unionen  
**event** händelse  
**examine** v (medical) undersöka  
**excess baggage** överviktsbagage  
**exchange rate** växelkursen  
**excuse me (attention, pardon)**  
 ursäkta; (to get past) ursäkta  
 mig  
**exit** *n* (way out) utgång  
**expensive** dyr  
**expert** avancerad  
**express** express  
**express mail** expresspost  
**extension (phone)** anknytning  
**eyeglasses** glasögon

**fabric** tyg  
**family** familj  
**fan (ventilation)** fläkt  
**fantastic** *adj* fantastisk  
**fare** biljettpris  
**farm** bondgård  
**fast** fort  
**fax** fax  
**fax machine** fax machine  
**female** kvinna  
**ferry** färja  
**fever** feber  
**field** fält  
**fill** v (prescription) göra i ordning  
**filling (dental)** plomb  
**film [BE]** film  
**fire exit** brandutgång  
**first** första  
**fishing** fiske  
**fit** v (clothing) passa  
**fitting room** provrum  
**fix** v laga  
**fixed price** fast pris  
**flat [BE]** lägenhet  
**flight** flyg  
**flight number** flygnummer  
**floor (level)** våning  
**football [BE]** fotboll  
**for (someone)** för  
**foreign currency** utländsk valuta  
**forest** skog  
**forget** v glömma  
**fork** gaffel

**form** *n* blankett  
**fountain** fontän  
**free (available)** ledig  
**free of charge** gratis  
**freezer** frys  
**friend** vän  
**from** ifrån  
**frying pan** stekpanna  
**fun** rolig  
**function** *v* (**work**) fungera  
**further (more)** ytterliggare

## G

**game** spel  
**garbage** sopor  
**garbage bag** soppåse  
**gasoline** bensin  
**gas station** bensinstation  
**gate (boarding)** gate  
**genuine** äkta  
**get off (train)** stiga av  
**gift shop** presentaffär  
**gift** present  
**girlfriend** flickvän  
**give** *v* ge  
**glass (drinking)** glas  
**gold** guld  
**golf** golf  
**golf club** golfklubba  
**golf course** golfbana  
**good** *adj* bra  
**goodbye** hej då  
**greengrocer [BE]** livsmedelsaffär  
**grocery store** livsmedelsaffär  
**group** grupp

**guest** gäst  
**guide (brochure)** guide;  
    (**person**) guide  
**guide dog** ledarhund  
**gym** gym

## H

**hair cut** klippning  
**hair dryer** hårtork  
**hair style** frisyr  
**hairbrush** hårborste  
**hairstylist** damfrisör  
**hairdresser** damfrisör  
**hairspray** hårspray  
**half** halv  
**handbag [BE]** handväska  
**handicapped** rörelsehindrade  
**handicapped accessible toilet**  
    handicappanpassad toalett  
**handicraft** hantverk  
**handmade** handgjord  
**hat** hatt  
**have** *v* ha  
**health food store** hälsokostaffär  
**hearing impaired** hörselskadad  
**heat** värme  
**helmet** hjälm  
**help** *n* hjälp; *v* hjälpa  
**here** här  
**hi** hej  
**highchair** barnstol  
**highway** motorväg  
**hike** *v* vandra  
**hiking** vandring  
**hill** kulle  
**hire** *v* [BE] rent

**holiday [BE] (vacation)** semester  
**holiday (celebration)** helgdag  
**horseback riding** ridsport  
**hospital** sjukhus  
**hot** varm  
**hotel** hotell  
**hour** timme  
**husband** man

## I

**ibuprofen** ibuprofen  
**ice hockey** ishockey  
**identification (idenitification)**  
 legitimation; **(ID card)** ID-kort  
**ill [BE]** sjuk  
**in** i  
**included (in the price)** inkluderad  
**indoor pool** inomhusbassäng  
**information desk** information  
**innocent** oskyldig  
**insect** insekt  
**insect bite** insektbett  
**insect repellent** mygg olja  
**inside** inuti  
**instant messenger** instant  
 messenger  
**instructor** instruktör  
**insurance** försäkring  
**interesting** intressant  
**international (travel)** utrikes  
**international driver's**  
**license** internationellt körkort  
**internet** internet  
**internet cafe** internetkafé  
**interpreter** tolk

**iron** *n (clothes)* strykjärn;  
*v (clothes)* stryka  
**itemized bill** specificerad räkning

## J

**jacket** jacka  
**jeans** jeans  
**jet ski** jetski  
**jeweler** juvelerare  
**jewelry** smycken  
**job** jobb

## K

**keep** *v* behålla  
**key** nyckel  
**key card** nyckelkort  
**kiddie pool** barnbassäng  
**kiss** *v* kyssa  
**kitchen** kök  
**knife** kniv  
**krona (Swedish currency)** krona

## L

**lace** spets  
**lactose intolerant** laktosinterant  
**ladies' restroom** damtoilett  
**ladieswear** damkläder  
**lake** sjö  
**last** sista  
**late** sen  
**launderette [BE]** snabbtvätt  
**laundromat** snabbtvätt  
**laundry** tvätt  
**laundry detergent** tvättmedel

**laundry facilities** tvättmöjligheter

**lawyer** advokat

**leather** läder

**leave** v lämna

**left (direction)** vänster

**lesson** lektion

**letter** brev

**library** bibliotek

**life boat** livbåt

**life jacket** flytväst

**lifeguard** livräddare

**lift (ski)** lift

**lift [BE] n (elevator)** hiss

**lift pass** liftkort

**light (lamp)** lampa

**light bulb** glödlampa

**lighter** tändare

**like** v gilla

**line (bus)** linje

**linen** linne

**live** v bo

**loafers** loafers

**lock** v låsa

**log on** logga in

**log out** logga ut

**long** *adj* lång; *adv* länge

**lose** v (**lost luggage**) förlora;

v (**drop, lose**) tappa

**lost** *n* vilse

**lost property office [BE]**

hittegods Expedition

**lost and**

**found** hittegods Expedition

**lottery** lotto

**love** v älska

**luggage locker** förvaringsskåp

## M

**mail** post

**mailbox** postlåda

**manager** chef

**manicure** manikyr

**many** många

**map** karta

**market** marknad

**married** gift

**mass** mässan

**match (fire)** tändsticka

**meal** måltid

**mean** v (**signify**) betyda

**measuring spoon** måttsked

**medicine** medicin

**medium** medium

**meet** v träffa

**meeting** sammanträde

**memory card** minneskort

**men's restroom** herrtoalett

**menstrual cramps** mensvärk

**menstruation** mens

**menswear** herrkläder

**menu** meny

**message** meddelande

**microwave** mikrovågsugn

**minimum**

(**requirement**) minimum

**Miss** fröken

**mistake** misstag

**mobile phone [BE]** mobiltelefon

**moment** ögonblick

**mop** *n* skurmop

**moped** moped

**mosque** moské

**motel** motell  
**motion sickness** åksjuka  
**motorboat** motorbåt  
**motorcycle** motocykel  
**motorway [BE]** motorväg  
**mountain** berg  
**mouth** mun  
**movie** film  
**movies** bio  
**Mr.** herr  
**Mrs.** fru  
**mugging** överfall  
**multi-day card** flerdagskort  
**museum** museum  
**must** måste

## N

**nail file** nagelfil  
**nail salon** nagelvårdssalong  
**name** *n* namn  
**napkin** servett  
**nappy [BE]** blöja  
**nature reserve** naturreservat  
**nearby** nära  
**necklace** halsband  
**need** *v* behöva  
**new** ny  
**newspaper** tidning  
**newsstand** tidningskiosk  
**next** nästa  
**next to** bredvid  
**nice** *adj* snäll  
**no (not allowed)** ej  
**nobody** ingen  
**no smoking** rökning förbjuden

**north** norr  
**not** inte  
**not included (in the price)**  
 inte inkluderad  
**nothing** inget  
**number** nummer  
**nurse** sjuksköterska

## O

**off** av  
**old** gammal  
**on (switch)** på  
**one way (street)** enkelriktad  
**one-way ticket** enkel biljett  
**only** bara  
**open** *n* öppet; *v* öppna  
**opening hours [BE]** öppettider  
**opera** opera  
**opposite** mitt emot  
**optician** optiker  
**or** eller  
**orchestra** orkester  
**order** *v* beställa  
**other** andra  
**outdoor** utomhus  
**outdoor pool** utomhusbassäng  
**outside** ute  
**overnight delivery (mail)**  
 expressutdelning  
**oxygen treatment** syrebehandling

## P

**pacifier** napp  
**package** paket  
**paddling pool [BE]** barnbassäng



**pajamas** pyjamas  
**panorama** panorama  
**pants** byxor  
**panty hose** strumpbyxor  
**paper napkin** pappersservett  
**parcel [BE]** paket  
**park** *n* park; *v* parkera  
**parking** parkering  
**parking lot** parkeringsplats  
**passport** pass  
**passport control** passkontroll  
**password (computer)** lösenord  
**pay phone** telefonautomat  
**pay** *v* betala  
**peak (mountain)** top  
**pearl** pärla  
**pedestrian crossing**  
övergångsställe för fotgängare  
**pedestrian** fotgängare  
**pedicure** pedikyr  
**pen** kulspetspenna  
**per** per  
**per day** per dag  
**per week** per vecka  
**performance (music, theater)**  
föreställning  
**person** person  
**petite** petit  
**petrol [BE]** bensin  
**petrol station [BE]** bensinstation  
**pewter** tenn  
**pharmacy** apotek  
**phone call** samtal  
**phone card** telefonkort  
**phone number** telefonnummer  
**photo** foto

**pick up** *v* (person/thing) hämta  
**picnic area** picknickområde  
**piece** bit  
**pill** tablett  
**pillow** kudde  
**PIN** PIN kod  
**pink** rosa  
**piste [BE]** spår  
**place** *n* ställe  
**plan** *n* plan  
**plaster [BE]** plåster  
**plastic wrap** plastfolie  
**platform (train)** plattform  
**platinum** platina  
**plate** tallrik  
**play** *n* (theater) teaterpjäs; *v*  
spela  
**playground** lekplats  
**playpen** lekrum  
**pleasant** trevlig  
**please (request)** snälla;  
(invitation) varsågod  
**plunger** vaskrensare  
**pocket** *n* ficka  
**point of interest** sevärdhet  
**police** polis  
**police report** polisrapport  
**police station** polisstation  
**pond** damm  
**post office** postkontor  
**postage** porto  
**postcard** vykort  
**pot (cooking pot)** gryta;  
(saucepan) kastrull  
**pound sterling** engelsk pund  
**pregnant** gravid



**premium (gas)** premium  
**prescription** recept  
**price** pris  
**print (computer)** skriva ut  
**private** privat  
**private room** privatrum  
**problem** problem  
**produce store** matbutik  
**program (events)** program  
**pub** pub  
**public transportation** allmänna  
 kommunikationer  
**pull** dra  
**purple** lila  
**purpose** syfte  
**purse (large)** handväska,  
 (small) portmonnä  
**push** tryck  
**pushchair [BE]** sittvagn

## R

**racket (tennis)** racket  
**railroad** järnväg  
**railway [BE]** järnväg  
**rain** regn  
**raincoat** regnkappa  
**rap** rap  
**rape** *n* våldtäkt  
**rapids** fors  
**rash** *n* utslag  
**(disposable) razor (engångs)**  
 rakhyvel  
**reach** *v* nå  
**read** *v* läsa  
**ready** färdig

**receipt** kvitto  
**receive** *v* ta emot  
**receptionist** receptionist  
**recommend** *v* rekommendera  
**refrigerator** kylskåp  
**region** region  
**regular gas** vanlig  
**relationship**  
 (romantic) förhållande  
**rent** *n* hyra; *v* hyra  
**repair** *v* reparera  
**repairs (car)** reparationer  
**repeat** *v* upprepa  
**report** *v* (crime) anmäla  
**reservation** bokning  
**reserved** reserverad  
**rest area** rastplats  
**restroom (sign)** WC  
**restaurant** restaurang  
**return** *v* (give back) återlämna  
**return ticket [BE]** retur (biljett)  
**reverse charge call [BE]** ba-  
 samtal  
**right (correct)** rätt;  
 (direction) höger  
**ring (jewelry)** ring  
**river** flod  
**road** väg  
**road map** vägkarta  
**romantic** romantisk  
**room** rum  
**room service** rumservice  
**round** *n* (golf) runda  
**round-trip ticket** retur biljett  
**rubbish [BE]** sopor

# S

**safe** *n* kassaskåp  
**sailing** segling  
**sandals** sandaler  
**sanitary napkin** binda  
**saucepan** kastrull  
**sauna** bastu  
**save** *v* (collect) spara  
**scarf** halsduk  
**schedule** tidsschema  
**scissors** sax  
**sea** hav  
**seat (on train)** plats  
**seat number** platsnummer  
**seat reservation (train)**  
 sittplatsbiljett  
**seminar** seminarium  
**send** *v* skicka  
**separated (couple)** separerad  
**service** serveringsavgift  
**service charge (bank)**  
 expeditionsavgift  
**sex** sex  
**shampoo** shampoo  
**sheet** lakan  
**shoe store** skoaffär  
**shoes** skor  
**shopping basket** shoppingkorg  
**shopping cart** shoppingvagn  
**shopping centre [BE]**  
 shoppingcenter  
**shopping mall** shoppingcenter  
**shorts** shorts  
**show** *v* visa  
**shower** dusch

**sick** sjuk  
**side effect** biverkning  
**sightseeing tour** sightseeingtur  
**sign** *v* undertäckna  
**silk** siden  
**SIM card (cell phone)** SIM kort  
**single ticket [BE]** enkel (biljett)  
**sit** *v* sitta  
**size** storlek  
**skiing** skidåkning  
**skirt** kjol  
**slice** *n* skiva  
**slippers** tofflor  
**slippery (icy)** hal  
**slow** *adj* långsam  
**small** liten  
**sneakers** tränings skor  
**snorkeling equipment**  
 snorkelutrustning  
**snow** snö  
**snowboard** snowboard  
**snowshoes** pjäxor  
**soap** tvål  
**soccer** fotboll  
**sock** socka  
**something** något  
**soon** snart  
**soother [BE]** napp  
**sore throat** halsont  
**sorry** förlåt  
**south** söder  
**souvenir** souvenir  
**spa** spa  
**spatula** stekspade  
**speak** *v* tala  
**spoon** sked

**sports massage** träningsmassage  
**spouse (female)** maka; **(male)** make  
**sprain** stukning  
**square (town feature)** torg  
**stadium** stadion  
**stair** trappa  
**stamp** *n* frimärke  
**stamp your ticket** stämpla er biljett  
**start** *v* **(car)** starta  
**stay** *n* stanna  
**steakhouse** stekhus  
**steep** brant  
**stolen** stulen  
**stomach** magen  
**stomachache** ont i magen  
**stop** *n* **(bus stop)** bushållplats; *v* stanna  
**store** *n* butik; *v* förvara  
**strange** konstig  
**stream** å  
**street** gata  
**stroller** sittvagn  
**student** studerande  
**study** *v* läsa  
**stunning** jättesnygg  
**subtitle** text  
**suburb** förort  
**subway** tunnelbana  
**subway station** tunnelbanestation  
**suitable** lämplig  
**suitcase** resväska  
**sunburn** solbränna  
**sunglasses** solglasögon  
**sunstroke** solsting

**super [BE] (gas)** premium  
**supermarket** snabbköp  
**surfboard** surfbräda  
**sweater** tröja  
**sweatshirt** sweatshirt  
**Swedish** *adj* svensk; *(language)* svenska  
**swelling** svullnad  
**swim** *v* simma  
**swimming pool** simbassäng  
**swimming trunks** badbyxor  
**swimsuit** baddräkt  
**symbol (computer)** tecken  
**symphony (orchestra)** symfoni  
**synagogue** synagoga

## T

**table** bord  
**tablecloth** duk  
**take** *v* ta  
**take out** *v* ta ut  
**taken (occupied)** upptagen  
**tampon** tampong  
**tax** skatt  
**taxi** taxi  
**teaspoon** tesked  
**temperature** temperatur  
**temple** tempel  
**tennis** tennis  
**tennis court** tennisbana  
**terminal (airport)** terminal  
**terrible** förskräcklig  
**text message** sms  
**textiles** textil  
**thank you** tack

**theft** rån  
**thief** tjuv  
**think** v tänka  
**ticket** biljett  
**ticket machine** biljettautomat  
**ticket office** biljettkontor  
**tie** n slips  
**tights [BE]** strumpbyxor  
**timetable [BE]** tidsschema  
**tip (service)** dricks  
**tissue** näsduk  
**to** till  
**tobacconist** tobaksaffär  
**toilet [BE]** toalett; **(sign)** WC  
**toilet paper** toalettpapper  
**tooth** tand  
**toothbrush** tandborste  
**toothpaste** tandkräm  
**tour** tur  
**tourist** turist  
**tourist attraction** turistattraktion  
**tourist**  
**information** turistinformation  
**tourist office** turistbyrå  
**town hall** stadshus  
**toy store** leksaksaffär  
**track (railroad)** spår  
**trail** spår  
**train** n tåg  
**train station** järnvägsstation  
**tram** spårvagn  
**translate** v översätta  
**travel** v **(travel)** resa;  
**(drive)** åka  
**travel agency** resebyrå

**travel agent (female)**  
 resebyråkvinn; **(male)**  
 resebyråman  
**travel sickness [BE]** åksjuka  
**traveler's check** resecheck  
**traveller's cheque**  
**[BE]** resecheck  
**treat** v **(to a meal)** bjuda  
**trim (hair)** putsning  
**trip** n resa  
**trolley [BE]** bagagekärra  
**trouser [BE]** byxor  
**try** v prova  
**turn off** v stänga av  
**turn on** v sätta på

## U

**ugly** ful  
**umbrella (standard)** paraply;  
**(sun)** solparasol  
**underground [BE]** tunnelbana  
**underground station [BE]**  
 tunnelbanestation  
**understand** v förstå  
**underwear (general)** underkläder  
**unfortunately** tyvärr  
**United Kingdom** Storbritanien  
**unlimited (mileage)** obegränsad  
**until** tills  
**urgent** brådskande  
**United State** Förenta Staterna  
**use** v använda  
**username** användarnamn  
**utensil** bestick

## V

**vacancy** ledigt rum  
**vacation** semester  
**vacuum cleaner** dammsugare  
**vaginal infection** vaginal infektion  
**valley** dal  
**valuable** värdesak  
**value** *n* värde  
**vegetarian** vegetarian  
**viewpoint** utsiktspunkt  
**village** by  
**visit** *n* besök; *v* besöka  
**visiting hours** besökstid  
**visitor** besökare  
**visitor** besökare  
**visually impaired** syn skadad  
**vomit** *v* kräkas

## W

**wait** vänta  
**wake up** *v* vakna  
**wake-up call** telefonväckning  
**walk** *n* promenad; *v* gå  
**wallet** plånbok  
**want** *v* vilja  
**washing machine** tvättmaskin  
**waterfall** vattenfall  
**weather**  
**forecast** väderleksrapport  
**weekend** helg  
**welcome** välkommen  
**west** väster  
**wheelchair** rullstol

**wheelchair ramp** rullstolsramp  
**when** när  
**where** var  
**which** vilken  
**white** vitt  
**who** vem  
**widow** änka  
**widower** änkling  
**window** fönster  
**window seat** fönsterplats  
**windsurfing** vindsurfa  
**wireless internet** trådlös internet  
**with** med  
**withdrawal (bank)** uttag  
**wood** trä  
**wool** ull  
**work from home** *v* arbeta hemifrån  
**wrap** *v* (present) slå in  
**write** *v* skriva  
**wrong** fel

## Y

**yellow** gul  
**yes** ja  
**yield** lämna företräde  
**youth hostel** vandrarhem

## Z

**zoo** djurpark

# Swedish–English Dictionary

## A

**acceptera** *v* accept  
**adapter** adapter  
**adoption** *v* adopt  
**adress** *n* address  
**advokat** lawyer  
**affärscentrum** shopping mall  
[centre BE]  
**affärsresa** business trip  
**akupunktur** acupuncture  
**alla** all  
**allergi** allergy  
**allergisk** allergic  
**allergisk reaktion** allergic  
reaction  
**allmänna**  
**kommunikationer** public  
transportation  
**alternativ väg** alternate route  
**aluminiumfolie** aluminum foil  
**ambulans** ambulance  
**amma** *v* breastfeed  
**andas** breathe  
**andra** other  
**anemisk** anemic  
**anfall** *n* attack  
**anknytning** extension (phone)  
**ankomst** arrival  
**anlända** *v* arrive  
**anmäla** *v* report (crime)  
**annan** another

**antikaffär** antiques store  
**antiseptisk salva** antiseptic cream  
**använda** *v* use  
**användarnamn** username  
**apotek** pharmacy [chemist BE]  
**apparat** appliance  
**arbeta hemifrån** *v* work from  
home  
**armband** bracelet  
**aroma-terapi** aromatherapy  
**astma** asthma  
**audioguide** audio guide  
**automatisk** automatic  
**av** off  
**avancerad** expert  
**avbeställa** *v* cancel  
**avgå** *v* depart (plane)  
**avgång** departure  
**avgångsgate** departure gate

## B

**baby** baby  
**bad** bath  
**badbyxor** swim trunks  
**baddräkt** swim suit  
**badrum** bathroom [toilet BE]  
**bagagekärra** baggage cart  
[trolley BE]  
**bagageutlämning** baggage claim  
**bageri** bakery  
**bakom** behind  
**band** band (music group)  
**bank** bank  
**bankavgift** bank charge  
**bankkort** debit card

<b>Bankomat</b>	ATM	<b>bildäck</b>	car deck (ferry)
<b>bar</b>	bar	<b>bilfärja</b>	car ferry
<b>bara</b>	only (just)	<b>biljett</b>	ticket
<b>barn</b>	child	<b>biljettautomat</b>	ticket machine
<b>barnbassäng</b>	kiddie pool [paddling pool BE]	<b>biljettkontor</b>	ticket office
<b>barnmeny</b>	children's menu	<b>biljettpris</b>	fare
<b>barnstol</b>	highchair	<b>billig</b>	cheap
<b>barnsäng</b>	crib [child's cot BE]	<b>bilsäte</b>	car seat
<b>barnvakt</b>	babysitter	<b>biluthyrning</b>	car rental
<b>bastu</b>	sauna	<b>binda</b>	sanitary napkin [towel BE]
<b>batteri</b>	battery	<b>bio</b>	movies [cinema BE]
<b>be om ursäkt</b>	v apologize	<b>bit</b>	piece
<b>behå</b>	bra	<b>bita</b>	v bite
<b>behålla</b>	v keep	<b>biverkning</b>	side effect
<b>behöva</b>	v need	<b>bjuda</b>	v treat (to a meal)
<b>bekräfta</b>	v confirm (reservation)	<b>blankett</b>	n form
<b>bensin</b>	gasoline [petrol BE]	<b>bli</b>	v become
<b>bensinstation</b>	gas station [petrol station BE]	<b>blod</b>	blood
<b>berg</b>	mountain	<b>blodtryck</b>	blood pressure
<b>bergklättring</b>	rock climbing	<b>blus</b>	blouse
<b>bestick</b>	utensil	<b>blöda</b>	bleed
<b>beställa</b>	v order	<b>blöja</b>	diaper [nappy BE]
<b>besök</b>	n visit	<b>bo</b>	v live
<b>besöka</b>	v visit	<b>boardingkort</b>	boarding pass
<b>besökare</b>	visitor	<b>bok</b>	book
<b>besökstid</b>	visiting hours	<b>bokhandel</b>	bookstore
<b>betala</b>	v pay	<b>bokning</b>	reservation (travel, restaurant)
<b>bett</b>	n bite	<b>bomull</b>	cotton
<b>betyda</b>	mean (signify)	<b>bondgård</b>	farm
<b>bibliotek</b>	library	<b>bord</b>	table
<b>bikini</b>	bikini	<b>borda</b>	v board (flight)
<b>bil</b>	car	<b>botanisk trädgård</b>	botanical garden
<b>bilbarnstol</b>	car seat	<b>bra</b>	adj good



**brandutgång** fire exit

**brant** steep

**bredvid** next to

**brev** letter

**brinna** v burn

**bro** bridge

**brosch** brooch

**brun** brown

**brådsande** urgent

**bröstat** chest

**burk** *n* can

**businesscenter** business center

**buss** bus

**busshållplats** bus stop

[request stop BE]

**busslinje** bus route

**bussterminal** bus station

**butik** *n* store

**by** village

**byta** v change (baby, connection)

**byxor** pants [trouser BE]

**båt** boat

**båttur** boat tour

**börja** v begin

## C

**centrum** downtown

**checka in** check in (airport)

**checka ut** check out (hotel)

**chef** manager

**cigarr** cigar

**cykel** bicycle

**cykelåkning** cycling

**cykelås** bicycle lock

## D

**dagsbiljett** day ticket

**dagstur** day trip

**dal** valley

**dalahäst** dala horse

**damfrisör** hairdresser

**damkläder** ladieswear

**damtoalett** ladies' restroom

**damm** pond

**dammsugare** vacuum cleaner

**dansa** v dance

**dator** computer

**dela** divide

**delikatessaffär** delicatessen

**denim** denim

**deodorant** deodorant

**diabetiker** *n* diabetic

**diämant** diamond

**diarré** diarrhea

**diesel** diesel

**digital** digital

**digitalt kort** digital print

**diskmedel** dish detergent

**diskmaskin** dishwasher

**djup** deep

**djup tallrik** bowl

**djur** animal

**djurpark** zoo

**docka** doll

**doktor** doctor

**dollar** dollar

**dosering** dosage

**dra** pull

**dricks** tip (service)



**droppar** drops (medication)  
**dubbad** dubbed  
**duk** table cloth  
**dusch** shower  
**dyka** *v* dive  
**dykarutrustning** diving equipment  
**dyr** expensive  
**dålig** bad  
**dörr** door  
**döv** deaf

## E

**e-biljett** e-ticket  
**efter** after  
**ej** no (do not...)  
**eller** or  
**endast** only (nothing but)  
**engelska** English  
**engelsk pund** pound sterling  
**engångskamera** disposable camera  
**enkel biljett** one-way trip  
     [single ticket BE]  
**enkelriktad** one way (street)  
**enter** enter (computer)  
**e-post** e-mail  
**e-postadress** e-mail address  
**europiska unionen** European Union (EU)  
**expeditionsavgift** service charge (bank)  
**express** express  
**expresspost** express mail  
**expressutdelning** overnight delivery (mail)

## F

**familj** family  
**fantastisk** *adj* fantastic  
**fast pris** fixed price  
**fax** fax  
**fax machine** fax machine  
**feber** fever  
**fel** wrong  
**ficka** *n* pocket  
**film** movie [film BE]  
**fiske** fishing  
**flaska** bottle  
**flasköppnare** bottle opener  
**flerdagskort** multi-day card  
**flickvän** girlfriend  
**flod** river  
**flyg** flight  
**flygbolag** airline  
**flygnummer** flightnumber  
**flygplats** airport  
**flygpost** airmail  
**fläkt** fan  
**fm** a.m.  
**fontän** fountain  
**fors** rapids  
**fort** fast  
**fotboll** soccer [football BE]  
**fotgängare** pedestrian  
**foto** photo  
**framkalla** *v* develop (photos)  
**fri** free  
**frimärken** stamps  
**frisyr** hair style  
**fru** Mrs.

**frys** freezer  
**fråga** ask  
**från** from...  
**fröken** Miss  
**ful** ugly  
**fungera** *v* function (work)  
**fylla** *v* fill  
**fält** field  
**färdig** ready  
**färg** color  
**färja** ferry  
**födelsedag** birthday  
**fönster** window  
**fönsterplats** window seat  
**för tung/stor** too much, excess  
 (baggage)  
**före** before  
**Förenta Staterna** United States  
**föreställning** performance  
 (music, theater)  
**förhållande** relationship  
 (romantic)  
**förlora** *v* lose  
**förlåt** sorry  
**försening** *n* delay  
**förskräcklig** terrible  
**förskylning** cold (sick)  
**första** first  
**förstå** *v* understand  
**försäkring** insurance  
**förtulla** *v* declare (customs)  
**förvaringsskåp** luggage locker  
**förort** suburb

## G

**gaffel** fork  
**gammal** *adj* old, *n* age  
**gasbinda** bandage (gauze)  
**gata** street  
**gate** gate (boarding)  
**ge** *v* give  
**gift** married  
**gilla** *v* like  
**glas** glass (drinking)  
**glasögon** eyeglasses  
**glödlampa** light bulb  
**glömma** *v* forget  
**godkänna** *v* approve  
**golf** golf  
**golfbana** golf course  
**golfklubb** golf club  
**gratis** free of charge  
**gravera** *v* engrave  
**gravid** pregnant  
**grotta** cave  
**grupp** group  
**gryta** pot (cooking)  
**guide** guide (brochure); guide  
 (person)  
**gul** yellow  
**guld** gold  
**gullig** *adj* cute  
**gym** gym  
**gå** *v* walk, leave  
**gå sönder** break; breakdown (car)  
**gärna** *adj* desire  
**göra** *v* do

H

**ha** *v* have  
**hal** slippery (icy)  
**halsband** necklace  
**halsduk** scarf  
**halsont** sore throat  
**halv** halv  
**handbagage** carry on  
**handgjord** handmade  
**handicappanpassad toalett**  
 handicapped accessible toilet  
 [disabled BE]  
**handpenning** deposit  
**handväska** purse [hand bag BE]  
**hantverk** handicraft  
**hatt** hat  
**hav** sea  
**hej** hi  
**hej då** goodbye  
**helg** weekend  
**helgdag** holiday (celebration)  
**hemifrån** work from home  
**hemlagad** homemade (food)  
**herr** Mr.  
**herrfrisör** barber  
**herrkläder** menswear  
**herrtoalett** men's restroom  
**hiss** elevator [lift BE]  
**hittegodsexpedition** lost-and-  
 found [lost property office BE]  
**hjälm** helmet  
**hjälp** *n* help  
**hjälpa** *v* help  
**hosta** *n* cough; *v* to cough  
**hotell** hotel

**huvudvärkstablett** aspirin  
**hyra** rent [hire BE]  
**hårbalsam** conditioner  
**hårborste** hairbrush  
**hårspray** hairspray  
**hårtork** hair dryer  
**hälsokostaffär** health food store  
**hämta** *v* pick up (thing/person)  
**händelse** event  
**här** here  
**höger** right (direction)  
**hörselskadad** hearing impaired

I

**i** in  
**ibuprofen** ibuprofen  
**ID-kort** identification  
**ifrån** from  
**incheckning** check in desk  
 (airport)  
**information** information desk  
**ingen** nobody (sg)  
**inget** nothing  
**ingång** entrance  
**inkluderad** included (in the price)  
**innehålla** contain  
**inomhusbassäng** indoor  
 swimming pool  
**inrikes** domestic (travel)  
**inrikes flyg** domestic flight  
**insekt** insect  
**insektbett** insect bite  
**instant messenger** instant  
 messenger  
**instruktör** instructor

**inte** not

**inte inkluderad** not included  
(in the price)

**internationellt**

**körkort** international driver's  
license

**internet** internet

**internetkafé** internet cafe

**intressant** interesting

**inuti** inside

**ishockey** ice hockey

**iväg** away

## J

**ja** yes

**jacka** jacket

**jeans** jeans

**jetski** jet ski

**jobb** job

**juvelerare** jeweler

**järnväg** railroad [railway BE]

**järnvägsstation** train station

**jättesnygg** stunning

## K

**kafé** cafe

**kalender** calender

**kall** cold (temperature)

**kam** comb

**kamera** camera

**kan** *v* can (be able to)

**karaff** carafe

**karta** map

**kasino** casino

**kassaskåp** *n* safe

**kassör** cashier (male)

**kassörska** cashier (female)

**kastrull** saucepan (cooking)

**katedral** cathedral

**kemisk toalett** chemical toilet

**kemtvätt** dry cleaner

**keramik** ceramics

**kjol** skirt

**klassiskmusik** classical music

**klippa** cliff

**klippning** hair cut

**klocka(n)** clock

**klädaffär** clothing store

**klädsel** dress code

**klänning** dress

**kniv** knife

**kokmöjligheter** cooking facilities

**kollega** colleague

**komma** *v* come

**konditori** coffee shop

**kondom** condom

**konferens** conference

**konferensrum** conference room

**kongresshall** convention hall

**koncert** concert

**konservöppnare** can opener

**konstig** strange

**kontaktlinsvätska** contact lens  
solution

**kontant** *n* cash

**kopia** *n* copy

**kopieringsautomat** copy machine

**kopp** cup

**korkskruv** corkscrew

**kort** *n* card, *adj* short

**kosta** *v* cost

**kostym** suit (jacket/pants)  
**kreditkort** credit card  
**kristallglas** crystal (glass)  
**krona** krona (Swedish currency)  
**kräkas** , v vomit  
**kudde** pillow  
**kulle** hill  
**kulspetspenna** pen  
**kultur** culture  
**kuvertavgift** cover charge  
**kvinna** female  
**kvitto** receipt  
**kylskåp** refrigerator  
**kyrka** church  
**kyssa** v kiss  
**kök** kitchen  
**köpa** v buy  
**köra** drive  
**körkort** driver's license

L

**laga** v fix  
**lakan** sheet  
**laktosintolerant** lactose intolerant  
**lampa** light (lamp)  
**landsnummer** country code  
**ledarhund** guide dog  
**ledig** available  
**ledigt rum** vacancy  
**legitimation** identification  
**lekplats** playground  
**lekrum** playpen  
**leksaksaffär** toy store  
**lektion** lesson  
**liftkort** liftpass

**lila** purple  
**linje** line  
**linne** linen  
**liten** small  
**livbåt** life boat  
**livräddare** lifeguard  
**livsmedelsaffär** grocery store  
 [greengrocer BE]  
**loafers** loafers  
**logga in** log on (connect to internet)  
**logga ut** log out  
**logi** accommodation  
**lotto** lottery  
**luftkonditionering** air  
 conditioning  
**lugn** calm  
**lust** n desire  
**lyft** lift (ski)  
**lång** long  
**långsam** slow  
**låsa** v lock  
**läder** leather  
**lägenhet** apartment [flat BE]  
**lämna** v leave  
**lämna före tröde** yield  
**lämplig** suitable  
**längdåkning** cross country skiing  
**länge** long (time)  
**läsa** v (book) read; (school) study  
**lätt** easy  
**lösenord** password

M

**magen** stomach  
**maka** spouse (female)

**make** spouse (male)  
**man** husband, man  
**manikyr** manicure  
**marknad** market  
**matbutik** produce store  
 (general store) [grocer BE]  
**med** with  
**meddelande** message  
**medicin** medicine  
**medium** medium  
**mellan** between  
**men** but  
**mens** menstruation  
**mensvärk** menstrual cramps  
**meny** menu  
**mikrovågsugn** microwave  
**minimum** minimum (requirement)  
**minneskort** memory card  
**misstag** mistake  
**mitt emot** opposite  
**mobiltelefon** cell phone  
 [mobile phone BE]  
**moms** sales tax [VAT BE]  
**moped** moped  
**moské** mosque  
**motel** motel  
**motorcykel** motorcycle  
**motorbåt** motorboat  
**motorväg** highway [motorway BE]  
**mun** mouth  
**museum** museum  
**mygg olja** insect repellent  
**mynt** coin  
**måltid** meal  
**många** many

**måste** must  
**måttsked** measuring spoon  
**mässan** mass (catholic)

## N

**nagelfil** nail file  
**nagelvårdssalong** nail salon  
**namn** *n* name  
**napp** pacifier [soother BE]  
**nappflaska** baby bottle  
**naturreservat** nature reserve  
**norr** north  
**nota** bill (restaurant)  
**nummer** number  
**ny** new  
**nyckel** key  
**nyckelkort** key card  
**nå**, *v* reach  
**någon** anyone  
**något** anything, something  
**när** when  
**nära** nearby  
**näsduk** tissue  
**nästa** next  
**nätuttag** electrical outlet  
**nödbroms** emergency brake  
**nödsituation** emergency  
**nödutgång** emergency exit  
**nöjesfält** amusement park

## O

**obegränsad** unlimited (mileage)  
**och** and  
**olycka** accident

**omkring** about (approximately)  
**ont i magen** stomachache  
**opera** opera  
**optiker** optician  
**orkester** orchestra

**P**

**paket** package [parcel BE]  
**panorama** panorama  
**pappersservett** paper napkin  
**paracetamol** acetaminophen  
**paraply** umbrella  
**park** park  
**parkering** parking  
**parkering på gatan** street parking  
**parkeringsplats (one or several)**  
 parking lot [car park BE]  
**pass** passport  
**passa** v fit  
**passkontroll** passport control  
**pedikyr** pedicure  
**pensionat** boarding house  
**per** per  
**per dag** per day  
**per vecka** per week  
**person** person  
**petit** petite  
**picknickområde** picnic area  
**PIN kod** PIN code  
**pjäxor** snowshoes  
**plan** n plan  
**plastfolie** plastic wrap [cling  
 film BE]  
**platina** platinum

**plats** seat (on train)  
**plats i mittgången** aisle seat  
**platsnummer** seat number  
**plattform** platform (train)  
**plomb** filling  
**plånbok** wallet  
**pojke** boy  
**pojkvän** boyfriend  
**polis** police  
**polisrapport** police report  
**polisstation** police station  
**porto** postage  
**post** mail  
**postkontor** post office  
**postlåda** mail box  
**premium** premium [super BE]  
 (gas)  
**presentaffär** gift shop  
**present** gift  
**preventivmedel** contraceptive  
**pris** price  
**privat** private  
**privatrum** private room  
**problem** problem  
**program** program (events)  
**prova** v try  
**provrum** fitting room  
**pub** pub  
**putsning** trim (hair)  
**pyjamas** pajamas  
**på** on (switch)  
**påse** bag  
**pärla** pearl



## R

**rabatt** discount  
**rabattkort** discount card  
**racket** racket (tennis)  
**radera** delete (computer)  
**(engångs)rakhyvel** (disposable) razor  
**rap** rap  
**rastplats** rest area  
**recept** prescription  
**receptionist** receptionist  
**region** region  
**regn** rain  
**regnkappa** raincoat  
**rekommendera** *v* recommend  
**ren** adj clean  
**rensa** clear (computer, ATM), clean  
**reparationer** repairs (car)  
**reparera** *v* repair  
**resa** *v* travel, *n* trip  
**resebyrå** travel agency  
**resebyråkvinna** travel agent (female)  
**resebyråman** travel agent (male)  
**resecheck** traveler's check [traveller's cheque BE]  
**reserverad** reserved  
**restaurang** restaurant  
**resväska** suitcase  
**retur (biljett)** round-trip ticket [return ticket BE]  
**ridsport** horseback riding  
**riktnummer** area code  
**ring** ring (jewelry)

**ringa** *v* call (phone)  
**rock** coat  
**rolig** fun  
**romantisk** romantic  
**rosa** pink  
**rullstol** wheelchair  
**rullstolsramp** wheelchair ramp  
**rulltrappa** escalator  
**rum** room  
**rumservice** room service  
**runda** *v* round (golf)  
**ryggsäck** backpack  
**rån** theft  
**räkning** bill (hotel, invoice)  
**rätt** correct  
**rökning förbjuden** no smoking  
**rörelsehindrad** disabled

## S

**sambo** domestic partner  
**sammanträde** meeting  
**samtal** phone call  
**sandaler** sandals  
**sax** scissors  
**sedel** banknote  
**segling** sailing  
**semester** vacation  
**seminarium** seminar  
**sen** late  
**separerad** separated (couple)  
**serveringsavgift** service  
**servett** napkin  
**sevärdhet** point of interest  
**sex** sex



**shampoo** shampoo  
**shoppingcenter** shopping mall  
 [shopping centre BE]  
**shoppingkorg** shopping basket  
**shoppingvagn** shopping cart  
**shorts** shorts  
**siden** silk  
**sightseeingtur** sightseeing tour  
**simbassäng** swimming pool  
**SIM kort** SIM card (cell phone)  
**simma** *v* swim  
**sista** last  
**sitta** *v* sit  
**sittplatsbiljett** seat reservation  
 (train)  
**sittvagn** stroller [pushchair BE]  
**sjuk** sick [ill BE]  
**sjukhus** hospital  
**sjuksköterska** nurse  
**sjö** lake  
**skada** *n* damage, *v* harm  
**skatt** tax  
**sked** spoon  
**skicka** *v* send  
**skidåkning** skiing  
**skild** divorced  
**skiva** *n* slice  
**skoaffär** shoe store  
**skog** forest  
**skor** shoes  
**skriva** write  
**skriva ut** print  
**skurmop** *n* mop  
**skyldig** innocent  
**skärp** belt

**slagfält** battlefield  
**slips** tie  
**slott** castle  
**slå** *v* (phone number) dial  
**slå in** *v* wrap (present)  
**sms** text message  
**smutsig** dirty  
**smycken** jewelry  
**snabbköp** supermarket  
**snabbtvätt** laundromat  
 [laundrette BE]  
**snart** soon  
**snorkelutrustning** snorkeling  
 equipment  
**snowboard** snowboard  
**snäll** *adj* nice  
**snälla (request)** please  
**snö** snow  
**socka** sock  
**solbränna** sunburn  
**solglasögon** sunglasses  
**solsting** sunstroke  
**solstol** deck chair  
**sopborste** broom  
**sopor** garbage (garbage disposal)  
 [rubbish BE]  
**soppåse** garbage bag  
**souvenir** souvenir  
**spa** spa  
**spara** *v* save  
**specifierad räkning** itemized bill  
**spel** game  
**spela** *v* play  
**spets** lace  
**spår** trail [piste BE]; track  
 (railroad)

**spårvagn** tram  
**stad** city  
**stadion** stadium  
**stadshus** town hall  
**stadskarta** city map  
**stanna** *n* stay; *v* stop  
**starta** *v* start  
**stekhus** steakhouse  
**stekpanna** frying pan  
**stekspade** spatula  
**stiga av** get off (train)  
**stolliift** chair lift  
**stor** big  
**Storbritannien** United Kingdom  
**storlek** size  
**strand** beach  
**strumpbyxor** parity hose [tights  
 BE]  
**strykjärn** iron (clothes)  
**studerande** student  
**stuga** cabin  
**stukning** *n* sprain  
**stulen** stolen  
**städutrustning** cleaning supplies  
**ställe** place  
**stämpla er biljett** stamp your  
 ticket  
**stäng av** turn off  
**stänga** *v* close  
**stängt** closed  
**störa** disturb  
**stövlar** boots  
**summa** amount  
**surfbräda** surfboard  
**sval** cool (temperature)

**svart** black  
**sweatshirt** sweatshirt  
**svensk** *adj* swedish  
**svenska** *adj* swedish; (language)  
 Swedish  
**svullnad** swelling  
**svårt** difficult  
**syfte** purpose  
**symfoni** symphony (orchestra)  
**syn skadad** visually impaired  
**synagoga** synagogue  
**syrebehandling** oxygen treatment  
**syssla med** *v* do (work with)  
**sällskap** company  
 (companionship)  
**säng** bed  
**sätta på** turn on  
**söder** south  
**sönner** broken

## T

**ta** *v* take  
**ta emot** *v* receive  
**ta med** bring  
**ta ut** take out  
**tablett** pill (tablet)  
**tack** thank you  
**tala** *v* speak  
**tallrik** plate  
**tampong** tampon  
**tand** tooth  
**tandborste** toothbrush  
**tandkräm** toothpaste  
**tandläkare** dentist  
**tandprotes** dentures

**tappa** v lose; drop

**taxfri** duty free

**taxfri vara** duty free good

**taxi** taxi

**teaterpjäs** play (theater)

**tecken** symbol (computer)

**telefon katalog** telephone catalog

**telefonautomat** pay phone

**telefonkort** phone card

**telefonnummer** phone number

**telefonväckning** wake up call

**temperatur** temperature

**tempel** temple

**tenn** pewter

**tennis** tennis

**tennisbana** tennis court

**terminal** terminal (airport)

**tesked** teaspoon

**text** subtitle

**textil** textiles

**tidning** newspaper

**tidningskiosk** newsstand

**tidsschema** schedule [timetable  
BE]

**till** to

**tills** until

**tillåta** v allow

**timme** hour

**toalett** bathroom [toilet BE]

**toalettpapper** toilet paper

**tobaksaffär** tobacconist

**tofflor** slippers

**tolk** interpreter

**top** peak (mountain)

**torg** square (town feature)

**trappa** stair

**trasig** broken (damaged)

**trevlig** pleasant

**trist** boring

**tryck** push

**trådlös internet** wireless internet

**trä** wood

**träffa** v meet

**träfigur** wood carvings

**träkniv** wooden knife

**träningsmassage** sports  
massage

**träningsskor** sneakers

**träsked** wooden spoon

**träskor** wooden clogs

**tröja** sweater

**tugga** v chew

**tull** customs

**tulldeklaration** customs  
declaration form

**tunnelbana** subway  
[underground BE]

**tunnelbanestation** subway  
station [underground station BE]

**tur** tour

**turist** tourist

**turist klass** economy class

**turistattraktion** tourist attraction

**turistbyrå** tourist office

**turistinformation** tourist  
information

**tvål** soap

**tvätt** laundry

**tvättmaskin** washing machine

**tvättmedel** laundry detergent

**tvättmöjligheter** laundry facilities

**tyg** fabric

**tyvärr** unfortunately

**tåg** train

**täcke** *n* blanket

**tältsäng** camping bed

**tändare** lighter

**tändsticka** match (fire)

**tänka** *v* think

## U

**ull** wool

**underhållning** entertainment

**underkläder** underwear (general)

**undersöka** *v* examine (medical)

**undertäckna** *v* sign

**upprepa** *v* repeat

**upptagen** busy

**ursäkta** *v* excuse me

(to get attention, pardon me)

**ursäkta mig** excuse me (to get past)

**ute** outside

**utgång** exit way out

**utländsk valuta** foreign currency

**utomhus** outdoor

**utomhusbassäng** outdoor pool

**utrikes** international (travel)

**utrustning** equipment

**utsiktspunkt** view point

**utslag** *n* rash

**uttag** withdrawal (bank)

## V

**vacker** beautiful

**vaginal infektion** vaginal infection

**vakna** *v* wake up

**valuta** currency

**vandra** *v* hike

**vandrarhem** youth hostel

**vandring** hiking

**vanlig** regular gas

**var** where

**var god stör ej** do not disturb

**vara** *v* be

**varje** each

**varm** hot

**varsågod (invitation)** please

**varuhus** department store

**vaskrensare** plunger

**vattenfall** waterfall

**WC (sign)** restroom [toilet BE]

**veckotidning** magazine

**vegetarian** vegetarian

**vem** who

**vid** at

**vilja** *v* want

**vilken** which

**vilse** lost

**visa** *v* show

**vitrin** display case

**vitt** white

**vykort** postcard

**våldtäkt** *n* rape

**våning** floor (level, etage in building)

**våtservetter för barn** baby wipes  
**väderleksrapport** weather  
forecast  
**väg** road  
**väggkarta** road map  
**välkommen** welcome  
**välling** baby formula  
**vän** friend  
**vänster** left (direction)  
**vänta** wait  
**värde** *n* value  
**värdesak** *n* valuable  
**värme** heat  
**väska** bag  
**väster** west  
**växel** *n* change (money)  
**växelkontor** currency exchange  
office  
**växelkursen** exchange rate  
**växla** change money

## Y

**yr** dizzy  
**ytterliggare** further (more)

## Å

**å** stream  
**åka** *v* travel, drive (motor vehicle)  
**åksjuka** motion sickness  
[travel sickness BE]

**ålder** age  
**återlämna** *v* return (give back)  
**äkta** authentic  
**äktetsbevis** certificate of  
authenticity  
**älska** *v* love  
**ändra** *v* change (reservation)  
**ändra på** *v* alter  
**änka** widow  
**änkling** widower  
**äta** *v* eat

## Ö

**ögonblick** (one) moment  
**öppet** open  
**öppettider** business hours  
[opening hours BE]  
**öppna** *v* open  
**öra** ear  
**öre** öre (Swedish currency)  
**örhänge** earring  
**öster** east  
**över** across (the road)  
**överfall** mugging  
**övergångsställe för fotgängare**  
pedestrian crossing  
**översätta** *v* translate  
**övertviktsbagage** excess baggage

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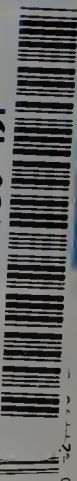
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